

The dates of the next three meetings are: 25th November, 27th January and 30th March 2020

If you want Gatepost emailed to you in full colour, before it is printed, usually in black and white, please send an email to [bgatepost@gmail.com](mailto:bgatepost@gmail.com) with "Email Gatepost" in the subject line.

If you want to know what a magistrate does and why they do it, or perhaps you are interested in becoming a magistrate, if so, we will try to answer your questions. Jayne Westley and myself, David Warner, will be at your **next meeting, 25th November**. We are magistrates from the Birmingham court, so we are responsible for administering justice in your area and we look forward to hearing your views and giving you answers.

## **BANNERS GATE AND BOLDMERE WISH ALL OUR DELIVERERS, CONTRIBUTORS AND READERS A VERY MERRY CHRISTMAS AND A HAPPY AND PROSPEROUS NEW YEAR**

This is a special edition of Gatepost. We have invited Boldmere Futures Partnership to tell us what they are doing during the coming holiday season that may be of interest to Banners Gate residents, hence the 16 pages. We thank our deliverers even more than usual for delivering Gatepost as it is heavier this time. If you have any problems delivering please let the editor know, number below. We will be counting Gateposts in the Community Hall on Thursday, 14th. You are welcome to drop in for a cuppa and at least a mince pie.



The Tablet Course is going very well, feedback is positive and there is a continuous stream of enquiries about the course. The three main problem we handle are: how do I get on the internet; how do I send emails; what is an app and how do I find and use one.

In November, we will be meeting on Thursdays, again in the Communita Café between 2.30 and 4 o'clock. If you are interested please call the editor, the number is at the bottom of the page. We will be having a break in December but in January we will start again with meetings on Mondays. We have tablets,

you do not need your own, thanks to the generosity of Birmingham Airport.



### **Contributions from your councillors in the order they were received**



**Alison Jolley:** I am keen to report that the community grant scheme, unique to the Sutton Coldfield Town Council, has recently awarded a grant to our local St Columba's Church immediately opposite the Banners Gate entrance to Sutton Park. Being in such a pivotal position it is brilliant

news that the Church has instigated and commenced the Pit Stop cafe on the first Saturday Morning of every month from 09.00 - 12 midday. This venture particularly supports all the Park Run members in having well deserved light refreshments and a convivial place to meet after their run. All residents and visitors to the park are also enjoying the cafe as this is proving to be a welcoming and informal place to meet up for everyone of all ages. There's table tennis and board games, quality coffee and other refreshments to enjoy. The community grant has helped with start-up costs of purchasing necessary items, e.g. coffee machine, catering items, board games, and a very popular table

tennis set! Do go along, especially if you are new to the area as you will be able to meet other local residents and park users.

Elsewhere, St Michaels Church, Boldmere will be the location of a new defibrillator. Again, this has been purchased by the Sutton Coldfield Town Council which also pays for the installation of this vital equipment.

Finally, but by no means least, I was pleased to accept an invitation from Boldmere Library to help celebrate the success of local children who completed the summer reading challenge. All 176 children who completed the challenge were presented with a medal, certificate and a book token.

Well done to all who entered, together with Library staff for their commitment and hard work. I thoroughly enjoyed the celebration. If you didn't enter this year, please do so next summer as it's great to use your library and meet up with friends.



**AVAILABLE IN LARGE PRINT. TEL: EDITOR AT 605 4947**

Editor: Tony Willis, 44 Hollyhurst Road. B73 6SY Tel: 605 4947, or [bgatepost@gmail.com](mailto:bgatepost@gmail.com) **Next deadline: January 9<sup>th</sup>**

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**Rob Pocock:** I've been saying for a long time, it's no good Councils and the Government asking us all to quit the car and use public transport instead, if the bus service is **just not good enough!** So, I've been working recently with the City Council on a proposal to bring public transport back under proper local regulation and control.

For 30 years local buses have been 'de-regulated'. This gives pretty much a free hand to the bus companies to do what they like. To be honest, you only get a service if the companies decide it's profitable. And then, only at a time that suits them, not necessarily when you want or need it. People want, and deserve, better bus services. My aim is to press for services that are:

- Reliable – turn up on time when they should.
- Safe – from trouble and threatening behaviour.
- Frequent – so you can fit a bus journey round your busy time line.
- Local – to stop you walking miles before you even get on.
- Clean – both inside and out, a welcoming place to sit in comfort and enjoy the ride.

In London, bus services remain properly regulated. **They are by far the best bus services in Britain!** Greater Manchester Mayor Andy Burnham has just started a bid this year to do it up there too. **So why not here!** If you agree with me, just email

I [rob.pocock@birmingham.gov.uk](mailto:rob.pocock@birmingham.gov.uk) putting 'BUSES YES' in the subject box. I'll let you know how the campaign gets on, especially a new petition coming soon, and what YOU can do to help.



**Kath Scott: SCHOOL PLACES 2020/21:** As part of my longstanding efforts to make sure we have enough school places for families in our Sutton Vesey Ward, I've been updating parents on this year's application dates.

Secondary School Place applications closed on **31st October 2019**. Now it's time for parents to apply for Primary School places. Closing date for applications is **31st December 2019**. For further help and advice, please visit the campaign site I first set up 7 years ago: <https://www.facebook.com/boldmere.mums> - guiding parents through the school places maze since 2012, on local place applications and appeals.

**OUR 'ACCESSIBLE VESEY WARD':** I am pleased to say that there has been a great response from you all, highlighting accessible hotspots that need our attention – **HUGE THANK YOU!**

The next step is to build upon this knowledge, provide timelines, priorities & solutions. Next steps – "proud to be accessible" specifically for our shops & service

providers....more information on this coming soon. Email me at [kath.scott@birmingham.gov.uk](mailto:kath.scott@birmingham.gov.uk) put ACCESS in the title if you want to contact me.

In other news, I enjoyed working alongside local resident Dennis Kennedy on the inaugural Accessible Community Games in April this year. So it has been stupendous to see that following its huge success, a further **ACCESSIBLE COMMUNITY GAMES**

was held during October in Walsall. Massive congratulations to Dennis, founder of Sutton Coldfield Community Games, on taking the 'accessible games' initiative and driving this forward.



**Jan Cairns:** As the Chair of the SCTC Health and Well-being Partnership I've had a very busy month working with our fantastic local public service leads in the NHS, Fire Service and Police as well as Age Concern and Church Leads. We are all working to find ways of working together more effectively to help each other to manage the demand on our key services out of hours... more information as we progress our work. I have also been supporting the Boldmere Christmas Festival and the plans for what will be a glorious family event with the Christmas lights switch on.

From our Vesey Ward Town Council Public meeting at the beginning of the month concerns continued to be raised about the need for a Zebra crossing on Monmouth Drive across to Boldmere Gate into Sutton Park so I have reopened the Town Council talks with BCC to review options to resolve this - more information to come. I am also a Trustee of the Sutton Coldfield Town Hall Community Trust, and the team here are working relentlessly... there is a wonderful Pantomime this year... Aladdin. Please get your tickets from the box office and come along and support your local Town Hall. This year it really is a cracker!!

Finally, as the Chair of the Sutton Coldfield Disability Action Group I want to report that I have some wonderful group members including Tony Willis, Liz Parry, Terry Wood, John Lynn, Bobbie Duggan and Sally Evans, all local people who are strong community leaders. We are proud to be hosting a networking event at the end of January 2020. This will be to enable improving and stronger relationships between service providers and charities, to bridge gaps in local support for young and older adults with a disability, who find themselves lonely and isolated... we will report our findings as we get them.

Thanks to all of you who completed the SCTC Strategic Priorities Consultation we have had some great feedback and confirmation that we are on the right track.

Thanks for your support.

## Banners Gate Neighbourhood Forum Minutes held at Banners Gate Community Hall on September 30th 2019

1. **Speaker**, Brian Wheats followed by Olive O'Sullivan and Caitlin Morgan
2. **Apologies**. Mike Hughes, Hazel Pollock, Jan Cairns and Moira Ashford.
3. **Minutes**. Minutes of previous meeting (not AGM) were accepted as correct. Proposed by Sandra Hughes and seconded by Joyce Glendenning
4. **Matters Arising**. There is a lot of information on the

Blog including part of the talk on bees.

5. **Correspondence**. Information from PCSO Singh about combatting vehicle crime. Advice to place car keys/cards in aluminium foil or something similar and use a steering lock which acts as a deterrent.

6. **Vesey Ward meeting on 28th September**. The community budget was discussed for planning, roads, pavements, and street cleaning. The Triathlon will be in

**Cllr. Robert Pocock, [rob.pocock@birmingham.gov.uk](mailto:rob.pocock@birmingham.gov.uk)**, tel: 0121 303 2039 (Labour Group Office), Council House, Victoria Square, Birmingham B1 1BB. Advice Bureau: Boldmere Library, 11.00 a.m. – 12.00 p.m. First Saturday of the Month.

**Cllr. Kath Scott, [kath.scott@birmingham.gov.uk](mailto:kath.scott@birmingham.gov.uk)** tel: 0121 303 2039 (Labour Group Office), Council House, Victoria Square, Birmingham B1 1BB. Advice Bureau: Boldmere Library, LAST Thursday of each month from 2.00 - 3.00 p.m. at Boldmere Library.

Sutton Park for the Commonwealth Games. There is a Vesey Ward campaign to improve accessibility for all.

**7. Computer Courses.** John Mole has been the brilliant support behind the securing of almost £10,000 to provide instruction each week during September, October and November, and again in January, February and March next year. Many people are on these courses and there are regular enquires about the course.

**8. The next Gatepost.** The next newsletter will be in full colour with four extra sides for Boldmere to promote their retail and commercial aspect in our area of Banners Gate which is basically a dormitory area. In this way, we hope to bring the two areas together especially before the Boldmere Festival times, both before Christmas and hopefully in the summer.

**9. Blog:** [bannersgateneighbourhoodforum.com](http://bannersgateneighbourhoodforum.com) which is now instead of the website for local news. If you have any news to place on the blog then please let Tony know.

The meeting finished at 21.30

Folding will be on 14th November 2019

The next meeting on 25th November 2019

#### **Talk by Brian Wheat of WM. Wheat and Son, on planting winter hanging baskets.**

He wore his 4th leather apron which he has had since he left school.

He showed us a large bracket for the 16" - 18" basket that he was about to plant up. The advice is to position your basket just above eye level so that it is easy to reach for watering. Check the strength of the bracket and always raw plug it into brick, not plaster. He used a traditional wire basket with a flat bottom and unhinged one end of the three-piece chain and noted where it was joined with a piece of tape.

Brian used damp sphagnum moss to line the basket at the bottom, like a bird's nest. He then placed a piece of polythene or plastic bag at the bottom of the basket as a membrane to hold the water. He chose six mixed plants, some trailing ones, squeezing the bottoms to remove them from their pots. He held the plant end while pushing it through the holes in the wire basket, placing three around the basket sides and then another three in between. More moss was added between the root balls and then a little compost.

A square of rain mat (which can soak up to a pint of water in no time at all) was put in dry to create a reservoir near the bottom of the basket, with some compost on the top. Brian uses Levington's multi-purpose compost which supplies 6 - 8 weeks of food. The next layer of plants went into position alternating with the previous layer against the top wire. Again, moss was placed in between the root balls supported with compost, but there should be no temptation to put in too much compost. Moss was placed along the top wire and squeezed in to make a neat edge. You should always check for holes and that the plants are secure. Pansies and violas are the cheapest option for the top of the basket. In the 1970s the price of pansies was 65p and now they are 60p. Suggestions for the plants in the middle of the basket to create a good display were: Skimmia, Glaucus Conifer or a Christmas Cherry (which will withstand -1°C). Ivies are good for trailing



plants on the edges and painted heathers can provide good colours. The coloured heathers are actually white heather where the flowers have died and the brown husks are coloured. The hardy miniature varieties of cyclamen are good choices to withstand the winter as they come from the mountains of Turkey and survive down to -2°C.

It is important to dead-head the flowers by twisting out and pulling. Carex grasses are lovely in winter as they move with the wind and hold on to droplets of water. The top of the root ball of these plants should be level with the top of the basket when planted and three central plants are needed. If you place the cyclamen in the basket in its pot, then when it dies it can be replaced in the spring with something like a primrose. When feeling for spaces for plants to fill you can cut off some of the roots if the hole is very small.

4 - 5 slow-release fertilizer tablets are good for the basket because they will not release the food if the temperature is below 13°C. Now the basket is finished, do not hang it up yet. Place it on an upturned bucket and trickle water all over the basket—about three pints and do the same the next day. 10—12 days later, the plants will have picked up and then you can hang it up and water it again. The basket will not need much water in the winter months, and you can check for dryness by feeling how heavy the basket is. There are cone shaped baskets available which can be filled with cones already planted up with a selection of suitable plants.

Brian answered questions during and at the end of his talk. The Chair thanked Brian for his very interesting talk, and those present agreed with warm applause.



**ROYAL SUTTON COLDFIELD  
TOWN COUNCIL**

#### **Talk from Olive O'Sullivan, the Chief Executive Officer of the Town Council and Caitlin Morgan, the Community Engagement Officer.**

This was a presentation on the strategic plan for Sutton Coldfield town centre to consider the direction and vision for the next four years. There has been a town council for the last two years and there is a desire to give the people a representative voice in the planning. The regeneration of the town centre is a priority which is struggling like everywhere else. Clean and Green is to continue, and the town should look different from other areas because we have the money to make a change. So far, 86 groups have benefitted from £500,000, from sport to leisure and from young to old. There have been improvements in Princess Alice Drive, and health and safety in schools—with defibrillators fitted.

Christmas lights and flowers have decorated the town and the Town Mayor has been reinstated. There is a survey with a questionnaire going around asking you whether these are the right priorities. There is a copy of the draft plan for the future—please look out for the details. Download the plan and fill it out online. There are 20 - 30 boxes in places around the town, such as the libraries and the community hall. The deadline is 11th October to hand in your ideas and responses. You can also vote for four categories of awards such as the Good Neighbour Award. 'Sutton in Bloom' was a campaign that brought many communities together this year. Further ideas, such as clearing the brambles from Sutton Park, which is being carried out by Monday morning volunteers, would be welcome.

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01213623650

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- Book respite at local well-being day centres
- Build friendships & network with other Carers at upcoming support groups



**Opening Hours**

**Monday – Friday**  
**9am – 5 pm**



Our weekly female-only groups offer girls and young women the opportunity to:

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**TRY SOMETHING NEW**

Our activities are designed to develop:

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**LIFE SKILLS**

**WELLBEING**



**your nearest group is:  
GFS BANNERS GATE**

**(starts Monday 13th May 2019)**

For girls aged: 5-10 years

When: Every Monday, 5.45-7pm

Location: Banners Gate Community Hall, Reay Nadin Drive, Sutton Coldfield, B73 6UR.

Weekly session price: £1.50  
(those who are unable to contribute will still be able to attend)

Sign up at: [girlsfriendlysociety.org.uk/bannersgate](http://girlsfriendlysociety.org.uk/bannersgate)

Or contact us at:  
[banners-gate@girlsfriendlysociety.org.uk](mailto:banners-gate@girlsfriendlysociety.org.uk)  
07872987610

[girlsfriendlysocietyuk](http://girlsfriendlysocietyuk) [@GFSEnglandWales](http://@GFSEnglandWales)  
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with Dementia?**



Join us every Monday. 11am—1pm  
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[www.discbirmingham.org](http://www.discbirmingham.org)

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email: [IYoga.midlands@gmail.com](mailto:IYoga.midlands@gmail.com)

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**TOWN HALL TAKEOVER! FUNDRAISER SHOW FOR THE TOWN HALL**  
by Sutton Coldfield Musical Theatre & Youth Theatre. Sat 16 Nov 2.30pm & 7.30pm £14 / £8

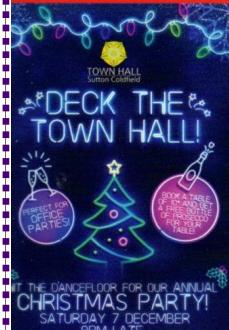
**THE DREAMBOYS** Fri 22 Nov Tickets £24.50 / £37.50 Meet and Greet SELLING FAST!

**FREEDOM! '19 WAYNE DILKS AS GEORGE MICHAEL** Sat 30 Nov £23.50

**MATINEE SEASON: CHRISTMAS VARIETY** with Lorrie Brown & Gary Birtles Thur 5 Dec 2pm £8 Songs from Doris Day, Elton, Neil Diamond & more, plus comedy and ventriloquism.

**BIRMINGHAM PHILHARMONIC ORCHESTRA: SNOW AT CHRISTMAS**

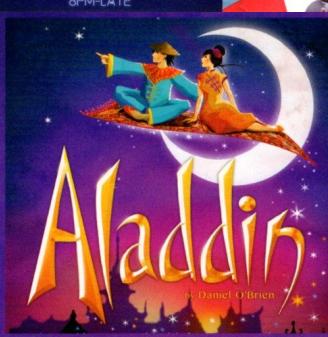
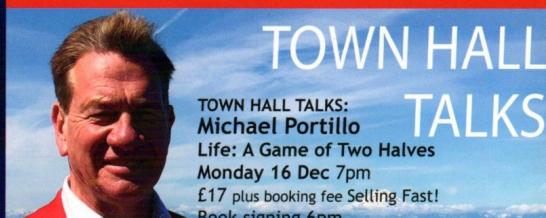
Sun 1 Dec 6.30pm £10-£20. The perfect start to the Christmas season, a concert for all ages full of film and festive favourites! Richard Laing will conduct festive favourites aplenty including *The Snowman*- complete with narration. Plus *Frozen* to *The Polar Express Suite*, Tchaikovsky's iconic *Nutcracker Suite* to *It's a Wonderful Life*. Mulled wine, Speciality Gins and Cakes will be available for sale in the bar from 5.30pm



### DECK THE TOWN HALL! CHRISTMAS PARTY

Sat 7 Dec 8pm - late Only £10 Party DJ - Snacks on Sale  
Perfect for Office Parties

Book a table of 10 by 31/10 and get a free bottle of prosecco!



### BOOK NOW... THIS YEAR'S SPECTACULAR PANTOMIME, ALADDIN

*The Production Exchange returns to the Town Hall this December with a magnificent cast of professional musical actors, joined by an all-singing and dancing local youth ensemble. Spend a magical time in the company of the greatest characters of the pantomime world, from wicked imposter Abanazar to Princess Jasmine, Empress Double Chinn, Widow Twankey, Wishee Washee and our hero, Aladdin.*  
Book online or via the Box Office £12.50-£22 Matinee & Evening Shows - see website for times  
10-31 Dec (Not 16/19/25 Dec)



### WINTER 2020

Fri 17 Jan MEGASLAM WRESTLING on sale soon

Fri 24 Jan DOWN FOR THE COUNT SWING ORCHESTRA

Fri 31 Jan SAD CAFE 40th Anniversary Everyday Hurts Tour. £25 Selling Fast!

### REGULAR EVENTS

**Nostalgic Music Circle** Sit back, relax, socialise and reminisce with music from the 1930s to the 1970s. 1pm - 4pm Small entry fee. Usually last Thurs of the month 0121 354 4227

**Western Front Association Meeting** Sat 19 Oct, 16 Nov, 21 Dec 2pm

Remembering all those who served - for details call Jonathan Dale 01889 226128

**National Blood Service** Fri 11 Oct, Mon 11 Nov [www.blood.co.uk](http://www.blood.co.uk)

**FUNDRAISING** Look out for events to help raise money for major building improvements, including a Theatre Quiz, 1950s Dance, Karaoke All-Nighter and Charity Danceathon.

To help, please get in touch!

ROYAL SUTTON COLDFIELD COMMUNITY TOWN HALL TRUST, Reg Charity No 1165712

### 2019-20 Highbury Theatre Season Listing

|  |                                      |  |  |
|--|--------------------------------------|--|--|
| Sat 16 Nov<br>27 - 30 Nov                                | Concert<br>Visiting                  | Tom Birkbeck Percussion<br>From the Top - Hound of the Basketcases     | 7.30pm<br>2.30 & 7.30pm*                     |
| Sun 1 Dec<br>9 - 14 Dec<br>Fri 27 Dec                    | Show<br>Studio Play<br>Film          | Alleykats<br>The Tinsel of Terror<br>Mary Poppins Returns              | 6.00pm<br>7.30pm<br>2.30pm                   |
| Sat 11 Jan<br>13 - 18 Jan                                | Film<br>Studio Play                  | The Blues Brothers<br>Blackthorn                                       | 7.30pm<br>7.30pm                             |
| 11 - 22 Feb<br>Sun 16 Feb                                | Play<br>Film                         | Barefoot in the Park<br>Bohemian Rhapsody                              | 7.30pm<br>7.30pm                             |
| 28 Feb - 1 Mar<br>Sun 22 Mar<br>17 - 28 Mar              | Visiting<br>Film<br>Play             | BFAME Festival & Awards<br>Ice Cold in Alex<br>Deep Cut                | Various*<br>7.30pm<br>7.30pm                 |
| Sat 4 Apr<br>Sat 18 Apr                                  | Visiting<br>Film                     | All England One Act Play Competition<br>Tommy                          | Various*<br>7.30pm                           |
| 28 Apr - 9 May<br>Sun 3 May<br>Tue 12 May<br>20 - 23 May | Play<br>Film<br>Visiting<br>Visiting | The Children<br>The Commitments<br>Wylde Green Flowers<br>From the Top | 7.30pm<br>7.30pm<br>7.30pm<br>2.30 & 7.30pm* |

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\* check the visiting company's website for details

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HIGBURYTHEATRE.CO.UK | 0121 373 2761

SEPT 2019 - JULY 2020



### COFFEE MORNING & CHRISTMAS TABLE TOP SALE!

at Sutton Arts Theatre, South Parade, Sutton Coldfield

**FRIDAY 15<sup>TH</sup> & SATURDAY 16<sup>TH</sup> NOVEMBER 2019**

from 10.00am



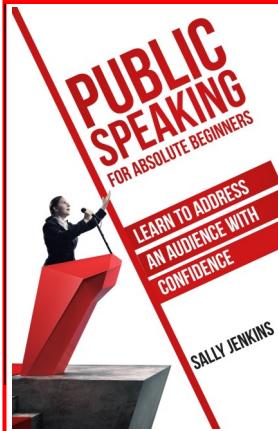
Many items, including:

**MINCE PIES  
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UNWANTED GIFTS ETC.**

If you have anything to donate, please contact Sue Atkins on **07796 906602** or Joe Dyke on **0121 686 6491**

All proceeds will go to the Theatre's funds so please spread the word to your friends and neighbours about this event.

**PLEASE BE IN TOUCH IF YOU CAN HELP**



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HOLY TRINITY PARISH CHURCH  
ROYAL SUTTON COLDFIELD

## CHRISTMAS AT HOLY TRINITY 2019



ALL FREE ADMISSION

### ART AT CHRISTMAS

DECEMBER 9TH-13TH // 5.00PM – 7.00PM  
DECEMBER 14TH // 10.00AM – 2.00PM

Experience Christmas at Holy Trinity with an Art Exhibition by Sutton Coldfield Society of Artists.

### CAROLS BY CANDLELIGHT

SUNDAY // DECEMBER 22ND // 6.30PM  
A beautiful candlelit carol service with many well known carols and readings. With Holy Trinity Parish Church Choir.

### CHRISTINGLE

SUNDAY // DECEMBER 1ST // 4.00PM

### CRIB SERVICE

TUESDAY // DECEMBER 24TH // 3.30PM

### MIDNIGHT EUCHARIST

TUESDAY // DECEMBER 24TH // 11.30PM

### CHRISTMAS DAY EUCHARIST

WEDNESDAY // DECEMBER 25TH // 10.00AM



For more information about any services and activities at Holy Trinity, please ring or visit our website.

## FORGET ME NOT CHOIR



Choir for people with dementia and disabilities

Come along for an hour of singing and socialising

St Johns Centre

Christ The King Church

124 Warren Farm Rd Kingstanding Birmingham B44 0QN

The first Monday every month starting

7<sup>th</sup> October 2019 at 1.15pm

£5 per session

No Pre booking needed. Just turn up. Carers welcome.

For more information 07847340664 or

[davelloyd4928@yahoo.co.uk](mailto:davelloyd4928@yahoo.co.uk)

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Adults attend a one-day IMPACT Wellbeing Programme training course.

Instructors teach individuals and groups, using one-off sessions, or a series of workshops to deliver the programme.

*"Breathing and relaxation very good. Enjoyed the massage."*

*Stroke Survivor*

*"I've been really happy to join in the sessions and enjoyed every moment."*

*Parent*

## Make wellbeing YOUR concern!

For further details visit:  
[www.impact4wellbeing.co.uk](http://www.impact4wellbeing.co.uk)

For your local instructor please contact:

Loretto Cattell  
07732 474 470

email: [loretto-cattell@virginmedia.com](mailto:loretto-cattell@virginmedia.com)

[www.touchlinetraining.co.uk](http://www.touchlinetraining.co.uk)

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# IKASUTTON KICKBOXING FOR CHILDREN

'DEVELOP YOUR CHILD'S KEY LIFE SKILLS'  
FOCUS • DISCIPLINE • COORDINATION



## LITTLE NINJAS

4 - 7 YEAR OLDS

TUESDAY @ 16:30 - 17:25

## BEGINNERS

8 - 13 YEAR OLDS

TUESDAY @ 17:30 - 18:30



## BOOK A FREE CLASS TODAY!



Unlock your child's potential

CALL JOE: 07864842299

CALL Mitch: 07812420518

IKASUTTON@GMAIL.COM

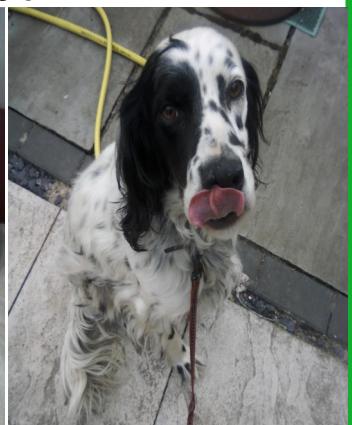
BANNERS GATE COMMUNITY HALL, REAY NADIN DRIVE, SUTTON COLDFIELD, B73 6UR

BIRMINGHAM PHILHARMONIC  
ORCHESTRA:  
SNOW AT CHRISTMAS  
Sun 1 Dec 6.30pm £10-£20  
From The Nutcracker Suite to  
The Snowman, Frozen to The  
Polar Express.

DECK THE TOWN HALL!  
CHRISTMAS PARTY  
Sat 7 Dec 8pm - late £10  
Party DJ - Snacks on Sale  
Perfect for Office Parties  
Book a table of 10 by 31/10 and  
get a free bottle of prosecco!



## Animal-mad cattery pet care service



### Dog and Cat sitting

Cat boarding - Dog walking  
Small animal care - Feeding your pets  
Call Claire on 01217497266 or 07305184115  
Orchard nurseries, Birmingham Road,  
Water Orton. B461TG

## Sutton Coldfield Disability Action Group - SCDAG

Sutton Coldfield Disability Action Group is an exciting new Charity Incorporated Organisation that is devoted to improving our Royal Town of Sutton Coldfield for all residents, visitors, employers and employees especially those who are disabled and have mobility challenges or who have disabled family members or who have the commitment to employ and support disabled people. We also support carers and their families.

We are a varied group of professionals, residents with disabilities, carers and supporters who combine our knowledge, networks and experiences to become an activist/influence group. We are exploring ideas and new opportunities to assist service commissioners and providers to network; work more closely together and to bridge gaps in provision and facilities in and around our town.

We have a special interest in, but not limited to, young and older disabled adults who find themselves lonely, isolated and hard to reach as a result of existing poor day care and socialisation provision as well as very limited opportunities to work or volunteer. We want to increase the opportunities for disadvantaged people to find paid and volunteer work. As a group we will work hard to influence change and we are already working with Birmingham City Council to promote disability rights and better access in initial areas of new housing and improvements to retail.

We have successfully applied for National Lottery funding which we were thrilled to achieve and so far, we have funded:

- A study of our Royal Town asking local people what works for them as individuals and what needs improving to make life easier for disabled people. This study is ongoing, and we would love you all to be involved so please see the link below to our questionnaire and please give us your valuable thoughts.
- New equipment for a local Community Centre to maintain and nurture the employment of young people with disabilities.
- A project with our local General Practices in Sutton Coldfield to support Carers and direct them to support services for example: Carers United. Thank you to the GP Practices that are working with us... Let's carry on making a difference!!



From L to R: Terry Wood, Bobbie Duggan, Jan Cairns, Tony Willis, Sally Evans, Liz Parry and John Lynn.

Not in the photo are Nic Burke, Jenny Child and Rachel David.

We will be hosting a networking event in January 2020 for Service Providers and the third sector to improve working relationships, to create ideas to bridge gaps in local provision and to initiate opportunities to partner with each other for additional funding.

For questionnaire, you may have to hold down ctrl and click: [bit.ly/SCDAGSurvey](http://bit.ly/SCDAGSurvey)



# Boldmere Christmas Festival

Sunday 17<sup>th</sup> November 2pm to 7pm  
with Christmas lights switch-on at 5:30pm

Come and join in the fun on Boldmere's High Street as we look forward to Christmas and watch the Christmas lights being switched on by Buddy from Sutton Coldfield Community Games.

## Real reindeer

Have your photograph taken with real reindeer with Santa's sleigh next to Boldmere Bear in The Harvester carpark and then visit Santa at his grotto in Age Concern.

## Children's rides and entertainment

Enjoy children's rides including a genuine Victorian galloping horses carousel, roundabout, cups and saucers, planes, bungee trampolines and Zorb Mania. There will also be circus performers performing in the crowds throughout the day.



## Live music

Enjoy entertainment throughout the afternoon including our exciting line up of musicians and performers:

- 2:00 – First Request
- 2:45 – Ire-ish
- 3:30 – Celebration of Life
- 4:15 – Rhianna Keane
- 5:00 – Jack and Grandad with Andi the Puppet Man
- 5:30 – Turning on of Christmas Lights
- 5:35 – AlleyCats Pantomime Performance
- 6:15 – Rocket Café

## Christmas market

Over 40 market stalls including cards and gifts.

## Street food

Experience a variety of tastes of Street food including

- Pizza from The Handmade Pizza Company
- Vegan options from Tash n Dash
- Pork belly and pulled pork nachos from The Pork Society
- Chicken nuggets
- Churros from The Fabulous Food Guys
- 25 flavours of homemade brownies including vegan and dairy free options from Chocolate Treats
- Whippy ice-cream
- Sweet and savoury crepes from The Warwickshire Crepe Company
- Prosecco and Bubble Bar
- + all our regular food and drinks providers along the street

## Christmas lights switch on at 5:30 by Buddy

Watch Buddy from Sutton Coldfield Community Games turn on Boldmere's Christmas Lights with entertainment including Andi Markham the puppet man with Jack and Grandad, a mini Christmas pantomime and the Mayor of Sutton Coldfield wishing everyone happy Christmas.



## Enjoy to have a drink afterwards?

We are grateful that all the pubs and bars along Boldmere's High Street have agreed to operate a closed doors policy between 7pm and 9pm. This means that if you want to enjoy a drink after 7pm then you need to be in a pub or bar before 7pm. This will help to facilitate the clean-up operation at the end of the event. You can still book a table for food or turn up for food if a table is available.



[www.boldmere.org/festivals](http://www.boldmere.org/festivals)

Suggested voluntary entry donation: £2 adults, £1 children, £5 family

Brought to you by Boldmere Futures Partnership, funded by Royal Sutton Coldfield Town Council



# STOP AND THINK

Your bank or the police will never:

- 1 Phone and ask you for your PIN or full banking password.
- 2 Ask you to withdraw money to hand over to them for safe-keeping.
- 3 Ask you to transfer money out of your account.
- 4 Send someone to your home to collect cash, PINs, cards or cheque books.



## Sutton Coldfield Neighbourhood Network Scheme

We are creating a map of all of the community assets and activities in the Sutton Coldfield constituency, which can help people aged 50+ to lead independent, happy and healthy lives.

Community assets are individuals, groups or organisations who are doing something or delivering an activity, project or service in a neighbourhood setting which older people can benefit from. This can be anything from a lunch club to a line dancing class, befriending to benefits advice, or a support group to a sewing club.

As well as mapping community assets, we are also working with them to sustain and grow the activities and services they offer to citizens aged 50+ in the local area. We can offer a range of support around issues such as marketing and promotion, volunteering, governance and fundraising, and as part of this, we have a micro and small grants scheme which can fund certain activities and projects in Sutton Coldfield.

We also have opportunities for citizens aged 50+ who have experience of social isolation or are carers (looking after someone regularly because they are older, disabled or seriously ill), or who have experience of running a community based activity to get involved in developing the Neighbourhood Network Scheme in Sutton via our co-production group.

The Sutton Coldfield Neighbourhood Network Scheme is delivered in partnership between Age Concern Birmingham and Compass Support. For more information, or a conversation about how you can get involved, please contact us on 0121 362 3661 or email [NNS@ageconcernbirmingham.org.uk](mailto:NNS@ageconcernbirmingham.org.uk)

For a searchable list of community assets in Sutton Coldfield, and the wider Birmingham area, please visit:  
[Birmingham.connecttosupport.org](http://Birmingham.connecttosupport.org)





From £1.50 per cover and sash. Flowers- table plans-balloons- sweet cart- post box- love letters- invites-placecards - email me on [cordellane@btinternet.com](mailto:cordellane@btinternet.com)  
Call on 07730666897



CARERS look after family, partners or friends in need of help because they are ill, frail or have a disability and the care they provide is unpaid.

Do you look after someone with an illness, disability or long term health condition? Do you have questions you want answering?

## CARERS RIGHTS DAY EVENT

10.00am – 2.00pm  
FRIDAY 22<sup>nd</sup> NOVEMBER 2019  
at  
UNITED REFORMED CHURCH  
1 BRASSINGTON AVENUE  
SUTTON COLDFIELD  
B73 6AA

TO BE OPENED BY COUNCILLOR DAVID ALLAN, MAYOR OF THE ROYAL TOWN OF SUTTON COLDFIELD,  
VISIT FROM JACK DROMEY M.P.  
& MEET OTHER LOCAL COUNCILLORS.

COME ALONG AND GET ADVICE, SUPPORT AND INFORMATION FROM A VARIETY OF DIFFERENT ORGANISATIONS.  
ENJOY ENTERTAINMENT, HAND MASSAGES, REFRESHMENTS, RAFFLE.  
COME AND SHARE YOUR EXPERIENCES.  
Everyone is welcome.  
Call 0121 355 1006 for more information.



Carers United is a charity registered in England and Wales (1165802).  
Registered office: Our Place Community Hub, Farthing Lane, Sutton Coldfield, West Midlands B72 1RN Tel 0121 355 1006

### Banners Gate Community Hall Almost free (£1) Coffee Mornings

From 10.30 a.m. to 12.30 p.m. on the following dates:  
19th November, 10th December and 21st January.

Do you run a business or have a class in the area? If so, why not advertise in this newsletter, in this space. If this space is not large enough we can still advertise for you. Look at the range on just this page. Call 0121 605 4947 for further details.

Residents are always welcome to attend the meetings of the Town Council and its committees.



The next meetings are being held at 7.00p.m. as follows:

- 14 November - Amenities, Leisure & Community
- 19 November - Strategy & Resources
- 26 November - Town Council Meeting
- 3 December - Planning & Highways Committee
- 10 December - Strategy & Resources
- 17 December - Town Council Meeting

They are usually held at the Town Hall but check on the Town Council website before setting off!



Everyone is welcome to join us for our  
Service of Remembrance

Sunday 10<sup>th</sup> November

The service will start at 10.30 and finish at approximately 11.45.

There will be live music from the Banners Gate Community Church Band who will start the service, along with special contributions from the Banners Gate Community Choir.

There will be an opportunity to see an exhibition of memorabilia from the First and Second World War.

Followed by Refreshments.

Join us for this Remembrance Event as our community remembers together



Community Handyperson Service

When DIY isn't an option, we are here to help

Our community handyperson service gives you peace of mind offering a reliable and trustworthy service from changing light bulbs, putting up shelves to assembling, fixing and mending items around the home.

We can help you to keep your home safe and secure by adding grab rails, key safes and other small home adaptations.

Whatever your job just give us a call

Quotations are provided free of charge.

Service is currently offered in and around the Sutton Coldfield area

Costs? Initial hour £30 then £25 per hour

Call us on 0121 362 3650



## COFFEE MORNINGS

St. Columba's Church Hall  
Coffee morning on 2nd Thursday each month (except August) from 10.30 a.m. to 12 noon. The next three will be on 14th November, 12th December and 9th January. Coffee, cakes and chat, Book swap, A warm welcome to all is assured.



**Messy Church @ 4 p.m.  
St Columba's Church Hall,  
Banners Gate Road.  
24th November**



[www.stcolumbasbannersgate.co.uk](http://www.stcolumbasbannersgate.co.uk)

We are now on Facebook too – search for us  
"St Columba's Banners Gate"

Details on our website [www.stcolumbasbannersgate.co.uk](http://www.stcolumbasbannersgate.co.uk)  
or our Facebook page "St Columba's Banners Gate"

## Stay and Play Toddler Group and Mums'

*coffee mornings*



**Who?** Parents and children of all age groups and  
Parents /carers - with or without children are  
welcome.

Come along to the coffee morning and enjoy tea,  
coffee and toast / biscuits, while having an opportunity to meet new  
friends and other parents in the community!!

**When?** Every Wednesday term time only.

**Time:** 9.15 a.m. – 11.00 a.m.

**Where?** St Columba's Church Hall.

**Enquiries-** Sharon 07552 75 71 77

## Christmas Fayre Saturday 16th November



**St Columba's Church Hall  
Banners Gate Road  
11.00 a.m.—2.00 p.m.**

Christmas Gifts, Toys, Books, CDs, DVDs,

Bric-a-Brac, Tombola

Bran Tub

Homemade Cakes and Preserves

Ethnic Food Stall

**Refreshments and Lunches**

**Admission 50p. Children Free**

**Sutton Coldfield URC** have a  
vacancy for a new part time post of  
Community and Volunteer Support  
Worker, funded for 2 years. The  
post is 18 hours a week, normally Monday,  
Tuesday and Friday and paid at Birmingham  
Living Wage (currently £9 per hour).  
Details available at:

<https://www.bvsc.org/third-sector-jobs/community-and-volunteer-support-worker>



The closing date for applications is 1st November.

## WHAT'S ON @ BANNERS GATE COMMUNITY CHURCH

### MONDAY

Move It or Lose It, (now finished, lack of support)

Mornings 10.00 – 11.00

Contact Heather on 07913820653

**Banners Gate Community Choir**

Evenings 7.30 – 8.45 (term time only)

Contact Beth on 07719857450

### TUESDAY

Dance, Dance,

Mornings 10.30 - 12.30. Ballroom, Latin, Modern

Contact Dawn on 0121 783 5584

**Vital Physiotherapy**

Afternoon/evenings: contact Eric on 07896419167

**Camera Club**

Evenings 8.00 - 10.00 on 2<sup>nd</sup> Tuesday in month

Contact Graham on 07506969233

### WEDNESDAY

**Baby Sensory**

Morning sessions at 9.30, 11.00 & 12.30

Contact Tracy on 07753825622

### THURSDAY

**Art Class**

Afternoons 2.00 – 4.00

Contact Dave on 0121 353 5338

**Townswomen's Guild**

Evenings at 7.30 (4<sup>th</sup> and 2<sup>nd</sup> alternate months)

Contact Josie Orme 0121 352 1042

### FRIDAY

**Pre School Phonics Class**

Mornings 10.30 - 11.15

Contact Jenna on 07540583283

### SATURDAY

**RugbyTots**

Mornings for children aged 2 – 7.

Contact Matthew on 0345 313 0803

### SUNDAY

**Morning Family Worship 10.30 to 11.45**

Contact Church Office on 0121 353 0230



# Sutton Park Surgery

[www.suttonparksurgery.nhs.uk](http://www.suttonparksurgery.nhs.uk)



Osteopathy appointments available, with myself, based in the heart of Four Oaks.

Osteopathic Treatment can help with the following;

- Generalised aches and pains
- Joint Pains
- Osteoarthritis / Arthritic pain
- General, acute & chronic backache
- Neck pain
- Frozen shoulder / Tennis elbow
- Sciatica
- Muscle spasms
- Neuralgia
- Sports injuries

Call or email me for any questions or appointments on;  
07855389528 or  
[stephleesosteopathy@hotmail.com](mailto:stephleesosteopathy@hotmail.com)



The Clarence Spa, 312 Clarence Road, B74 4LT



Registered & Insured Medical Practitioner offering a range of non-surgical aesthetic & skincare treatments including:

- Anti-Wrinkle Injections • Dermal Fillers
- Lip Enhancements • Cheek Enhancements
- Microneedling & Mesotherapy
- Chemical Skin Peels • Dermaplaning Facials

Free Consultations Available

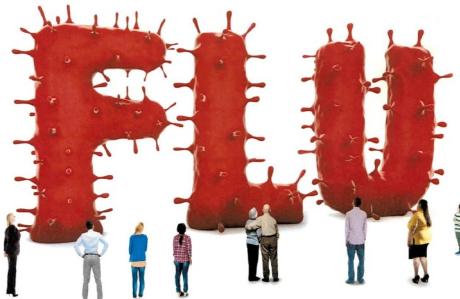


LISA LANCASTER  
MOBILE PRACTITIONER

07944005867

[llaesthetics@outlook.com](mailto:llaesthetics@outlook.com)

@ll\_aesthetics  
f/llaesthetic



IT'S TOO BIG  
TO IGNORE.

Around 10,000 deaths in England and Wales are related to flu infections annually.

If you are pregnant, over 65 years old, a child\*, or suffer from a chronic disease\*\* you could be at greater risk from flu<sup>3</sup>.

Carers and those in close contact with immunocompromised individuals are also eligible for a free flu vaccination under the NHS<sup>3</sup>

**HELP PROTECT YOURSELF.  
ASK ABOUT YOUR FLU VACCINATION HERE.**

\*Check with your GP about child age eligibility

\*\*Chronic disease includes heart, respiratory, renal, liver or neurological disease, immunosuppression, asplenia / spleen dysfunction and morbid obesity (BMI $\geq$ 40)<sup>3</sup>

Call the surgery on 0121 353 2586 to book an appointment.



Angel Dental Clinic has a Membership Plan which registers you here and covers your Essential Dental needs :

Regular check-ups, small radiographs, scaling and polishing, and 10% discount off any treatments you may need. This plan also has a World Wide Dental Trauma and Emergency Callout Insurance Policy. The plan is very affordable and paid for on a monthly basis. Registration numbers are limited. For more information please discuss this with our team who are more than happy to explain the benefits of Membership.

To discuss your treatment and appointment needs, please contact our Receptionist on :  
0121 353 0483

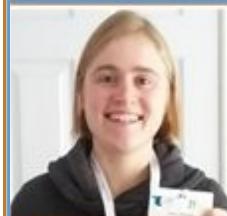


Free street parking available.  
Ground floor surgery with disabled access.

1 Sutton Oak Corner, Bakers Lane  
Sutton Coldfield, B74 2DH  
Email: [info@angeldentalclinic.co.uk](mailto:info@angeldentalclinic.co.uk)

Angel Dental Opening Hours :  
Monday to Friday 08.30am - 5.00pm  
Evening and Saturday appointments are available

Muscle tightness / strains, Joint pain, Sciatica.  
Shoulder & neck tension, headaches.  
Sports Injuries (specialized in running injuries).



**Sports  
Massage 360**



Amy Johnson (Bsc). Recommended since 2014.  
10 Jevons Road, B73 6QP      0770 7006802

**The Chemist, M.W. Phillips, at Sutton**

# YOGA STARS

YOGA AND MINDFULNESS FOR KIDS

Yoga Stars delivers yoga and mindfulness through stories and adventure.  
Pre-school classes at Banners Gate Community Hall, Reay Nadin Drive, B73 6UR.  
Thursday 1.45pm and Friday 9.30am.  
Also available for schools and nurseries.  
[sally@yogastars.org](mailto:sally@yogastars.org)



There's a new class starting in Banners Gate Community Hall.  
It is on Thursday evenings from 5.30 p.m. to 6.30 p.m.  
There is a FREE uniform for the first 50 callers.

**Hall's Gardens**  
Garden Maintenance Services  
**Gary Hall**  
54, Coppice View Road, Sutton Coldfield, B73 6UF 07833720015  
[garyhall7@blueyonder.co.uk](mailto:garyhall7@blueyonder.co.uk)

**The Banners Gate Community Hall is available at times during the week, including weekends.**  
**The hall is approx. 38' x 21' (11.6m x 6.4m)**  
**The kitchen is approx. 11' x 7' (3.4m x 2.2m)**  
**The Jarrett room is approx. 13' x 8' (4m x 2.5m)**  
**The ladies has 2 cubicles and a nappy changing table.**  
**There is a gents/disabled toilet.**  
**The building is step-free.**  
For further booking information go to:  
[www.bannersgatecommunityassociation.org](http://www.bannersgatecommunityassociation.org)

## Sutton Coldfield Speakers' Club at New Venue

The next meetings will be 21st November and 5th December at Boldmere St, Michael's Football Club. We meet at 7.30 p.m. for 7.45 p.m. start - Visitors always welcome.

Build Confidence - Make New Friends, Have Fun.

Tel: Sally 0121 354 9941 <http://www.suttonspeakers.co.uk/>



**HATHA YOGA**  
Banners Gate Community Hall,  
Thursdays 10.00 -11.00 a.m.  
Beginners class £5.50 per session  
Please call Tricia on 07954 403943.

**GCDtec network**  
**Mac & PC Repairs**

Mac and PC, Computer Repairs, System Setup, Anti-Virus, Backup and Networking, CCTV or any other Techno Device (TV, Mobile Phones etc.). We provide a one to one engineer service. With over 20 years experience.  
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Gavin C. Dodds - Mobile: 07966 274 713 - Office: 0845 074 5702  
[www.gcdtec.co.uk](http://www.gcdtec.co.uk) [help@gcdtec.co.uk](mailto:help@gcdtec.co.uk)

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**Complete Door Security and Access Solutions**  
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[www.wdcservicesolutions.com](http://www.wdcservicesolutions.com) [service@wdcservicesolutions.com](mailto:service@wdcservicesolutions.com) **T: 0121 285 3222**  
Unit 16 C, Maybrook Business Park, Maybrook Road, Minworth. B76 1AL

## CREATE at the Gate with K & S

We are a small group of crafters who meet on the **first Sunday of every month, between 11.30am and 2.30pm.**

If you are interested in getting away for a few hours where you can bring whatever craft you wish, come and join us. There is a wealth of knowledge between us and we usually learn something new each month from each other at Banners Gate Community Hall. There is plenty of tea & coffee and usually some cake. Please call Kathy 077 06 64 51 37 for more details or just come along when we are next there and have a look at what we do.



**we are here to listen, call today**

Val: 07964 213 229 / Kellyanne: 07986 952 546

New Horizons Counselling Services.

The Community Hall, Reay Nadin Drive, Sutton Coldfield. If you would like to know about our service ring the number above  
Or visit our web site [www.newhorizonscounselling.org](http://www.newhorizonscounselling.org).



Internal & External Work  
Commercial & Domestic Premises  
Competitive Rates  
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No job too big or small -  
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estimate

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[info@tbanburydecorating.co.uk](mailto:info@tbanburydecorating.co.uk)  
07525811640

**Lucky Buntys**  
Childrens Entertainment

0777 333 9214  
[admin@luckybuntys.co.uk](mailto:admin@luckybuntys.co.uk)

Do you have any of these items?



Coins



Medals



Postcards



Stamps - Books



Badges/Tokens

Free evaluations.  
Should you wish to sell I  
can advise on this also.



Cigarette cards

**Joe Dyke**

**0121 686 6491**

Create the best party possible for your little ones

**Birthdays, Weddings, Christenings, Fêtes, School Workshops, Plays and much more**

We can cater for anything including: Full Party Entertainment, Mascots, Soft Play, Bouncy Castles, Face Painting, and Pamper Parties

Facebook: Lucky Buntys Twitter: @LuckyBuntys



# PetStay

Would you like to be one of our dog carers?

- \* Are you at home during the day?
- \* Have a very secure garden?
- \* Do you love dogs?
- \* Want to earn a little extra?
- \* Very flexible and fits into your lifestyle
- \* We are THE alternative to kennels in the area.
- \* Want to join a professional service?
- \* Then maybe being one of our many loving dog carers would be ideal for you!



Home Dog Boarders since 2005

Become a PetStay dog carer.  
Earn from £105 to £207 p/w looking after dogs in your own home

[www.petstay.net](http://www.petstay.net) [sue@petstay.net](mailto:sue@petstay.net)  
0121 769 2706 07724 212204

West Midlands North Branch

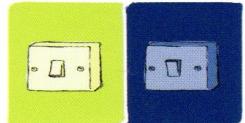
## Paul White Electrical

No Job too small

**Paul Andrew White**  
Electrician

111 Wandsworth Road  
Birmingham  
B44 9LY  
07403445651

[p.white.electrical@gmail.com](mailto:p.white.electrical@gmail.com)  
Part P reg 58023 PAT Testing



A promise made behind bars must be kept on the outside!

'Jenkins weaves a web of intrigue' – Judith Cutler.

The Promise is dark fiction set in Birmingham.  
Available via book shops, Amazon etc.

**AGEconcern**  
Birmingham

**Compass** Support  
Part of The Pioneer Group

## WE NEED YOUR HELP!

Are you over the age of 50?

Do you have experience of any of the following?

Isolation

Looking after someone regularly (including your spouse or a family member) because they are older, disabled or seriously ill

Running a community group or organisation

Do you live, work or have caring links in Sutton Coldfield?

Can you spare a few hours each month?

We want people like you to get involved in shaping the Sutton Coldfield Neighbourhood Network Scheme and help us to enable citizens aged 50+ to lead healthy, happy, independent lives within their own homes and communities. There are lots of different ways to contribute, for example:

- being part of a group which meets up to talk about and test out new ideas
- reviewing marketing and publicity materials at home at a time to suit you, to make sure they communicate information to citizens in a clear and concise way
- sitting on our monthly grants panel to help make decisions around which activities or initiatives receive funding



If you are interested, or to find out more, please get in touch with the team for an informal chat

Telephone 0121 362 3661 or email [NNS@ageconcernbirmingham.org.uk](mailto:NNS@ageconcernbirmingham.org.uk)



**SWIMMING LESSONS**  
for ages 4 and upwards:  
Tuesday, Wednesday & Friday  
Evenings



Local Pools ~ All Abilities  
Badge Work ~ Qualified Instructors  
0121 353 6616



**0 - 13 months**  
**Baby Development Class**  
Wednesdays 9.30, 11.00 and 12.30

Music, singing, exercise, massage, signing, light shows, bubbles, bells, tickly feathers and many more!! For more details:

Call Tracy Jones on 07753 82 56 22  
Email: [suttoncoldfield@babysensory.co.uk](mailto:suttoncoldfield@babysensory.co.uk)

Plastering internal & external specialist

Includes: Dry lining - Plaster boarding - Artex re-skimming - Replacement walls & ceilings - Painting / Decorating - Carpentry

**Lee Nugent**

36 Banners Gate Road  
Sutton Coldfield B73 6RX  
Office: 0121 354 5446  
Mobile: 07934 15 19 20  
[Lee.nugent1@virginmedia.com](mailto:Lee.nugent1@virginmedia.com)



**PLASTERING**  
& PROPERTY MAINTENANCE

**HOME TUITION**  
**ENGLISH FRENCH SPANISH**  
Leisure Courses and Exams to GCSE

all materials provided



Tracy: 07803 29 33 51



| DAY/TIME   | ACTIVITY   | VENUE  | CONTACT  | TEL.  |
|--|--|--|--|---|
| Sun (1st) 11.30 – 2.30 pm<br>10.00 am<br><b>For details see website</b><br>10.30 am<br>11.00 am  | Create at Gate with K & S Family Communion<br><a href="http://www.saintcolumbas.co.uk">www.saintcolumbas.co.uk</a><br>Family Worship<br>Chikara Karate Kai | Community Hall<br>St. Columba's<br>Banners Gate CC<br>Scout Hall   | Kathy Weston<br>Terry Lockyer<br>Paul Murphy 07837   | 628 6651<br>354 5873<br>353 0230<br>39 57 89                                  |
| Mon 11am - 1.00pm<br>5.30 - 7.00pm<br>7.30 – 8.30 pm   | Dementia Care<br>The Girls' Society<br>Line Dancing  | Community Hall<br>Community Hall<br>Community Hall   | Barbara H-Walker<br>Diane Pursall  | 553 6483<br>747 4659  |
| Tues 9.15 - 12.00pm<br>6.15 am - 7.15am<br>4.30 - 5.25 & 5.30 - 6.25<br>6.30 – 7.30 & 7.30 – 8.30<br>7.45 pm   | <b>Coffee Morning 3rd Tuesdays</b><br>Stay in Focus Fitness<br>Kickboxing<br>Line Dancing<br>Chikara Karate Kai  | Community Hall<br>Community Hall<br>Community Hall<br>Community Hall<br>St. Columba's  | Chris Brown 07914<br>Joe 07864<br>Diane Pursall 07837<br>Paul Murphy 07837   | 79 44 56<br>84 22 99<br>747 4659<br>39 57 89                                  |
| Wed 9.30, 11.00 & 12.30<br>10.30 - 12.30<br>7.15—8.15  | Baby Sensory<br>Guide Dog Training<br>Yoga. Midlands   | Banners Gate CC<br>Community Hall<br>Community Hall  | Tracy Jones 0775<br>Madge Nightingale 07939<br>Angela Brookes 07939  | 82 56 22<br>360 0286<br>547392  |
| Thurs 10.00 am<br>10.00—11.00 am<br>1.45 — 2.45<br>5.30—6.30<br>6.30 – 9.45 pm<br>7.15 – 10.15 pm<br>(4th & 2nd alt months) 7.30 pm<br>(1st) 8.00 pm | Holy Communion<br>Yoga<br>Yoga Stars (Children)<br>Freestyle Martial Arts<br>Zig Zag Dance Studio<br>Bridge<br>Townswomen's Guild<br>Mothers' Union        | St. Columba's<br>Community Hall<br>Community Hall<br>Community Hall<br>St. Columba's<br>Community Hall<br>Banners Gate CC<br>St. Columba's | Tricia 07954<br>sally@yogastars.org<br>Terese 07711<br>Warren 01902<br>Sylvia Cunningham 07870<br>Josie Orme 07908<br>Judith Fennell | 354 5873<br>40 39 43<br>839303<br>897 900<br>82 98 37<br>352 1042<br>354 4390 |
| Fri 9.30—10.30<br>6.00 - 8.00pm  | Yoga Stars (Children)<br>Make It Happen Dance Co   | Community Hall<br>Community Hall   | sally@yogastars.org<br>Mario Ferko 07908   | 51 76 84  |
| Sat  |  |  |  |   |

| BOOKING SECRETARIES: |                             |
|----------------------|-----------------------------|
| Community Hall       | - Anne Craven 249 7852      |
| Banners Gate CC      | - June Dadd 07443 22 65 30  |
| St. Columba's        | - Sallyanne Rowley 693 0084 |
| Scout Hall           | - A & R Talliss 353 8166    |

| UNIFORMED ORGANISATIONS: |  |
|--------------------------|--|
| <b>Scouts:</b>           | Margaret Drummond, 33rd GSL 353 5203                     |
| <b>Girlguiding:</b>      | Carol Gardner, Vesey West District Commissioner 350 7191 |

## The Forum needs a new Minute Secretary

The Forum needs a new minute secretary to replace Jean who has retired through ill-health. We meet six times a year, every other month, on the last Monday of the month starting in January, except in May when it is the last but one Monday because of the Bank Holiday. There is no rush to produce the printed minutes because they are not needed to be included in the next newsletter for at least four weeks.



Patron HRH The Princess Royal GCVO

Thurs. 28th November - HENRY VIII  
Thurs. 12th December - Christmas Party 2020  
Thurs. 9th January - Bingo, Fish & Chips.  
  
New members welcome.  
If you wish to join our vibrant Guild please get in touch with Josie Orme 0121 352 1042.

Your advertisement could be here. Email the editor at [bgatepost@gmail.com](mailto:bgatepost@gmail.com) for details. It does not cost as much as you would think, for it to appear every other month for a whole year.

Gatepost always needs volunteers for illness and holidays delivering. On average it takes just 20 minutes. We also need volunteers to fold and collate Gatepost for 90 minutes, six times a year when we provide tea/coffee and biscuits/cake. If you can help please ring 605 4947. Your help would be much appreciated.

The 18<sup>th</sup> Sutton Coldfield West Scout Group and the 15<sup>th</sup> Sutton Coldfield West Scout Group have merged and are now named the 33<sup>rd</sup> Headquarters are at the Scout Hut, Coppice View Road. B73 6UE.

### 33<sup>rd</sup> Sutton Coldfield Scout Group, H.Q. Coppice View Road

Monday Beavers 5.30 p.m. – 6.45 p.m. ages 6 – 8 years  
Scouts 7.00 p.m. – 9.00 p.m. ages 10 ½ – 14 years  
Tuesday Beavers 5.40 p.m. – 6.40 p.m. ages 6 – 8 years  
Cubs 7.00 p.m. – 8.30 p.m. ages 8 – 10 ½ years  
Thursday Cubs 7.00 p.m. – 8.30 p.m. ages 8 – 10 ½ years

**Contact 0121 353 5203**

Email: [margaretdrummond1@btinternet.com](mailto:margaretdrummond1@btinternet.com)



### Girlguiding gives girls and young women a voice....has done so for 100 years....be part of the next 100

Could you spare 1½ hours a week to help with the St Columba's Guide unit? Gain real satisfaction in volunteering and helping to ensure girls in Banners Gate aged 10 – 14 can continue to enjoy games, projects, badges and outings at Guides.

There are also places available in both Brownie units in September for girls aged 7 or 8.

For more information contact Carol Gardner on 350 7191.



| Day/Time           | Activity                  | Venue             | Contact       | Tel      |
|--------------------|---------------------------|-------------------|---------------|----------|
| Mon 6.00 - 7.30pm  | 39th Brownies<br>354 5873 | St Columba's Hall |               |          |
| Tues 6.00 - 7.30pm | 45th Brownies             | St Columba's Hall | Carol Gardner | 350 7191 |

