



BANNERS GATE & PARKLANDS

COMMUNITY & NEIGHBOURHOOD FORUM

129TH ISSUE DECEMBER - JANUARY 2019

Our new blog - bannersgateneighbourhoodforum.com - replaces the website. Suggestions for content are welcome.

A HAPPY, HEALTHY AND PROSPEROUS NEW YEAR TO ALL OUR HELPERS, SUPPORTERS, READERS AND ADVERTISERS.

The dates of the next three meetings are: 28th January, 25th March (AGM) and 20th May

If you want Gatepost emailed to you in full colour, before it is printed, usually in black and white, please send an email to bgatepost@gmail.com with "Email Gatepost" in the subject line.

Our speakers, at the meeting on Monday, 28th January at 7.30 p.m. in the Community Hall, are Ben East and the team from Fast Aid (<http://www.fastaid.org.uk/>). They will give us a demonstration on the use of a defibrillator especially because we are having one fitted to the Community Hall, thanks to the Sutton Coldfield Town Council. All residents of any age are welcome, especially those who use the hall for various activities, including the residents who run those activities. On March 25th again a demo but with our own newly installed defibrillator.



Defibrillator at the Community Hall



Again, thanks to the generosity of Sutton Coldfield Town Council the Community Hall will soon be host to a defibrillator. It will be installed on Monday, 4th February. Hopefully, leaders of classes at the hall, (you will be contacted), the participants in the classes and other residents, will be able to attend the demonstration by Fast Aid on Monday, 28th January (see above), and then by the Community Heartbeat Trust, who are installing the equipment, in the Forum meeting on Monday, 25th March. Please try to attend these demonstrations, not only to be able to use the defibrillator but also because **you** may be the one it is used on (or **me**, I'm knocking on a bit).



AGE concern
Birmingham



We are still in the process of obtaining funding for the next stage of our computing course. It is our intention to give instructions in the use of tablets, especially for residents who may have a smartphone but do not have a desktop and/or laptop computer.

The urgent need for this course has been emphasised by news in the papers today, as we type this article, that the government is planning for NHS to have consultations between doctors and patients via Skype, or by a similar method of consulting via the internet. We can show you how to do this as well as sending emails, viewing TV, renewing passports, etc. If you are interested in such a **FREE** course please let me

know (address and phone number at the bottom of the page) and you will be informed when and where the course will be run - it will be locally. Tablets will be available for your use during the sessions, or you can bring your own.



Twitter



Facebook



YouTube



Instagram



Google+

Contributions from your councillors in the order in which they came in



Rob Pocock: "I'm pleased to confirm that a massive £19 million has now been allocated for a new Bus Station 'interchange' in Sutton Town Centre. After years of stop-start, the go-ahead has now been given for a huge re-vamp to boost our faltering Town Centre.

I've been appointed by the City Council on to a consultative panel that is looking at possible sites. One option is the land between the station and beside the Station Pub. Another is the Brassington Avenue derelict land site. I'll be representing local residents at the discussions so please email me at rob.pocock@birmingham.gov.uk if you want me to express any views. The final options will be put out to public

discussion in the Spring, and a final decision taken later in the year on which site to develop. Work should then start on the re-build.

The scheme is part of the major £500 million Town Centre regeneration plan set out by the City Council before Christmas (Urban Centres Framework). Most funding will be from businesses who would gain commercially by the long-overdue improvements. Let's hope we get some real



progress at long last - we have waited for it long enough!"

Alison Jolley: "Those who know me are well aware of my passion for all things gardening and this year I am excited to have been invited to

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Editor: Tony Willis, 44 Hollyhurst Road. B73 6SY Tel: 605 4947, or bgatepost@gmail.com Next deadline: March 7th.

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join the Sutton Coldfield in Bloom working party. Last year was a brilliant success for Sutton in Bloom after being awarded a well-deserved RHS silver gilt medal. This time round we will be building on this achievement with many new projects that will continue to enhance our local area whilst encouraging residents, community groups, schools, etc., to get actively involved and support Bloom again this year. In fact I have already been contacted by a couple of community groups and also by Banners Gate residents. My aim is to showcase our area to full advantage, with your involvement, so please feel free to contact, by email alison.jolley@suttoncoldfieldtowncouncil.gov.uk or by phone on 0121 663 1765.

Alongside other members of Sutton Town Council I am involved in the agreement and assessment process for the community grant schemes. A recent award of £20,000 for Boldmere St. Michael's Football ground, is receiving funding for much improved lighting for the pitch whilst cutting down on light pollution reaching nearby properties. Any group or organisation plays a vital part in the community so please get in touch if you are a local organisation or club that could also benefit from a community grant.

More details on these schemes and how to apply can be found on the Sutton Coldfield Town Council website."



Kath Scott: "Happy New Year & welcome to 2019. It's been a very busy time since being elected and this year looks set to be the same. I attended the fabulous Carers Event held at Sutton's Gracechurch in late 2018; where I picked up some essential information and made

contact with several really useful organisations; if you need any information on any subject to do with Caring please contact me on kath.scott@birmingham.gov.uk. Our Vesey Ward Local Area Co-Ordinator candidates have been short-listed and interviews are being held mid-January. Good Luck to anyone applying, we are really looking forward to working with you in our great Vesey Community.

Our hard-working and ever-resourceful Vesey Ward Neighbourhood Police Team are out and about and more active than ever. With a new scheme for reporting parking issues put in place by PCSO Ian Willetts, new Neighbourhood Watch schemes being regularly set up and a Streetwatch Scheme coming soon; the team are flying! In addition, our PCSO's have set up a monthly street walk with Age Concern for people to meet, get to know the local area, raise safety concerns or issues, etc. The first walk is on Thursday, 31st January 2019, at 11am for a "Feed the Birds Walk"; it should last approximately 1 hour & starts and ends at Age Concern, Boldmere Road.

Since being elected in May 2018, I have been given the additional role of Cabinet Adviser on Transparency. Within my remit, I am to challenge the City, Officers, Cabinet & the Executive around all things relating to transparency, including

the process, the reasons why certain documents are classed as private or non-private and asking the awkward questions that will progress change. It's a long-term project and change will require enormous effort and trust. However, as your local Vesey Ward Councillor I am determined to fight for the freedom for all citizens of the City to have access to information in an easy to find and clear manner and to hold the City to account when necessary."



Manish Puri: "Happy New Year to you all in 2019! This year already seems set to see important changes affecting all of us to continue. Locally I believe the biggest issue is the future direction of the Town Centre and with that the Town itself. Birmingham City Council's Urban Centres program, the potential investment in a Transport Hub through HS2, Sutton's place in the Big City Plan, all create a once in a lifetime opportunity to shape the direction of our Town, we need to ensure that direction is future facing. Sutton Coldfield is a town proud of its history but too often nostalgia for a mythical golden age can hobble our ambitions for the 21st century. And remember we are almost 20% through this century."



Jan Cairns: "Happy New Year to all Gatepost Readers and here's to a happy and prosperous year for Vesey Ward.

Firstly I went to a very well attended public meeting at the Town Hall on the 18th

December to hear what the Birmingham City Council plans were for parking charges in Sutton Park and their continued maintenance and development of the park and I have to say I was very disappointed at the lack of information, data and support for the park that the BCC officers portrayed so in 2019 my bias will most definitely be to understand and support local management of the park to bring it back to Sutton Residents.

I will be supporting the work of the newly forming Health and Wellbeing Committee for SCTC and will strongly promote opportunities to add value for the wellbeing of Sutton residents.

Alongside Tony Willis and other colleagues we have been successful in registering the charitable Incorporated Organisation the Sutton Coldfield Disability Action Group. We have also secured funding from Awards For All to start local projects to improve facilities for disabled people who live, work and socialise in Sutton Coldfield. You can also find us every second Wednesday at 11am in the Community café come up and have a chat.

Our next Town Council Vesey Ward Public meeting will be:



7pm Tuesday 4th April, Communitea Café, Boldmere."

Louise Passey: "Unfortunately I will be unable to contribute in this issue. Please accept my sincere apologies."

Cllr. Robert Pocock, rob.pocock@birmingham.gov.uk, tel: 0121 303 2039 (Labour Group Office), Council House, Victoria Square, Birmingham B1 1BB. Advice Bureau: Boldmere Library, 11.00 a.m. – 12.00 p.m. First Saturday of the Month.
Cllr. Kath Scott, kath.scott@birmingham.gov.uk tel: 0121 303 2039 (Labour Group Office), Council House, Victoria Square, Birmingham B1 1BB. Advice Bureau: Boldmere Library, LAST Thursday of each month from 2.00 - 3.00 p.m. at Boldmere Library.

Minutes of the Banners Gate (Sutton Vesey) Neighbourhood Forum meeting held at Banners Gate Community Hall on Monday 26th November, 2018 at 7.30 p.m.

Minutes: The minutes of the previous meeting, 24th September 2018 were agreed as correct. Proposed by Harold Jones ,

seconded by Joyce Glendenning

Matters Arising: Rubbish collections will hopefully become sorted as the new staff becomes more familiar with the new electronic system to provide more efficient routes.

There is an option to prevent the mast by St. Columba's church. They could use a mast that is already in use.

People need to sign a petition to object to the mast.

Any complaints about Queslett Road have to be shared with Walsall as the road is split into two.

Parking charges for entry to Sutton Park are under discussion.

Correspondence: Birmingham Connect

www.birmingham.gov.uk/ Parking by phone has changed – our phone parking provider has changed to RingGo. You can register online, by downloading the RingGo app or by calling 0121 367 0000

Parking Concern in Longmoor Road: Cllr. Kath Scott was asked about the resizing of a three bedroomed house to a four bedroomed one in Longmoor Road. The development of property often increases the number of vehicles that have to be parked in the road. In that area of Longmoor Road there are 23 cars parked among 7 houses. Not only is it difficult for residents to access their own drives, but it is dangerous for the children coming and going to school as it is near to a gully through to Coppice View, which is used as access to the school. The junction with George Frederick Road is also very wide and the speed of the cars that turn into Longmoor Road makes it a dangerous junction for the children to cross. The comment was that perhaps the development was not in keeping with the area.

Funding for Courses: Cllr. Janet Cairns has been awarded some money for accessibility projects in Sutton Coldfield, further details next meeting.

The previous computer course turned out to be eighteen sessions rather than just twelve and more are planned. The aim is to help people with questions like: How do I use my phone for the internet? How do I synchronise my phone to my laptop? How do I use What's App? There is a suggestion that tablets could be provided to teach more people to use Skype, watch television, access the government site and send emails. Six people have already signed up.

Boldmere Volunteer needed: Age Concern is recruiting for a volunteer from Boldmere as a Local Area Coordinator as part of the BCC's "Prevent First" vision. This will be someone to listen and help to solve problems. The Community Interview Day will be on Monday 14th January at Wylde Green United Reformed Church in Britwell Road, B73 5SW. Please contact Matthew Bick: Matthew.Bick@birmingham.gov.uk or phone him on: 07584 150182

Friends of King George V Playing Fields: Volunteers are

needed to plant bulbs. Tesco has given £2000 for bulbs to be planted in Banners Gate Road. Glendale will dig the trenches for the planting.

Speed camera in Monmouth Drive? Stonehouse Road will be closed on 14th January, 2019, to replace manhole covers. A resident said that there are three manhole covers that have sunk down in Bakers Lane and need attention. There is a roving speed monitor at the moment in Monmouth Drive collecting information for a possible crossing to enable people to get to Sutton Park more easily.

Scams: Sign up to WM Now to get advice from the police and a sheet of scams that are prevalent at the moment. Do not use Twitter to report a crime, use 101. Vesey Ward has its own Twitter page.

Blog: Instead of a website please gain information about the Banners Gate Community by the blog:

bannersgateneighbourhoodforum.com

Next Meeting: Our speakers for the next meeting will be Defibrillator instructors.

Date of next meeting: 28th January 2019

Questions and Answers Session with PCSO Sam Elmore and PCSO Satpal Singh

Blocked pavements by kerb parking. The gap left on the pavement has to be obviously too narrow for a wheelchair or a buggy to safely navigate. Please take photographs of the blockage and send them to PCSO Ian Willetts.

Neighbourhood Watch coordinator is Sue Atkins and you can find her contact details in the Gatepost Newsletter.

The Blog also shares current information.

You can sign up to WM Now, use police number 101 and share information in the community via emails in groups of local people. Street Watch needs at least six people to start up a group with about two hours per month of time to monitor your area. Go out in twos and report anything to the police or the council. These groups can be set up to cover certain areas of Vesey Ward. There are What's App groups in Grendon Drive, one amongst Boldmere Traders' Association and amongst the Princess Alice Group of shops which are very helpful for the police.

There has to be permission to share the email addresses with the group, and not beyond the group, and care in the storage of these details. In addition to the coordinator for the Neighbourhood Watch scheme, helpers usually cover 10 – 15 properties.

Between 1st November and 26th November 2018 there were twenty-eight burglaries in the Banners Gate (Sutton Vesey) area. Seven attempted, three car key burglaries, two through the conservatory, two sheds /garages, six jewellery thefts and two where nothing was taken.

A resident said that the drone that arrived in a garden on New Year's Day, 2018, remains unclaimed.

Anti-social Behaviour—Incidents sheets and Neighbourhood Watch sheets were tabled.

Next meeting: 28th January 2019.



New Year, New Opportunities

If your New Year's resolution for 2019 was to share the skills you have with others or to learn new ones, here at Age Concern Birmingham we have plenty of opportunities for you to get involved in!

This year sees the launch of our Communithea Gardening and Allotment group where people can come along to swap tips and information on all things horticultural. The group meets on Saturdays between 1.30pm and 3pm at the Communithea café in Boldmere and we are also looking for people who want to get their hands dirty and join our new community allotment at Sunnybank Rd.

Another new initiative for 2019 is our monthly community walks, which take place on the last Thursday of every month. Each walk has a theme and so if you have a passion for local history or nature and want to share your knowledge on these subjects or just learn something new about the neighbourhood whilst enjoying a gentle stroll, come and join us. A walking group is a great way to get to know others locally and as we will be joined by one of our local PSCOs each month, it's an ideal chance to discuss any safety concerns you may

have about getting out and about in the area. For our 31st January walk, we'll be heading to Sutton Park to feed the birds, on 28th February we'll be looking at local history and during the walk on Thursday 28th March we'll be spotting signs of spring (hopefully!). Each walk lasts around an hour and starts at 11am at the Age Concern Communithea café in Boldmere. All welcome, including dogs!

We are also hoping to start a 'repair café', where a team of volunteer fixers get together in a friendly and sociable setting each month to show others how to mend broken household items which would otherwise be thrown away. It's a great opportunity to pass on skills and also reduce the amount of waste going into landfill so if you have practical knowledge in areas such as sewing, woodwork or DIY, and a few hours to spare each month, we'd love to hear from you. Age Concern's Communithea café is also home to a knitting group, a social group for ex-service personnel, support groups for Parkinson's, carers, Tinnitus and people who are deafblind and a sewing club. Our younger guests are also catered for on Friday mornings with our Baby Group and Story Time with Elsie. Communithea prides itself on being a friendly and welcoming venue at the heart of the community, serving a range of healthy and affordable food, sweet treats and daily specials. We are always looking to expand our timetable of groups and events, so if there is something you'd like to see happening here, let us know.

For more information on any of the above groups or activities, please contact Kate Gomez on 0121 362 3656 or email K.Gomez@ageconcernbirmingham.org.uk.

From 1st November, Winter opening hours will be in operation across all Household Recycling Centres in Birmingham.

Address: Norris Way, Sutton Coldfield, B75 7BB

Operating times:

November to end of March

Monday to Friday: 8am to 6pm

Saturday to Sunday: 8am to 4:30pm

(No vans after 4:00 pm)

April to end of October

Monday to Friday: 8am to 8pm

Saturday to Sunday: 8am to 4:30pm (No vans after 4:00 pm)

The re-use shop at Norris Way is open from 9.00am until 4pm from Monday to Saturday. Sundays 10am - 4pm. Open bank holidays except - Easter Sunday. Please do not leave donations outside the gates.

Recycling facilities: - We are able to recycle/re-use the following items:

Green garden waste, Cardboard, Paper, Glass, Metal, Wood and wood-based products (MDF, chipboard etc), Engine Oil, Car Batteries, Fridges & Freezers, Textiles, Shoes, TVs & CRT Monitors, Fluorescent tubes, Gas bottles, Soil, Hardcore & Rubble. Please do not put gas bottles (full or empty) into the metals skip. Please use the special area provided for gas bottles. If in doubt, please speak to the staff on site who can advise.





CRIME REPORTING

Sue Atkins is the Neighbourhood Watch Co-ordinator. Tel: 0121 354 6571, or email: sue_atkins@blueyonder.co.uk

E-mail!

Hi Tony, Perhaps you would like to put this in the next Gatepost.

I received a scam email purporting to be from TV licensing (see below) advising that my license has expired and that I should click on a link to make a payment.

As I am 80 I didn't fall for it!!

The email used a logo similar to TV licensing so it would be easy to think that it is kosher.

I have reported it to the National Fraud website. Regards, John S.

E-mail!

Hi Tony, Since our last exchange the Facebook group set up to help local residents has grown to a membership of approx 400. We've also increased the area that we are looking to help and support

Whilst it has grown, sadly so has the levels of crime in our area. Could you advertise our group once more in your publication please? We just want to increase awareness to help look out for one another so if you could help it would be greatly appreciated.

The group is now called 'Banners Gate/New Oscott/Streetly/Kingstanding/Boldmere Neighbourhood Alerts'



If you are interested and would like to know more information please contact
streetwatch@west-midlands.pnn.police.uk



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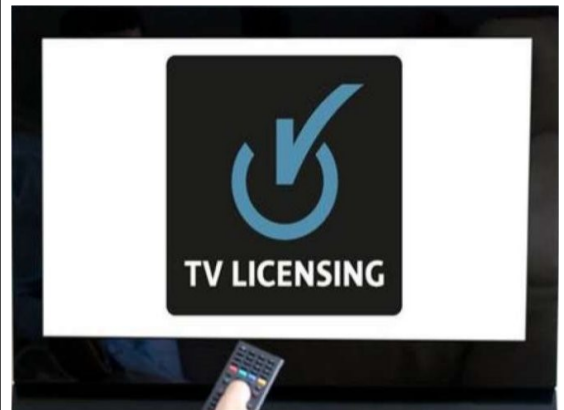


Two scams to look out for - one is asking for money and the other one appears to want to give you money.

The one opposite is asking for your bank details so that you can pay your TV licence. Do not fall for it, it's a scam.

Never give your bank details unless you are absolutely sure who owns the website.

The other scam wants to give you money. The scam is that you have to give them personal details so that they can pay up. Ignore it, they are after your bank details.



Waitrose is giving free £75 Vouchers to EVERYONE For their Anniversary!!



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Yoga and Meditation



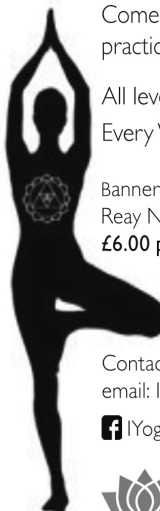
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Contact Angie via text: 07939 547392 or
email: IYoga.midlands@gmail.com

[f IYoga.midlands](https://www.facebook.com/IYoga.midlands)



I YOGA.midlands
Yoga and Holistic Wellbeing



Lunch Time Supervisor

Location: The Bridge School

Working Pattern: 12.00pm to 1.30pm 7.5 hours per week term time only

Salary Range: Grade 2 £17,007 - £19,446 pro rata £3014 – £3446 actual

The Bridge School, Coppice View Road, Sutton Coldfield, Birmingham, B73 6UE

Tel: 0121 464 8265 Email: enquiry@bridge.fet.ac

Head Teacher: Sarah Kelly

Required as soon as possible.

Forward Education Trust is a newly formed Multi Academy Trust comprising of Brays School, The Bridge School and Hallmoor School in Birmingham.

The Bridge School educates 90 children with complex and multiple needs. Children may have Severe Learning Difficulties (SLD), Profound and Multiple Learning Difficulties (PMLD) or a diagnosis of Autistic Spectrum Disorder (ASD). Some children have additional needs including visual impairment and hearing impairment and behaviour difficulties. Children attending our school will usually require augmented and modified curriculum opportunities including an overarching mobility curriculum and a sensory experiential curriculum for our more profound learners. You will join a team of experienced staff who are responsible for supervising and feeding the pupils during their lunchtime break. Duties will include meeting the personal and hygiene needs of the children, following individual pupil feeding programmes and developing play skills with children.

Closing Date: Friday 15 February 2019

Interview Dates: TBC

For further details and an application form please email recruitment@bridge.fet.ac

Please note that only Forward Education Trust Teaching Application forms will be accepted, we will not read accompanying Curriculum Vitae (CV) or accept them instead of an application form.

The Bridge School is committed to the safeguarding and welfare of children and young people and expects all staff and volunteers to share this commitment. The successful candidate must promote this ethos. Enhanced DBS clearance is required for this post.

This post is covered by Part 7 of the Immigration Act (2016) and therefore the ability to speak fluent spoken English is an essential requirement for this role.

Friends of King George V Playing Fields



way up the hill. But keep an eye on the notice board and the bund, and we look forward to a blooming colourful year.

A Happy, Healthy and Prosperous New Year to all our volunteers and supporters and indeed to all who use our beautiful field.

This year will see new planting and benches. Bulbs were planted in a strip in front of the bund, working from the bottom of the field up towards the gate. Unfortunately, there were not enough bulbs to reach as far as the gate, only enough for half

TESCO Bags of Help



... and here is the band of stalwarts who planted 4000 bulbs between Banners Gate Road and the service road, thanks to Tesco who provided the funding. Four different bulbs that flower one after the other should produce two to three months of different colours. From left to right: John Broom, Paul Wiles, David Pilmer, Jo James (Tesco), Faye Barr, Cllr. Rob Pocock, Ken Rushton (Chair, Vesey North Forum), Tony Willis (Chair, Banners Gate Forum), Helen Willis. Behind the camera is John Porter, Park Manager, Birmingham City Council.

TESCO Bags of Help

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Parent

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07732 474 470
email: loretto-cattell@virginmedia.com

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Do you look
after someone
with Dementia?



Join us every Monday. 11am—1pm
Banners Gate Community Hall, Reay Nadin Drive
Sutton Coldfield. B73 6UR

For more information contact us:
0121 553 6483
carers@discbirmingham.org - www.discbirmingham.org

**Residents are always welcome to
attend the meetings of the Town
Council and its committees.**



The next meetings are being held at
7.00p.m. as follows:

- 17 Jan** - Amenities, Leisure & Community
- 29 Jan** - Town Council Meeting
- 5 Feb** - Planning & Highways Committee
- 13 Feb** - Strategy & Resources
- 27 Feb** - Town Council Meeting
- 5 Mar** - Planning & Highways Committee
- 13 Mar** - Amenities, Leisure & Community
- 26 Mar** - Town Council Meeting

They are usually held at the Town Hall but check on
the Town Council website before setting off!

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area? If so, why not advertise in this
newsletter, in this space. If this space is not
large enough we can still advertise for you.
Look at the range on just this page. Call 0121
605 4947 for further details.

ERDINGTON OPERATIC SOCIETY

Presents
Gilbert and Sullivan's

The Yeomen of the Guard



This very popular show is being presented next Autumn at Sutton Coldfield
Town Hall and the Society needs new members of all voices to join us.

The Society meets each Wednesday evening at Blackwood
Road Methodist Church in Streetly. We do not hold auditions.

All we ask is commitment and enthusiasm.

If you are interested in having a good sing and being involved in a
first-rate production, telephone 355 2542 or visit our website
(www.erdington-operatic.co.uk) for further information.

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COFFEE MORNINGS St. Columba's Church Hall

Coffee morning on 2nd Thursday each month (except August) from 10.30 a.m. to 12 noon. The next two will be on 14th February and 14th March. Coffee, cakes and chat, Book swap, A warm welcome to all is assured.



Messy Church,
St Columba's Church Hall,
Banners Gate Road,
24th March, 19th May and 21st July
4.00—6.00 p.m. includes high tea.

St. Columba's Church

Is pleased to
 announce a
 Quiz Night



Per person

SATURDAY 9TH FEBRUARY 2019

7.00 FOR 7.15PM START

ST COLUMBA'S CHURCH HALL

BANNERS GATE ROAD

**Includes
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Yet another bumper evening of teasing questions

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Every Wednesday 7.15pm - 8.15pm

Banners Gate Community Hall,
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Contact Angie via text: 07939 547392 or
 email: IYoga.midlands@gmail.com

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 Yoga and Holistic Wellbeing



NEW MEMBERS WANTED!!



Banners Gate Community Choir



Mondays, 7.30 -8.30pm
at Banners Gate Community Church,
Westwood Rd, B73 6UH

- No joining fee
- No auditions
- No experience necessary
- Traditional and popular music.
- Age 14+

If you love singing then we'd love to see you!

For more info, visit www.bannersgatechoir.co.uk or call beth on 07724 678 030

Stay and Play Toddler Group and Mums' coffee mornings

Who? Parents and children of all age groups and

Parents /carers - with or without children are welcome.

Come along to the coffee morning and enjoy tea, coffee and toast / biscuits, while having an opportunity to meet new friends and other parents in the community!!

When? Every Wednesday term time only.

Time: 9.15 a.m. – 11.00 a.m.

Where? St Columba's Church Hall.

Enquiries- Sharon 07552 75 71 77



CREATE at the Gate with K & S

We are a small group of crafters who meet on the first Sunday of every month, between 11.30am and 2.30pm.

If you are interested in getting away for a few hours where you can bring whatever craft you wish, come and join us. There is a wealth of knowledge between us and we usually learn something new each month from each other.

There is plenty of tea & coffee and usually some cake.

Please call Kathy 077 06 64 51 37 for more details or just come along when we are next there and have a look at what we do.



**St Columba's
 Church Hall is for
 hire Saturday and
 Sunday afternoons.
 Call Sally Rowley on
 0121 693 0084 for
 further information.
 Banners Gate Rd,
 Sutton Coldfield
 B73 6TX**

Sutton Park Surgery

www.suttonparksurgery.nhs.uk

Flu jabs, it's not too late

There isn't a flu clinic at the surgery this year. If you want the flu jab just book an appointment on 353 2586.



Free NHS Health Check

Helping you prevent heart disease, stroke, diabetes and kidney disease.

NHS

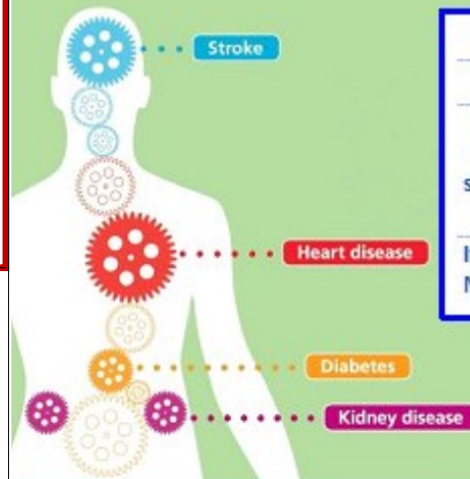
SUTTON PARK SURGERY

Free NHS Health Check

We can help you manage your risk of heart disease, stroke, diabetes and kidney disease.

If you receive an offer of an NHS Health Check – take it!

You must be over 44



Angel Dental Clinic has a Membership Plan which registers you here and covers your Essential Dental needs :

Regular check-ups, small radiographs, scaling and polishing, and 10% discount off any treatments you may need. This plan also has a World Wide Dental Trauma and Emergency Callout Insurance Policy. The plan is very affordable and paid for on a monthly basis. Registration numbers are limited. For more information please discuss this with our team who are more than happy to explain the benefits of Membership.

To discuss your treatment and appointment needs, please contact our Receptionist on :
0121 353 0483



Free street parking available.
Ground floor surgery with disabled access.



Angel Dental Clinic provides:

- Family Dental Care
- Urgent Dental Treatments
- Gum and Periodontal Care
- Restorative Dentistry
- White fillings
- Veneers, Crowns & Bridges
- Denture work and Repairs
- Dental Implants
- Orthodontic Services
- Cosmetic Treatments
- Teeth Whitening
- Sports Mouthguards
- Oral Health Products

1 Sutton Oak Corner, Bakers Lane
Sutton Coldfield, B74 2DH
Email: info@angeldentalclinic.co.uk

Angel Dental Opening Hours :
Monday to Friday 08.30am - 5.00pm
Evening and Saturday appointments are available

Muscle tightness / strains, Joint pain, Sciatica.
Shoulder & neck tension, headaches.
Sports Injuries (specialized in running injuries).



Sports
Massage 360



Amy Johnson (Bsc). Recommended since 2014.
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STEPH LEES

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Osteopathic Treatment can help with the following;

- Generalised aches and pains
- Joint Pains
- Osteoarthritis / Arthritic pain
- General, acute & chronic backache
- Neck pain
- Frozen shoulder / Tennis elbow
- Sciatica
- Muscle spasms
- Neuralgia
- Sports injuries

Call or email me for any questions or appointments on;
07855389528 or
stephleeosteopathy@hotmail.com



The Clarence Spa, 312 Clarence Road, B74 4LT



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Flexible evening & weekend appointments.

Call or Text Lisa for more information on current offers
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Follow: @llaesthetics



The Chemist, M.W. Phillips, now at Sutton Park Surgery – 0121 353 9027

Do you have any of these items?



Coins



Medals



Postcards



Badges/Tokens

Stamps - Books



Cigarette cards

Free evaluations.
Should you wish to sell I
can advise on this also.

Joe Dyke

0121 686 6491

**The Banners Gate Community Hall is available
at times during the week, including weekends.**

For further information go to:

www.bannersgatecommunityassociation.org

Just had confirmation from The Royal British Legion
that BGCH collected £46.15, a very good effort

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potter, or photographer? Do you
make jewellery or embroidery to a
high standard? Would you like to
join the Sutton Coldfield Art Trail to
display your work with other artists
and sell it during the last weekend in
June, 2019? Then please send some

images and details of your work to: petra@wilberworld.net



we are here to listen, call today

Val: 07964 213 229 / Kellyanne: 07986 952 546

New Horizons Counselling Services.

The Community Hall, Reay Nadin Drive, Sutton Coldfield.

If you would like to know about our service ring the number above

Or visit our web site www.newhorizonscounselling.org.

Hall's Gardens

Garden Maintenance Services

Gary Hall

54,
Coppice View Road,
Sutton Coldfield, B73 6UF
07833720015

garyhall7@blueyonder.co.uk



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estimate



Lucky Buntys
Childrens Entertainment

0777 333 9214

admin@luckybuntys.co.uk

Sutton Coldfield Speakers' Club

The next two meetings will be 24th January and 14th
February at Mere Green Community Centre. We meet at
7:30 p.m. for 7:45 p.m. start - Visitors always welcome.

Build Confidence - Make New Friends, Have Fun.

Tel: Sally 0121 354 9941 <http://www.suttonspeakers.co.uk/>



HATHA YOGA

Banners Gate Community Hall,
Thursdays 10.00 -11.00 a.m.

Beginners class £5.50 per session

Please call Tricia on 07954 403943.



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YOGA AND MINDFULNESS FOR KIDS

Yoga Stars delivers yoga and mindfulness through stories and
adventure.

Pre-school classes at Banners Gate Community Hall, Reay Nadin
Drive, B73 6UR.

Thursday 1.45pm and Friday 9.30am.

Also available for schools and nurseries.
sally@yogastars.org



Create the best party possible for your little ones

Birthdays, Weddings, Christenings, Fetes, School Workshops, Plays and much more

We can cater for anything including: Full Party Entertainment, Mascots, Soft Play, Bouncy Castles, Face Painting, and Pamper Parties

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All of our Entertainers are Enhanced DBS checked and we have full liability insurance 0777 333 9214 admin@luckybuntys.co.uk

sue@petstay.net

Would you like to be one of our dog carers?
Are you at home during the day? Have a very secure garden? Love dogs? Want to earn a little extra? Then maybe being one of our many loving dog carers would be ideal for you.

Earn from £84 to £133 p/w looking after dogs in your own home



Ring Sue or Simon for a chat on
07724 212204 or 0121 769 2766

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Streetly Vets is the cat's whiskers!



Streetly Vets
Where pets are family

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Look

Banners Gate Community Hall
Almost free Coffee Mornings



From 10.30 a.m. to 12.30 p.m. on the following dates:
19th February 19th March and 16th April.

SWIMMING LESSONS

for ages 4 and upwards:

Tuesday, Wednesday & Friday
Evenings

Local Pools ~ All Abilities

Badge Work ~ Qualified Instructors

0121 353 6616

www.swimminglessonsinsuttoncoldfield.co.uk



0 - 13 months

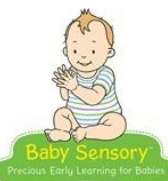
Baby Development Class

Wednesdays 9.30, 11.00 and 12.30

Music, singing, exercise, massage, signing, light shows, bubbles, bells, tickly feathers and many more!! For more details:

Call Tracy Jones on 07753 82 56 22

Email: suttoncoldfield@babysensory.co.uk



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Includes: Dry lining - Plaster boarding - Artex re-skimming - Replacement walls & ceilings - Painting / Decorating - Carpentry

Lee Nugent

36 Banners Gate Road

Sutton Coldfield B73 6RX

Office: 0121 354 5446

Mobile: 07934 15 19 20

Lee.nugent1@virginmedia.com



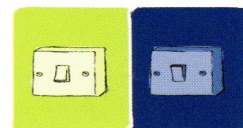
Paul White Electrical

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p.white.electrical@gmail.com
Part P reg 58023 PAT Testing



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'Jenkins weaves a web of intrigue' – Judith Cutler.

The Promise is dark fiction set in Birmingham.
Available via book shops, Amazon etc.

AGE concern
Birmingham

Are you a Carer in North Birmingham?



Are you caring for your spouse, relative or friend?

We can offer 1-1 support planning sessions to support your wellbeing within your home or a venue of your choice

Age Concern Birmingham

76 - 78 Boldmere Road

Sutton Coldfield

B73 5TJ

01213623650

Support, Inspire & Transform!

FREE service

- A weekly home visit, support & befriending service for all Carers
- Receive information & advice on benefits, services & local activities
- Book respite at local well-being day centres
- Build friendships & network with other Carers at upcoming support groups



Opening Hours

Monday – Friday
9am – 5 pm



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all materials provided



Tracy: 07803 29 33 51

DAY/TIME	ACTIVITY	VENUE	CONTACT	TEL.
Sun (1st) 11.30 – 2.30 pm 10.00 am For details see website 10.30 am 11.00 am 3.30 to 5.30	Create at Gate with K & S Family Communion www.saintcolumbas.co.uk Family Worship Chikara Karate Kai Mindfulness	Community Hall St. Columba's Banners Gate CC Scout Hall Community Hall	Kathy Weston Terry Lockyer Paul Murphy 07837 Sarbjit 07882	628 6651 354 5873 353 0230 39 57 89 43 86 52
Mon 11am - 1.00pm 5.30 – 6.45 pm 7.00 – 9.00 pm 7.30 – 8.30 pm	Dementia Care Beavers 15th Group Scouts 15th Group Line Dancing	Community Hall The Scout Hut The Scout Hut Community Hall	Barbara H-Walker Jayne Poole Jayne Poole Diane Pursall	553 6483 355 2831 355 2831 747 4659
Tues 6.30 – 7.30 & 7.30 – 8.30 7.45 pm	Line Dancing Chikara Karate Kai	Community Hall St. Columba's	Diane Pursall Paul Murphy 07837	747 4659 39 57 89
Wed 9.30, 11.00 & 12.30 Every other wk 10.30 - 12.30 7.15–8.15	Baby Sensory Guide Dog Training I Yoga. Midlands	Banners Gate CC Community Hall Community Hall	Tracy Jones 07753 Madge Nightingale Angela Brookes 07939	82 56 22 360 0286 547392
Thurs 10.00 am 10.00–11.00 am 1.45 – 2.45 6.30 – 9.45 pm 7.15 – 10.15 pm (4th & 2nd alt months) 7.30 pm (1st) 8.00 pm 7.00 - 8.30 pm	Holy Communion Yoga Yoga Stars (Children) Zig Zag Dance Studio Bridge Townswomen's Guild Mothers' Union Cub Scouts 15th Group	St. Columba's Community Hall Community Hall St. Columba's Community Hall Banners Gate CC St. Columba's The Scout Hut	Tricia 07954 sally@yogastars.org Warren 01902 Sylvia Cunningham 07870 Josie Orme Judith Fennell Alice Wood 07902	354 5873 40 39 43 897 900 82 98 37 352 1042 354 4390 90 73 44
Fri 9.15 – 11.15 am 9.30–10.30 4.30 - 6.00 6.30 - 7.15	Mums & Toddlers Group Yoga Stars (Children) Yoga Fit Camp	Banners Gate CC Community Hall Community Hall Community Hall	sally@yogastars.org Elizabeth Parkes 07595 Matt Harrison 07940	353 0230 711984 24 07 08
Sun 9.00 am - 9.45	Fit Camp	Community Hall	Matt Harrison 07940	24 07 08

BOOKING SECRETARIES:

Community Hall - Anne Craven 249 7852
Banners Gate CC - June Dadd 07443 22 65 30
St. Columba's - Sallyanne Rowley 693 0084
Scout Hall - A & R Talliss 353 8166

UNIFORMED ORGANISATIONS:

Scouts: Margaret Drummond, 33rd GSL 353 5203
Girlguiding: Carol Gardner, Vesey West District Commissioner 350 7191

The Forum still needs a new Secretary

The Forum needs a new minute secretary to replace Jean who has retired through ill-health. We meet six times a year, every other month, on the last Monday of the month starting in January, except in May when it is the last but one Monday because of the Bank Holiday. There is no rush to produce the printed minutes because they are not needed to be included in the next newsletter for at least four weeks.



Patron HRH The Princess Royal GCVO

Thurs. 24th January Laurel & Hardy - John Ullah

Thurs 28th February Gardening Mishaps and Disasters - Graham & Judy White

Thurs. 14th March Guild Singers

Thurs. 28th March Annual General Meeting

Enquiries: Josie Orme 0121 352 1042

Useful telephone numbers Sutton and Kingstanding

Police: 0345 113 5000

Good Hope: 424 2000
Outpatients: 424 2000
Freephone Health helpline:
0800 66 55 44 10 am - 5 pm
CAB: 354 8344

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Counselling to Adults in the
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The Upper Room
St. Michael's House
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Sutton Coldfield
Tel : 0121 354 6544

For information or an appointment
please ring after 10 a.m. daily,
except Wednesday

BGs

Child care based at, and run
by, Banners Gate Primary
School. The club opens
7.45 - 8.45 a.m. &
3.30 - 6.00 p.m. weekdays
during term time.
Call Una Coleman on 675
3937 before school, and after
school until 6.00 p.m.

Gatepost always needs volunteers
for illness and holidays delivering.
On average it takes just 20 minutes.
We also need volunteers to fold
and collate Gatepost for 90
minutes, six times a year when we
provide tea/coffee and biscuits/
cake. If you can help please ring
605 4947. Your help would be
much appreciated.

The 18th Sutton Coldfield West
Scout Group and the 15th
Sutton Coldfield West Scout
Group have merged and are
now named the 33rd
Headquarters are at the Scout
Hut, Coppice View Road.
B73 6UE.

33rd Sutton Coldfield Scout Group,

H.Q. Coppice View Road

Monday Beavers 5.30 p.m. – 6.45 p.m. ages 6 – 8 years
Scouts 7.00 p.m. – 9.00 p.m. ages 10 ½ – 14 years
Tuesday Beavers 5.40 p.m. – 6.40 p.m. ages 6 – 8 years
Cubs 7.00 p.m. – 8.30 p.m. ages 8 – 10 ½ years
Thursday Cubs 7.00 p.m. – 8.30 p.m. ages 8 – 10 ½ years

Contact 0121 353 5203

Email: margaretdrummond1@btinternet.com



Girlguiding gives girls and young women a voice.....has done so for 100 years.....be part of the next 100

Could you spare 1½ hours a week to help with the St Columba's Guide unit? Gain real satisfaction in volunteering and helping to ensure girls in
Banners Gate aged 10 – 14 can continue to enjoy games, projects, badges and outings at Guides.

There are also places available in both Brownie units in September for girls aged 7 or 8.

For more information contact Carol Gardner on 350 7191.



Girlguiding UK

Day/Time	Activity	Venue	Contact	Tel
Mon 6.00 - 7.30pm	39th Brownies	St Columba's Hall		354 5873
Tues 6.00 - 7.30pm	45th Brownies	St Columba's Hall	Carol Gardner	350 7191
Thurs 5.00 - 6.00pm	39th Rainbows	St Columba's Hall		354 5873



Girlguiding UK