





Banners Gate & Parklands Community & Neighbourhood Forum

156th March 2022

bannersgateneighbourhoodforum.com

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I have decided to throw off the shackles of 40 pages and just include what I have been sent. Adjustments will have to be made for the printed version.

Following a recent enquiry, please note that the advertisements in this publication should not be taken as endorsements. They are included, when space allows, free of charge, to show the wide range of products and services that are on offer in Vesey ward and its environs. Many are single person ventures and a leg-up at the right time may be just what they need. From the reader's point of view, that's you, it gives you the opportunity to dip into the pages and possibly see a product, or a service, or an activity you never knew you needed, right on your doorstep and every one a stitch in the rich tapestry which is Sutton Coldfield. In this day and age, dealing locally is a good way to go, especially considering the price of fuel.

Talking of fuel, On 3 February, Ofgem announced the **Default Tariff Cap will rise by 54% from 1 April 2022, so it may be an idea to take meter readings on 31st March**

Tony

Driving and mobile use: https://www.bbc.co.uk/news/uk-60869941?at_medium=RSS&at_campaign=KARANGA

Please be reminded that this edition of Gatepost is in pdf format. If the text or photos are too small, you can enlarge them at least five times, if you are reading it on a phone or tablet, by placing two fingers on the screen and parting them to enlarge and bringing them together to shrink.



Rob Pocock: BOTHERSOME BINS AGAIN

It seems bin collections are never very far away from my job as a Vesey Ward Councillor and the period since Christmas has been no exception! It took a while for

the service to recover from the Christmas period when there was a planned gap in the service on the Mondays which were public bank holidays in lieu of Christmas Day and New Year's Day, which fell on weekends this year. Then there was the winter Omicron Covid wave which took a lot of crewmen out of action into January, with more services therefore missed. Then just recently, as the green waste service started up again at the end of February, there has been a wave of drivers quitting the dustcarts for better paid work on HGV freight lorries and home delivery trucks, which are 'snaffling' trained drivers from other services including Council bin drivers.

This has left the City Council service 17 drivers short, meaning 17 trucks have often simply been off the road. Normally the Council can plug the gap of staff leaving through hiring agency staff, but the same problem has affected them, so the Agencies are no longer supplying the Council with top-up drivers. The Council has been doing its own recruitment and training, it's quite a long job to complete the training and HGV2 qualifications, but five newly trained drivers started this week, and hopefully the whole block of 17

'missing' drivers will be replaced very soon. There seems to be a never-ending series of problems with the service but hopefully the latest recruitment steps should help. What we desperately do NOT need, is another spring Covid wave again!

MOBILE TIP TRUCKS ARE COMING BACK

One angle of the City Council's refuse service which has taken a positive turn, is the introduction of the 'mobile tip trucks' which are now turning up every few weeks at sites across the Sutton Vesey ward. The one held at Welshman's Hill before Christmas was very popular and the next truck visit is also coming to the Banners Gate area shortly. It will park up on Reay Nadin Drive in April – if you want advance notice when the date is fixed just drop me an email to rob.pocock@birmingham.gov.uk and I'll let you know when I know!

SUTTON PARK USERS PANEL

Finally just another thank-you to residents who have expressed interest in joining the Sutton Park Users Panel, to have a say on the future management of the Park. If you've not already let me know of your interest, just drop me an email and I'll add you to the growing list!



Alison Jolley: Commonwealth Games Triathlon Here's another chance to view this comprehensive map detailing the triathlon route for the forthcoming Commonwealth Games. As you are

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aware this event will affect all of us that live or work within Vesey Ward during the 29th and also the 31st July. The triathlon will start with a 750 metre swim at Powell's Pool before cycling a circuit through Boldmere high street and the adjoining roads, before heading back to Boldmere Gate via Monmouth Drive. Such a prominent race broadcast to millions over radio and T.V will certainly place Vesey Ward high on the map and give Sutton Coldfield a chance to show off its assets of Sutton Park and also the high street with its many individual shops and businesses that makes Vesey a unique place to live. As part of the small working party that organises the Sutton Coldfield Town Council floral displays I can guarantee a great floral display throughout the whole of Sutton. They will definitely be at the forefront of each and every media commentary during this auspicious occasion that our Royal Town is proud to host.

Alison Jolley. alison.jolley@suttoncoldfieldtowncouncil.gov.uk

BIRMINGHAM 2022

TRIATHLON: MEN, WOMEN AND PARA

GET SET
FOR THE
GAMES

28 JULY - 8 AUG

COURSE INFORMATION

Swim: 750m

Bike: 20km (4 laps of 5km)

Run: 5km (2 laps of 2.5km)

Location: Sutton Park

Date: 29 and 31 July 2022

*Para Triathlon falls on 31 July 2022

KEY

- Swim Route
- Cycling Route
- Running Route
- ★ Competition Venue



Kath Scott: Greetings Gatepost readers, I do hope you are all well.

We now have many Community Groups looking out for our green spaces across Vesey Ward. These include Friends of the Boldmere Spinney, Friends of Mossy Bank, Friends of Boldmere & Banners Gate. Now, we have residents interested in starting a Friends of Princess Alice Park... If you are interested in joining in, please get in touch.. kath.scott@birmingham.gov.uk

Secondary School places have now been allocated and we await the allocation of Primary Places in April. I have a lot of experience supporting residents with

admissions issues; if you have any queries or need support during these primary admissions round, please contact me kath.scott@birmingham.gov.uk

Finally, a reminder that any family facing challenges can now be supported through the Family Connect Scheme.

BCP has set up a voluntary sector Locality Lead and multi-agency staff from a range of services. The ten Locality Leads have close relationships with partners and communities, so they can help the whole family.

For example: provide family support, give advice and guidance including linking to food banks, connect families to the professionals

who can support them and coordinate the help, support early help assessments, connect families into the local community resources to help families to be more resilient, and give small grants for emergency food assistance.

This service has both professional and self-referral options. Therefore, if you feel that you or your family require any help and wish

to *connect to support* around a range of needs for all family members, get support for a child, or young person(s) you can fill out the Family Connect form. (link below).

www.localofferbirmingham.co.uk/professionals-and-education-settings/birmingham-childrens-partnership/birmingham-childrens-partnership-resources/

Cllr. Robert Pocock, rob.pocock@birmingham.gov.uk, tel: 0121 303 2039 (Labour Group Office), Council House, Victoria Square, Birmingham B1 1BB. Advice Bureau: Boldmere Library, 11.00 a.m. – 12.00 p.m. First Saturday of the Month.

Cllr. Kath Scott, kath.scott@birmingham.gov.uk tel: 0121 303 2039 (Labour Group Office), Council House, Victoria Square, Birmingham B1 1BB. Advice Bureau: Boldmere Library, LAST Thursday of each month from 2.00 - 3.00 p.m. at Boldmere Library.

Friends of King George V Playing Fields



Now that the weather is improving and, for better or for worse, we can move around freely, especially outdoors, we would like to return to normal with the playing fields.

For starters we would like to know how many supporters we have, how many originals we have lost and how many newbies we have to welcome. To that end, please get in touch either by email or phone so that we know the numbers and can go on to plan our activities. We have the

funds and the ideas, but more ideas are always welcome. So come and join us by putting in your few penn'orth and making a lasting difference for the field's users, which may well be you. Thank you.

Email bgatepost@gmail.com or call 0121 605 4947 or 07976 550 420.

Puns are a little like Marmite, you either love them or hate them—so here goes

1. I tried to catch some fog, but I mist.
2. When chemists die, they barium.
3. Jokes about German sausage are the wurst.
4. I know a guy who's addicted to brake fluid, but he says he can stop any time.
5. How does Moses make his tea? Hebrews it.
6. I stayed up all night to see where the sun went. Then it dawned on me.
7. This girl said she recognized me from the vegetarian club, but I'd never met herbivore.
8. I'm reading a book about anti-gravity. I can't put it down.
9. I did a theatrical performance about puns. It was a play on words.
10. At the hospital they told me I had type A blood, but it was a type-O.
11. A dyslexic man walks into a bra.
12. Class trip to the Coca-Cola factory-- I hope there's no pop quiz.
13. The Energizer bunny arrested and charged with battery.
14. The old man didn't like his beard at first. Then it grew on him.

The Queen's Jubilee 2022

In 2022, Her Majesty The Queen will become the first British Monarch to celebrate a Platinum Jubilee, seventy years of service, having acceded to the throne on the 6th February 1952.

Throughout the celebration year Her Majesty and members of the Royal Family will travel around the Country to undertake a variety of engagements to mark this historic occasion.

The focal point of the Platinum Jubilee celebrations will be the Jubilee Weekend in June 2022.

There will be an extended bank holiday from Thursday 2nd June to Sunday 5th June.

This Bank Holiday Weekend will provide an opportunity for communities and people throughout the United Kingdom to come together to celebrate this historic milestone.

Details of the official arrangements can be found at ;

<https://www.royal.uk/platinum-jubilee-central-weekend>.

But briefly the arrangements are as follows;

Thursday 2nd June

The Queen's Birthday Parade - **Trooping the Colour**. 1400 Soldiers, 200 Horses and 400 Musicians will parade from Buckingham Palace along the Mall to Horse Guards Parade.

There will be a number of Jubilee Beacons lit across the Country as well as in the Capital Cities of Commonwealth Countries.

Friday 3rd June

There will be a Service of Thanksgiving in St Pauls Cathedral.

Saturday 4th June

The Queen will attend the Derby at Epsom Downs.

Later there will be a Platinum Party at Buckingham Palace.

The BBC will produce a live concert to celebrate the most significant and joyous events in the Queen's seventy year reign.

Sunday 5th June The BIG JUBILEE LUNCH

People are invited to share friendship, food and fun with neighbours by holding local street parties.

Lunch can be big or small, with street parties, picnics, tea and cakes, barbeques.

The culmination of the Celebratory Weekend will be a Platinum Jubilee Pageant.

This will feature over 5000 people from across the United Kingdom and the Commonwealth and will be held against the backdrop of Buckingham Palace. The Pageant will feature Street Art/ Theatre / Circus/Carnival and costume.

I hope everyone in our Royal Town will get involved and start planning now for this wonderful occasion.

Cllr Terry Wood

Hello from St Columba's

Like many, I was very moved by a conversation I saw replayed on Twitter between, Ros Atkins and Lyse Doucet, both BBC correspondents who are reporting on the current war in Ukraine. Lyse responded to a question Ross asked about the golden dome that appears in the background as she continues to report from Ukraine.

"Ah yes, Lyse replied, "isn't it beautiful? It's St Sophias, where the bells ring out. When we used to have another position, it was St Michaels Cathedral, absolutely beautiful.

And before the invasion these glittering domes used to be golden and they lit up the night in this city. But I have to tell you, the bells of St Michaels still chime on the hour, the bells a reassuring, on the clock, message across this city that all that is not lost and that perhaps someday this country will resume its rhythms and rituals.

Every time I hear the bells of St Michael it reminds me of another time, and it sends a message right across this country. Because across this country, the monasteries that are still standing, the bells, the bells they toll for Ukraine."

Lyse's words have stayed with me all week, they have reminded me of the need for hope. If those ringing the bells at St Michaels can hold to hope, even in the most horrific of circumstances, then so can we.



Lent and Easter

at St Columba's Church
Banners Gate

*Sunday morning
service*

Every Sunday at 10 am

*Palm Sunday:
10th April*

Special service at 10 am

*Maundy Thursday:
14th April*

A reflective candlelight service
of communion at 8 pm

*Good Friday:
15th April*

'Waiting at the Cross':

An hour of quiet prayer and
reflection
from 2 pm

*Easter Sunday:
17th April*

Celebrating Easter Day at 10 am

At St Columba's we often describe Lent as a time of 'waiting in the wilderness.' Lent gives us time to reflect, to grieve, to rage, to hope, to be honest with God (ourselves as well!) and throughout it all to trust that we are not alone.

And the wonderful thing about Lent is that we know it will end with Easter celebrations. We already know the end of our story, the resurrection of Jesus gives each one of us the promise of new beginnings, a new life and a fresh start.

So, this year we will be honouring our Lent and Easter rhythms and rituals; remembering that many others around the world are currently unable to do so. As ever, you are most welcome to join with us.

Revd Beccy: vicar.bannersgate@gmail.com

0121 354 5873

www.stcolumbasbannersgate@gmail.com

The latest updates from our school:



Welcome to the latest round up of what is happening in our wonderful school. We've had a busy and productive start to the new half term! World Book Day, Aston Villa football fixtures, the building of our swimming pool on site and our first school plaque. You can read all about it in this edition.

As we charge towards Easter, we are very excited to be inviting parents into school for a number of face-to-face events. We know it has been a long time since parents have seen inside our school and we are hoping they will love the many improvements that have happened during the past two years.

Mrs Middleton, Head of School



Follow us on twitter @SuttonParkPri

Calendar events and dates:

Tuesday 22nd March: Parents evening Y3, Y4, Y5, Y6

Thursday 24th March: Parents evening EYFS, Y1, Y2

Friday 25th March: Mother's Day celebrations (letters from year groups will follow)

Tuesday 29th March: Values-themed day BELIEVE Rock Kide visit. (All year groups)

Thursday 7th April: Easter bonnet parade (EYFS to Y3, 9:15am Dahl playground) and egg decorating competition (Y4 to 6, Junior hall, 2:30pm)

Friday 8th April: House point celebration-bouncy castle party for all classes in the winning house.



Our new school menu:

Our new menu is a real success with more children selecting to eat in school this term than we've had before.

To further showcase our new menu and the delicious food our kitchen team are working hard to create each day, we are offering tasting events on each of our parents' evenings next week. Please head to our school canteen to sample some for yourself!

The menu can be accessed here:

http://www.suttonparkprimary.co.uk/images/Newsletter_16.2.2022.pdf



A swimming pool arrives at Sutton Park Primary:

You may have noticed a large white marquee on our Rowling playground. This is our temporary swimming pool that Y5 will be using for swimming lessons in the next two weeks.

This is a new approach to delivering swimming provision which is being used across all of our Trust schools this academic year. We have found that daily access to the pool for a concentrated period of time has led to greater success and increased progress for our swimmers!



Our first school award:

On Monday 14th March, Mrs Middleton, Mrs Holder and four prefects attended a special award ceremony at the Botanical Gardens. This was to receive our 'Health for Life' award, in recognition of our commitment to outdoor learning, mental/physical health, growing and healthy eating.

It was an extra special occasion as this is the first award Sutton Park Primary has achieved. We hope it will be the first of many!

A huge well done and thank you to Angelica, Harry, Jody and Lennon who were superb ambassadors for our school.



World Book Day:

Thank you to everyone for approaching WBD with such high levels of enthusiasm! It was wonderful to have a real 'buzz' for reading in school all week. Every year groups joined in with our whole-school text 'Zeraffa Giraffa' and had lots of fun completing reading challenges for Miss Simpson's Golden Ticket draw. Congratulations to all of our winners!



- BELIEVE - INSPIRE - ACHIEVE



St. George's Day

QUIZ



Calling all Quizzers! Banners Gate Community Association's

St. George's Day Quiz with Fish & Chip Supper

has been a casualty of Covid for the last two years,
but if there is sufficient interest, it may revive!

Possible dates under consideration are

Saturday 23rd April or Saturday 30th April.

If we go ahead, tickets would be **£8 each** and would include
**fish supper, all condiments, rolls and butter, and unlimited tea
and coffee.**

Proceeds towards community celebrations of the Platinum
Jubilee.

To express interest, call Tracy on **0780 329 3351.**

To warm you up, here are ten song titles in which the missing word is a number.

1. _____ street.
2. _____ minutes from Broadway.
3. _____ tears.
4. The night has a _____ eyes.
5. Oh! You _____ dollar baby.
6. No! No! A _____ times no!
7. On a bicycle made for _____.
8. _____ night of love.
9. Route _____.
10. _____ trombones.

Answers on page 30

Commonwealth Games Update

Day 1
Friday 29th July

Men's Individual
Women's Individual

Day 2
Sunday 31st July

Men's Para
Women's Para
Mixed Team Relay

Familiarisation 1
Wednesday 27th July

Rolling road closure

Familiarisation 2
Saturday 30th July

Rolling road closure

In the last issue of Gate Post, I was able to let you all know about the route for the Triathlon, the designated walking routes from train stations for spectators and a general overview. In this month's issue, I'm able to give you a bit more information. As you will see from the graphic, the Triathlon takes place on Friday 29th July and Sunday 31st July. The triathletes will also be out cycling the route for familiarisation on Wednesday 27th July and Saturday 30th July. There will be 2,000 ticketed spectators at Boldmere Gate on each of the Triathlon days and an estimated 20-30,000 non-ticketed spectators, most of whom will be around the cycling route.

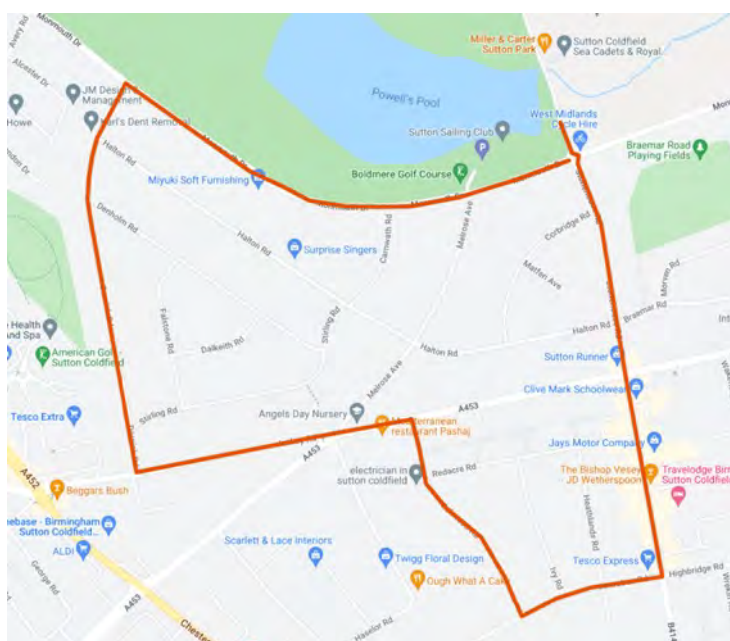
If you've not seen a Triathlon before, then the graphic below will help to understand

what each athlete will endure:

Elite Men	Swim 750m, Cycle 20km, Run 5km
Elite Women	Swim 750m, Cycle 20km, Run 5km
Para Triathlon – Men and Women	Swim 750m, Cycle 20km, Run 5km
Mixed Team Relay	Swim 300m, Cycle 5km, Run 2km by each team member

The mixed team relay is expected to be a particularly spectacular event with elite men, women and visually impaired men and women forming a team of 4. For the cycling route, each of the 4 athletes will complete one 5km circuit around the streets of Boldmere.

The graphic below shows the cycling route in detail:



Cycling route:
Stonehouse Road
Boldmere Road
Antrobus Road
Oakwood Road
Jockey Road
Darnick Road
Monmouth Drive

4 x 5 km
loops

4 laps per
athlete / 1
per athlete
for relay

Total 20km

Continued ...

This once in a lifetime event where Boldmere is on the world stage will inevitably cause some disruption. I can now share with you an overview of roads that will be affected by road closures and other restrictions.



All roads on the Triathlon route will be closed. In addition to this, the roads highlighted in red will also be closed:

Other closed roads:

Boldmere Road (part)
Carnwrath Road
Corbridge Road
Dakeith Road
Denholm Road
Falstone Road
Fir Tree Grove
Gate Lane
Halton Road
Heathlands Crescent
Heathlands Road
Highbridge Road (at Wrekin Road)
Ivy Road
Matfen Avenue
Melrose Avenue
Monmouth Drive (part)
Redacre Road
Stirling Road
Union Drive

All residents in these roads will be contacted and given details of how to apply for a permit to exit their road before and after the events. Emergency services will still have access and registered carers will be able to gain access by showing their ID. Residents will need to apply for permits for non-registered carers.

The roads marked in blue will have a similar permit scheme in place and the roads marked in orange will have a no stopping restriction in place:

Permit access only:

Monmouth Drive
(between Stonehouse Road & Somerville Road)
Morven Road
(between Monmouth Drive & Roxburgh Road)
Stonehouse Road (Boldmere Gate)

No stopping:

Braemar Road
(between Roxburgh Road & Somerville Road)
Jockey Road
(between Somerville Road & Birmingham Road)
Roxburgh Road
Somerville Road
(between Jockey Road & Braemar Road)

Continued ...

... continued

There will be a diversion that runs from the Chester Road North at Banners Gate, along Chester Road, then Birmingham Road at The Yenton, through to Jockey Road at The Horse and Jockey. As locals, you will of course be able to work out some of the quicker routes that avoid the junctions at Chester Road Baptist Church and The Yenton, or you'll be leaving your car on the drive and enjoying the fun of the Triathlon.

In future updates, I'd like to let you know about exciting projects that will be delivered through Commonwealth Games funding, details of how you can brighten up your front gardens to celebrate the Commonwealth Games, the Queen's Baton Relay and further details relating to times and restrictions for those affected by road closures.

To stay up-to-date with information about the Commonwealth Games and other news in Boldmere, please sign up to our newsletter at www.boldmere.org/newsletter and if you would like to volunteer to join our Commonwealth Games working party then please drop Paul Long an email to paul@boldmere.org indicating how you think you could help with preparations and how you could help on Triathlon days.

Here's the quiz for all the family. Every fourth question starts a different subject starting with General Knowledge, then Sports, Music, Films/TV, History, Science. Answers on page 30.

1. What is the world's largest land mammal?
2. Rio de Janeiro is a city in which South American country?
3. Which Middle Eastern city is also the name of a type of artichoke?
4. With which sport is Silverstone most associated?
5. The traditional Claret Jug is the trophy awarded to the winner of which annual sporting event?
6. Who, in 1991, became the first driver to win the first four races of a Formula One grand prix season?
7. Which former England football international goalkeeper of the 1940s became a journalist and was killed in the Manchester United Munich air disaster?
8. Tennis. The two girls who won the women's doubles for the USA at the 1992 Olympic Games had the same surname. What name?
9. 'With the lights out, it's less dangerous. Here we are now, entertain us.'
10. 'Love forever, love is free, let's turn forever you and me. Windmill, windmill for the land. Is everybody in?'
11. 'Rent a flat above a shop, cut your hair and get a job. Smoke some fags and play some pool, pretend you never went to school.'
12. 'You must understand though, the touch of your hand makes my pulse react.'
13. Which British actor died whilst still filming his supporting role in Ridley Scott's Gladiator?
14. 'The Godfather' was released in 1972; who played the title role?
15. What is the name of the villain in the first Superman movie (1980) played by Gene Hackman?
16. Which British actor won a Golden Globe and an Emmy for his work in the HBO drama series 'Homeland'?
17. 1 August 1990 saw 100,000 Iraqi troops invade which neighbouring state, sparking off the first Gulf War?
18. On 19 August 1968, Soviet tanks rolled into which country?
19. In which month of which year did the Japanese bomb Pearl Harbour?
20. Which empire, led by which charismatic general, conquered a vast part of Europe (Hungary, most of Ukraine, much of Germany and Poland and parts of the Balkans) in the fifth century, before the empire dissolved just as quickly after the death of the leader?
21. Roughly what proportion of their DNA do humans and chimpanzees share: 77%, 92% or 98.5%?
22. What name is given to a biological process that sets itself naturally to a 24 hours cycle?
23. Which side of the brain would be mostly used to evaluate whether a new wardrobe fits into the space available in a bedroom?
24. What was the name of the spaceship from which the final lunar landing took place and in which year was it?

Work has started on [Sutton Coldfield Charitable Trust's](#) almshouses, which are undergoing an £850,000 refurbishment to upgrade bathrooms and kitchens.

The almshouses, which are a mix of bungalows and flats, are located at Lingard House in Walmley, Sutton Coldfield and are designed for older people, currently housing 52 residents.

The two-year project, which has been fully funded by the Trust, will see the refurbishment of 24 homes completed by the end of June. The second phase of renovation of 22 homes will start in 2023.



As we approach Easter, I am mindful of a true story regarding a five-year-old grandson. Grandma was looking after the three grandchildren over the Easter weekend, and had organised activities to entertain them



all. She was brilliant with them, and had them making Easter bonnets and painting eggs, helping her baking hot cross buns along with storytelling about Easter and its meaning. The following week Grandma asked her young grandson what he remembered about Easter. His reply after some deep thought was "Jesus dies on the Friday and comes back as a hot cross bun on Monday" Out of the mouths of babes eh!

Another true story involved a friend's five-year-old grandson. One Friday the child came downstairs for breakfast along with his older brother. The older brother had the day off due to a teacher's training day so had no uniform on, the younger brother also no uniform. His Mother said to the young son, why haven't you got your school uniform on. He replied "Same as my brother Mom no school today" she immediately told him "you're at a different school go and get your uniform on nice try " He stormed off in a huff and was taken very reluctantly to school by his Mom.

On picking him up from school she reported to her husband later that evening that she had a very grown-up conversation with their son when he came out of school and sat in the car.

She said "*Well how did you get on at school today*" his reply, bearing in mind he was only five-year-old, he said in a matter-of-fact tone "*I have had the worst day of my life; I hope when I get home, I have a more pleasant evening*"

She was so shell shocked she had to choke you back the laughter. On a later occasion she was scolding him saying "*Who do you think you are*" his reply "*I am Jake, and you are my Mother*"



Eric Jones March 2022

Ed's (California) and friends' thoughts

1. When one door closes and another door opens, you are probably in prison.
2. To me, "drink responsibly" means don't spill it.
3. Age 60 might be the new 40, but 9:00 pm is the new midnight.
4. Remember, if you lose a sock in the dryer, it comes back as a Tupperware lid that doesn't fit any of your containers.
5. The older I get, the earlier it gets late.
6. When I say, "The other day," I could be referring to any time between yesterday and 15 years ago.
7. I remember being able to get up without making sound effects.
8. I had my patience tested. I'm negative.

My wife yelled from upstairs and asked, "Do you ever get a shooting pain across your body, like someone's got a voodoo doll of you and they're stabbing it?"

I replied "No..."

She responded: "How about now?"

Waiter: "How do you like your steak, sir?"

Sir: "Like winning an argument with my wife."

Waiter: "Rare it is!"

It's my wife's birthday tomorrow, she's been leaving jewellery catalogues all over the house, so I've bought her a magazine rack



Gentleman, want to make your lady feel special? Place her picture in the kitchen, and write employee of the month. She'll love it!

Follow me for more relationship tips



How does a hippie polygamist count his wives?
1 Mrs. Hippie, 2 Mrs. Hippie, 3 Mrs. Hippie...



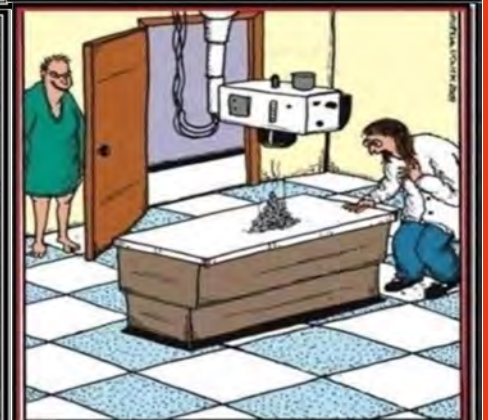
Can I ask you about the menu please?



The men I please is none of your business.



RELAX... AFTER FOUR MONTHS OF SLEEP, I'M ONLY AFTER YOUR COFFEE...



Having dumped the bag of ashes on the table, Stew hid behind the door and waited for the X-ray technician's reaction.

ME: ALEXA, REMIND ME TO GO TO THE GYM.

ALEXA: I HAVE ADDED GIN TO YOUR SHOPPING LIST.

ME: CLOSE ENOUGH.

If your woman grabs a knife while arguing, grab the mayonnaise. Her female instinct will kick in and she'll make you a sandwich.



"All the other women in the office are suing you for sexual harassment. Since you haven't sexually harassed me, I'm suing you for discrimination."

Views of some of the news through Hazel's WhatsApp messages.



Attention of passengers: This is your new captain. Will anyone who knows where Catala is please come to the pointy end of the boat?



6years in an Iranian prison and she comes home to this

07:12

Closing down
sale at Chelsea
FC
Everything
Moscow





Shakespeare *in* Sutton

FOLIO'S FUN FESTIVAL FOR ALL

PRESS RELEASE

For immediate release

Shakespeare in Sutton - FOLIO's fun festival for all

Shakespeare in Sutton - FOLIO's fun festival for all Sutton Coldfield residents will get a rare opportunity to see a world treasure, first-hand and on their doorstep as part of a special arts festival in April 2022: FOLIO Sutton Coldfield will be hosting an event in Sutton Coldfield Library to see an original Shakespeare First Folio, and one that belongs to the people of Birmingham, the first collected works of William Shakespeare, published 399 years ago. Appropriately, this takes place on the Bard's birthday, April 23!

This is just one of more than 20 events in 9 different venues around the town across April as part of Shakespeare in Sutton, FOLIO's fun festival for all (<https://shakespeareinsutton.org.uk/>). With film showings and the chance to meet Falstaff, music performances and a newly commissioned map of Sutton in the time of Shakespeare, spoken word and street theatre, community group collaborations, costumes, competitions, local history events and online literature talks there really is something for everyone.

Booking is now open for all events and activities (9 -30 April) which require booking (some events are drop-in). Over 400 free tickets for different events were booked in the first weekend after publishing the full programme.

Shakespeare's First Folio is being displayed thanks to FOLIO's collaboration with the 'Everything to Everybody' Project, an ambitious celebration of one of the UK's most important cultural assets: the vast Shakespeare Memorial Library housed within the Library of Birmingham.

Continued.....

Birmingham's copy of the First Folio is unique because it is the only one bought with the aim of improving people's lives through culture and education. It was purchased in 1881 for all the people of Birmingham - no matter their background, wealth or occupation and with the First Folio Tour the Everything to Everybody project wants to take this resource to as many people as possible. The First Folio's first outing is to Sutton Coldfield Library. It is then touring across Birmingham over the next two years with stops at a range of locations including the Black Country Living Museum, Sense Touchbase Pears, Selly Manor, Highbury Hall, Gap Arts and The Hive in the Jewellery Quarter. The Folio will visit more locations in 2023.

In order to ensure as many people as possible can view the Folio, which will be open on the page of Henry IV part 1 which mentions Sutton Coldfield, people are advised to book a timed slot to visit Sutton Coldfield Library on April 23. That day will also see historical dance and music performances, a family puppet making session, a display of costumes from the Royal Shakespeare Company and other activities suitable for all ages to have fun with Shakespeare.

The streets of Sutton will also be coming to life on April 23 with walking performances, full of surprises, of the specially commission 'Shakespeare Undone' but the Natural Theatre Company.

FOLIO's festival kicks off on April 9 with creative writing and spoken word performance workshops in Sutton Coldfield Library, with participants able to take open mic slots at Mouthpieces, a spoken word special in Highbury Theatre, on April 29, with headliners including Jemima Hughes and Dreadlock Alien.

A brand new map of Sutton in the time of Shakespeare by Sutton Coldfield born children's book illustrator John Shelley will be on display in the Gracechurch Centre, whilst local expert Dr Mike Hodder will give a talk (Holy Trinity Church, April 20) and a guided walk (meeting at Vesey Gardens, April 30) on the same topic.

Shakespeare experts Dr Simon May and Ella May McGrail will be giving online talks about different aspects of the plays of the greatest writer in English. Local theatre groups The Highbury Players and Raw Talent Youth Theatre will be performing their own takes on the bard. Sutton Coldfield Movie Maker's brand new feature film, Falstaff - a Naughty Knight in Sutton Coldfield - will receive its premier during the festival.

Liz Parry, FOLIO Trustee, said: "Although the main focus is Sutton library, one of the lovely things about the festival is that events are happening in several different places, giving people an opportunity to see parts of our town that they may not have visited before."

Jenny Wilkinson, FOLIO Trustee said: "I am particularly excited by the wide range of different activities we have on offer - written and spoken word, art, music, dance, drama. There really is something for everyone."

Noran FLYnn, FOLIO Trustee said: "The Shakespeare festival is bringing a range of exciting activities to Sutton Coldfield that will be accessible to everyone. It is amazing to think our town featured in Shakespeare's writings and that we are now celebrating that in 2022 !"

The full festival programme can be found at <https://shakespeareinsutton.org.uk/>

FOLIO Sutton Coldfield is very grateful to all our funders of the festival, in particular the Royal Sutton Coldfield Town Council.

Images available at https://drive.google.com/drive/folders/1cVtG_lkVYWJ_GVBFR2aMEf2caa0q9uQ5?usp=sharing.

1. Shakespeare in Sutton Logo
2. The First Folio held by the Shakespeare Memorial Library (please credit: Everything to Everybody)
3. Gloriana Living History
4. Passamezzo (please credit: Eric Richmond)
5. Raw Talent Youth Theatre
6. Film poster for Falstaff - a Naughty Knight in Sutton Coldfield (please credit: Sutton Coldfield Movie Makers)



Vacancies...

If you have a couple of hours to spare, once a month, to attend our friendly local meetings, and discuss ways to make a difference in our community, we would love to hear from you. You may have expertise such as IT, or just enthusiasm to support our team, which will be great, especially now Covid restrictions have been lifted for us all.

Contact the secretary at: P.Brown148@btinternet.com

Also, look out for our next PUBLIC MEETING, which we are delighted can now resume, face to face, with our friends and neighbours, as before, in our Community Hall, Emscote Drive, Wylde Green, 673 SNE. It will be good to see everyone again and share community matters, hopefully this May, date to be arranged. Watch *this space*.

Here are other areas of Birmingham. where are they?

1. Monarch not sitting. 2. Leader of the Blackshirts. 3. On the roof and angry.
4. Pear drink in a pub. 5. Frozen rain is on an incline. 6. Untamed and colourful.
7. Sounds like all the food was left (near Brum). 8. A little Tory Prime Minister.
9. Colourful land drain. 10. Where teddies have their picnic. 11. Sounds seriously unwell.
12. Entrance or stately home with colour. 13. Condiment with a meadow.
14. Brick fence for everyone. 15. Openly or a name clearly spoken.
16. The cost of five fingers and a palm. 17. Incline after a fiery particle.
18. A compass point will find this pasture. 19. An ancient blackcurrent.
20. Blood sucking meadow.

Kingstanding Moseley Tilecross Perry Barr Snowhill Wylde Green Nuneaton Small Heath Redditch
Bearwood Gravelley Hill Hall Green Salford Walsall Frankley Handsworth Sparkhill Northfield Oldbury Lichfield

Answers

Fantastic beasts and where to find them

[Amazing wildlife](#) >

This week, discover some of the amazing wildlife that makes its home on RSPB nature reserves.

Meet the ultra-marathon flyers, Arctic terns, that fly from Antarctica to the Arctic and back again every year. Find out how one nest site went from zero birds one year to almost 3,000 the next.

Or read about the gentle giants who go to extraordinary lengths to care for their babies and get to know the fen raft spiders that live on RSPB Strumpshaw Fen in Norfolk.

It's thanks to supporters like you that we're able to manage these special places for nature, giving a home to over 18,500 species.

So, enjoy a taste of our latest Wildlife on Nature Reserves report and marvel at some wonderful creatures.



Siân Duncan
Notes on Nature editor

[Wildlife to wow you](#) >

Which?



15 ways to cut fuel costs

With petrol, diesel and electricity prices all at record highs, making the most of whatever fuel powers your car is more important than ever. While avoiding expensive petrol stations is a good way to reduce the cost of filling up, you can also save by making small changes to how you drive. We've put together our top tips to improve your car's efficiency and cut your fuel costs.

Scam Alert service

12 emerging fraud threats to watch out for

A recent Office for National Statistics report shows that fraud now accounts for 40% of all crimes recorded.

Scammers have exploited our fear and confusion, whether by impersonating the government to offer fake Covid-19 grants, setting up fake NHS websites to steal card details, or posing as delivery companies to target online shoppers.

We reveal what [the latest data from Action Fraud tells us about fraudsters' tactics](#) and the 12 emerging threats we all need to watch out for.

A WhatsApp message asked for money, but it was a scam

One parent was conned out of £3,600 in the WhatsApp impersonation scam. Even after several weeks spent investigating, their bank initially refused to refund them. But we thought that shouldn't be the end of the matter.

This story shows what a lottery the reimbursement process can be for scam victims, even with the voluntary code designed to protect them. We also explain [how to get your money back](#) from your bank if you've been deceived.



Fake Currys emails

Two emails purporting to have been sent by Currys have been confirmed as fakes by the retailer. As wonderful as it would be, Currys isn't offering you a £500 voucher or a free Dyson V11 to 'reward your feedback'.

Rather, it's an attempt to send you through to third-party sites that will likely eventually request sensitive information. [Here's what they look like.](#)

Royal Mail chatbox scam

Scammers have stepped up a gear in what is a new twist on delivery scams where the perpetrators create fake chatbots that sneakily sign victims up for expensive monthly subscriptions. It starts by sending phishing emails impersonating Royal Mail that invite you to 'start a chat' to trace or reschedule a delivery.

The fake Royal Mail chatbot is plausible as it lists a delivery tracking number and shares an image of a parcel, explaining that the 'label was damaged', to convince you to reschedule the delivery.

Read more about [how the chatbox scam works](#), who's behind it and how to protect yourself.

There's now a much easier way to make us aware of scams directly with our [scam sharer tool](#). Tell us your experiences of phishing emails, fake texts, cold calls and other types of fraud.

Stay safe,

Which? scam alert team

PS Please share this information with your friends, family and neighbours – anyone who may find it helpful. Alternatively, they can [sign up here](#) to receive this directly to their inbox.

VOLUNTEERS WE NEED YOU!

At the gap* we exist to engage, identify and invest in the lives of marginalised young people in Sutton Coldfield and surrounding areas. We look to step into the gap between exclusion and acceptance, between apathy and hope. We seek to demonstrate that actions really do speak louder than words.



SEE WHAT OUR YOUNG PEOPLE HAVE TO SAY

- "We love the gap* because it keeps us off the streets otherwise we would be hanging on the streets"
- "We get to see our friends, have fun playing games and get the best hot chocolates!"
- "They have amazing, caring staff! They are just brilliant and so nice!"
- "They always encourage us to do the best things in life, its like they are always looking out for us."
- "Recently they have really encouraged me to go to school, because I haven't been going for a while."
- "We love the gap* because it keeps us off the streets otherwise we would be hanging on the streets"
- "We get to see our friends, have fun playing games and get the best hot chocolates!"
- "They have amazing, caring staff! They are just brilliant and so nice!"
- "They always encourage us to do the best things in life, its like they are always looking out for us."
- "Recently they have really encouraged me to go to school, because I haven't been going for a while."



WANT TO GET INVOLVED?

We are looking to expand our wonderful gap* family! Are you passionate about young people and want to make a difference in their lives? There are a number of projects that you might want to get involved in!

HEADSPACE

Headspace is a support network for young people aged between 11-22 who may be experiencing issues with their mental health. Via our trained volunteers, we offer one to one sessions at times to suit them. The majority of this work happens in school.

VENUE

The Venue is our drop-in centre for young people aged 13-19. It is open every Monday, Wednesday and Friday, from 3:30-5:30pm. It is a space where young people can come and hang out, meet others, chat, receive free hot chocolate, play some games and access support.

OUTTHERE!

Out There! is the gap's street and outreach project. We look to be a regular street presence, engaging with young people and working in partnership with local community, council, Police and any other youth providers in and around the town.

CONTACT US

**WE WOULD LOVE TO HEAR
FROM YOU!**



gap.huboffice@gmail.com



@thegapcharity.suttoncoldfield



@thegapsuttoncoldfield



SUNDAY 27TH MARCH FRIDAY 1ST APRIL 2022 SATURDAY 2ND APRIL FRIDAY 8TH APRIL 2022



SAT 9TH APRIL 2022 THURSDAY 14TH APRIL SATURDAY 23RD APRIL APRIL - SUNDAY 1ST



Sutton Coldfield Town Hall is the NHS vaccination centre in Sutton Coldfield. On this page, you will find important information and frequently asked questions about the new

vaccination centre.

Sutton Coldfield Town Hall is working in-line with the NHS to keep this page accurate and up to date. The centre is run by the [Sutton Coldfield Group Practice](#) and operates in The Bedford Suite past the Clock Tower. The Group practice also offers Flu jabs by appointment to eligible patients.

For all information from the NHS website please [click here!](#)

The NHS will let you know when it's your turn to be vaccinated. It's important not to contact the NHS for a vaccination before then.

The new dates for April were not available. So to book online call 119 or go to: <https://www.nhs.uk/book-covid-booster>. For walk-in go to: <https://www.nhs.uk/vaccine-walk-in>



SUPPORT US

On the 3rd April 2019, Royal Sutton Coldfield Town Hall was transferred back to the people of Sutton Coldfield and gave management of the building to Royal Sutton Coldfield Community Town Hall Trust. Now a fully-fledged charity-run venue, with your support we can continue to transform and build Royal Sutton Coldfield Town Hall back to its former glory...

[Book online](#) or Box Office 0121 355 5355. Mon, Tues, Thursday, Fri. 7:30 - 9:00.



26TH MAY - 4TH JUNE 2022

COMPANY

A MUSICAL COMEDY

music & lyrics by
STEPHEN
SONDHEIM

directed by
EMILY ARMSTRONG
& DEXTER WHITEHEAD

book by
GEORGE
FURTH



It's modern day New York and Bobbie is turning 35. Surrounded by best friends, who are all "happily married" or soon to be; this is a time to contemplate the future. This hilarious musical comedy provides a sneaky peak into other people's marriages, the pros and cons of relationships and commitment and asks us to consider what life is really about, without love.

Written by George Furth

Music & Lyrics by Stephen Sondheim

Directed by Emily Armstrong & Dexter Whitehead

Box Office: 0121 355 5355

Email: info@suttonartstheatre.co.uk

[HOME](#) [ABOUT US](#) [BOOKING](#) [JOIN US](#) [LINKS](#) [PRODUCTION REVIEWS](#)

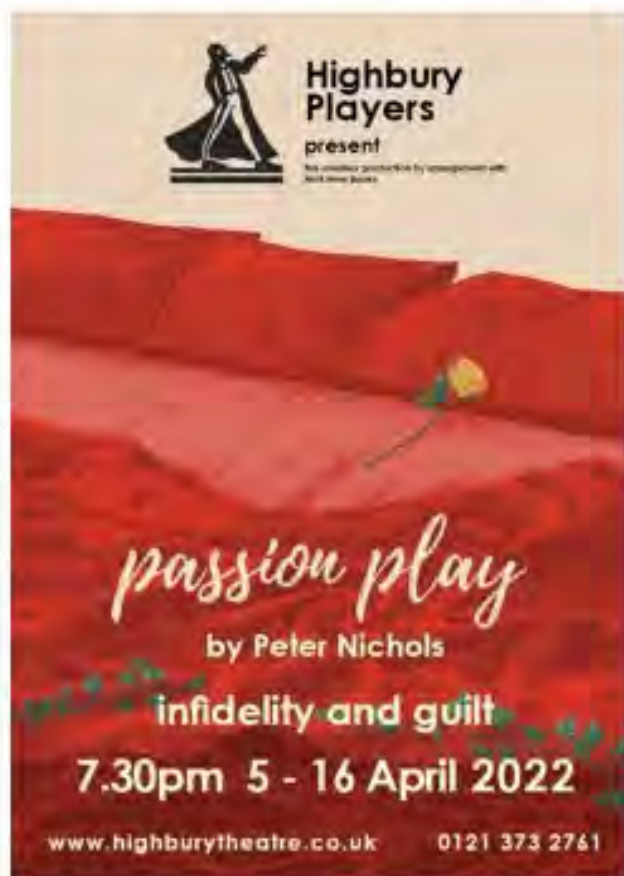
DO YOU KNOW THAT FOR EACH PRODUCTION WE DO IT TAKES A MINIMUM OF

15 VOLUNTEERS PER NIGHT... AND THAT DOESN'T INCLUDE THE ACTORS!

Acting, Directing, Musical Theatre, Backstage, Stage Management, Props, Set Building, Maintenance, Bar, Box Office, Coffee/Programme Selling, Sweets, Costume & Dressmaking, Front of House, Fundraising, Publicity, Lighting, Sound

IF YOU ARE A MEMBER AND ARE INTERESTED IN HELPING US WITH ANY OF THE ABOVE PLEASE LET US KNOW.

What's on next at Highbury Theatre?



Macbeth

10 April 2022 Start time 7pm
Released 2015, duration 1h 53m, certificate 15
Bold and fearless with strong central performances, shown as part of the FOLIO Sutton Coldfield Shakespeare in Sutton festival.

Tickets available from Highbury Theatre Box Office, Sheffield Road, Sutton Coldfield, B73 5HD
tel: 0121 373 2761 or book online via [TicketSource](https://www.ticketsource.co.uk)



Passion Play

5-9 & 12-16 April 2022

Start time 7.30pm

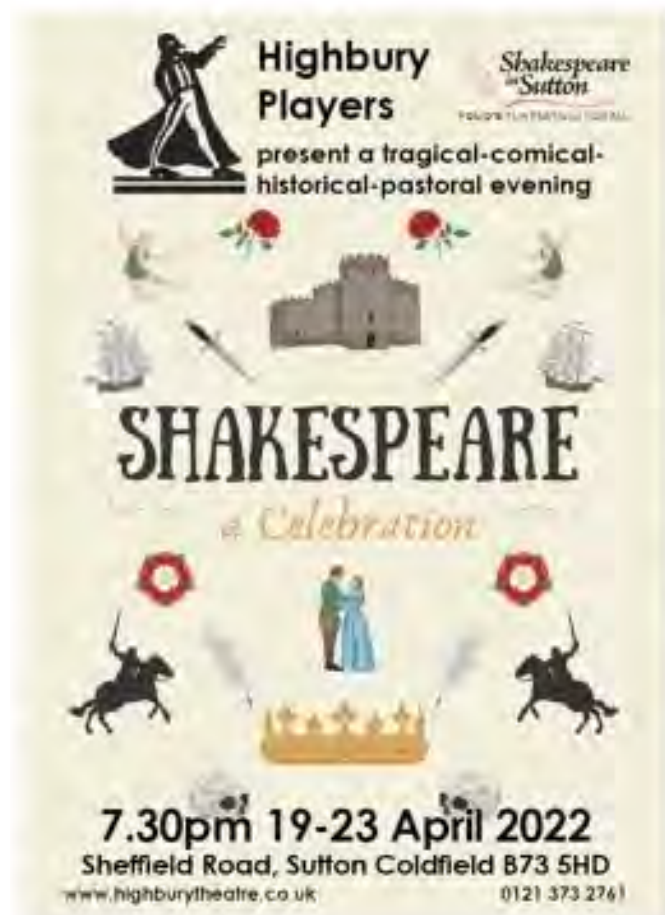
Gripping emotional drama about infidelity and guilt. We see into the minds of Eleanor and James through their on-stage alter egos, Jim and Nell.



<http://highburytheatre.co.uk/>

Follow us on [Facebook](#),
[Instagram](#), [Twitter](#)

What's on next at Highbury Theatre?



My Left Foot

7 May 2022 Start time 7pm

Released 1989, duration 1h

43m, certificate 15

The true story of Christy Brown, born with cerebral palsy. He learns to paint and write with his only controllable limb.

Tickets available from Highbury Theatre Box Office, Sheffield Road, Sutton Coldfield, B73 5HD
tel: 0121 373 2761 or book online via [TicketSource](https://www.ticketsource.co.uk)



Shakespeare: a Celebration 19-23 April 2022

Start time 7.30pm

A marvellous mixture from a variety of Shakespeare's plays and sonnets, culminating with a romp through Hamlet.
(Rehearsed reading)



<http://highburytheatre.co.uk/>

Follow us on [Facebook](#),
[Instagram](#), [Twitter](#)

Musicals, Main House

Joseph and the Amazing Technicolor Dreamcoat

Tue 5 Apr – Sat 16 Apr

Tickets from £30

[Book Now](#)

**JOSEPH
AND THE
AMAZING
TECHNICOLO
DREAMCOAT**
LYRICS BY
TIM RICE
MUSIC BY
ANDREW LLOYD WEBBER

**ALEXANDRA
BURKE**
AS THE NARRATOR

**JASON
DONOVAN**
AS PHARAOH

**JAC
YARROW**
AS JOSEPH



THE NEW LONDON PALLADIUM PRODUCTION

Family & Pantomime, Patrick Studio

Dear Zoo Live!

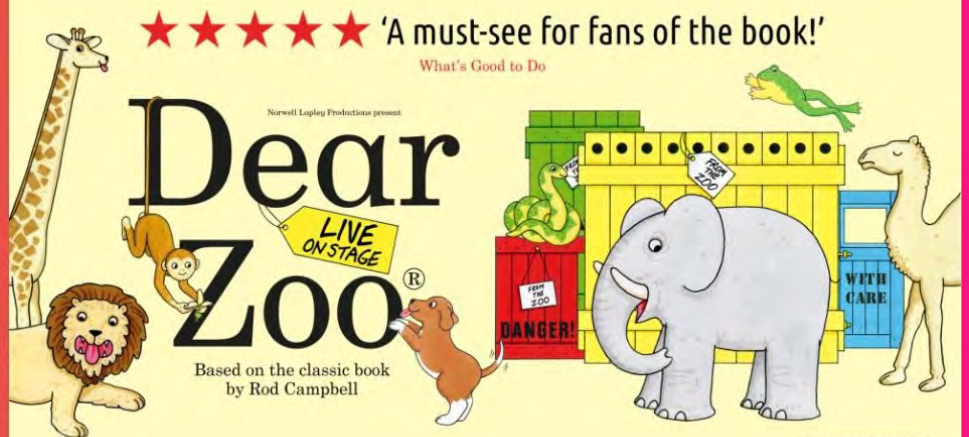
I wrote to the Zoo to send me a pet and they sent me a...

Wed 6 Apr – Sun 10 Apr

Tickets £16

[Limited Availability](#)

[View Trailer](#)



Drama, Main House

The Curious Incident of the Dog in the Night-Time

Based on the novel by Mark Haddon and adapted by Simon Stephens

Tue 29 Mar – Sat 2 Apr

Tickets from £24

[Book Now](#)

[View Trailer](#)



Courses & Talks, Main House

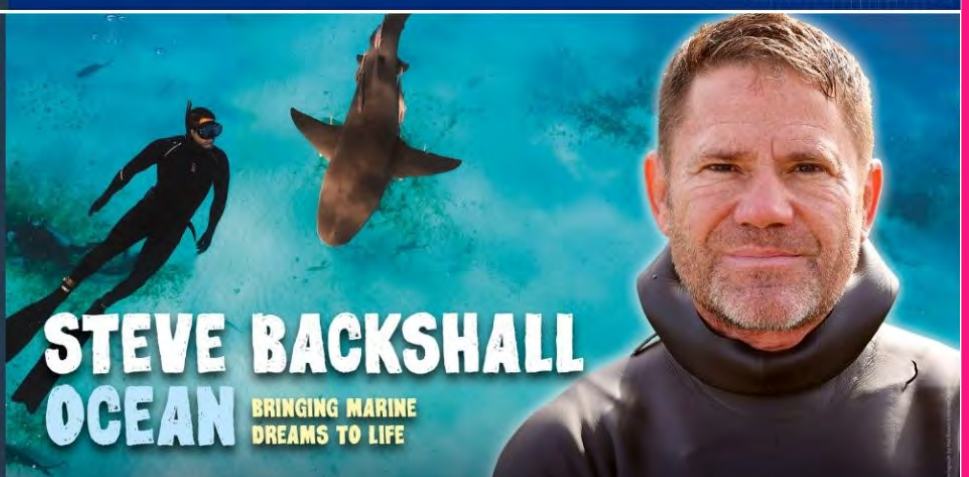
Steve Backshall - Ocean

Making a splash at the Hippodrome

Sun 17 Apr

Tickets £30

[Book Now](#)



Opera, Main House

Welsh National Opera - Jenufa

A heart-wrenching tale of hope, love and despair

Wed 20 Apr

Tickets from £22.50

[Book Now](#)

WNO

Welsh National Opera

Jenufa
Janáček

Opera, Main House

Welsh National Opera - Don Giovanni

Playing with fire will burn you in the end

Thu 21 Apr – Fri 22 Apr

Tickets from £22.50

[Book Now](#)

WNO

Welsh National Opera

Don Giovanni
Mozart

Opera, Main House

Welsh National Opera - Madam Butterfly

A powerful story of unrequited love

Sat 23 Apr

Tickets from £22.50

[Book Now](#)

[View Trailer](#)

WNO

Welsh National Opera

**Madam
Butterfly**
Puccini

Comedy, Main House

Romesh Ranganathan - The Cynic's Mixtape

Romesh is back on tour with his most brutally honest
show yet...

Sun 24 Apr – Wed 27 Apr

Tickets £25.50



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A WARM WELCOME**

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Speakers, Music, Meals

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The Garden Room

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NOSTALGIC MUSIC CIRCLE

Exploring music from 1930s to 70s

Last Thursday of month, 1.00 to 3.30pm. £3.00

SUTTON COLDFIELD TOWN HALL

For further details contact John Bedford
0121 353 5136 or parkcycles@yahoo.co.uk



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freedom

we've made pulled chicken
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and Close Harmony
Chorus

FREE SINGING COURSE

Every Monday in March (7th/14th/21st/28th)
At Collingwood Community Centre,
Collingwood Drive B43 7NF
7.45pm - 9.00pm

- 🎵 Do you enjoy singing or want to find out if you do?
- 🎵 Come and have fun with a friendly group
- 🎵 Singing has health benefits so "Sing your way happy"



Contact Elaine
0121 384 4729

E: members@secondcitysound.org.uk
www.secondcitysound.org.uk

f facebook.com/secondcitysound.org.uk
Charity No. 1153445

Community Coffee Morning:

Every Wednesday 10:30am – 12:00noon

At South Parade Methodist Centre

Sutton Coldfield, B72 1QY

Do drop in. **Open to all.** Arrive in the 1st hour
to socialise with friends.



By car: the church centre is approached from
Upper Holland Road (Plantsbrook School) and
using postcode B72 1RB in SatNavs. There is
parking (incl. disabled spaces) around church.

By bus or by train: it is just a short walk across
the ring road, from the town centre.

Whether you're into machine
or hand embroidery, mixed
media or any other form of
textile art, we are here for
you.....!

We have entertaining and
informative speakers, both
local and internationally
renowned, and hold regular
Saturday workshops.



We meet at 7.30, on the first
Thursday of every month at:

Trinity Centre,
Church Hill, (off Mill Street),
Sutton Coldfield.
B72 1TF

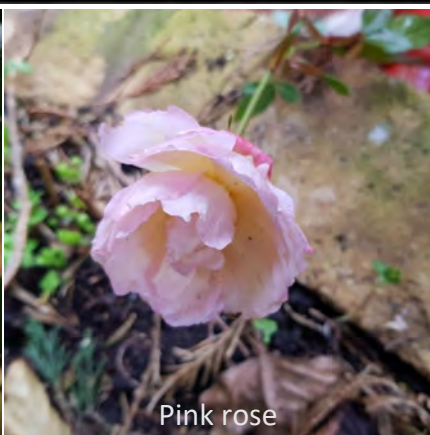
See our programme on our
website:

www.suttoncoldfieldcreativestitchers.co.uk

I asked
for early
flowers
and Hazel
sent me
these
three.
Thank
you,
Hazel.



Camellia



Pink rose



Chrysanthemums

STREETLY FLOWER ARRANGERS' CLUB

We meet monthly 2nd Tuesday 2.30pm
at Streetly Community Centre, Foley Rd. East B74 3HR.

Why not join us - we are a friendly, enthusiastic Club

'Bringing People & Flowers Together'.

Next meeting Tuesday 12th April -

- Demonstration with Jean Fordham 'A Jewellery Collection'.

Further details : Chris Reeves tel : 0121 354 6264.

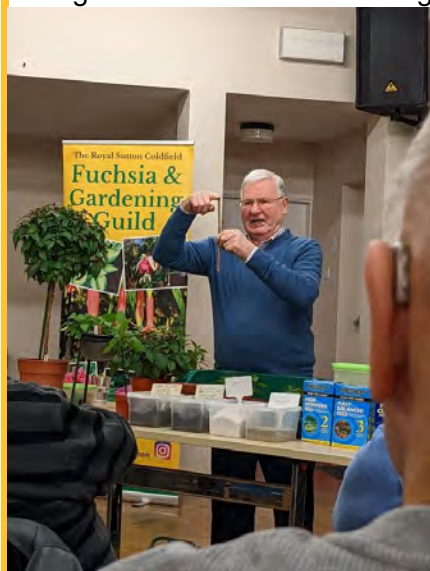
The Sutton Coldfield Fuchsia & Gardening Guild

At the March meeting we welcomed back an old member Jim Beveridge, who had been a member of the club for many years before moving out to live in the delightful countryside of Staffordshire. Jim has grown and shown fuchsias for more years than he would admit to, but had stepped back from showing over the last couple of years, due to the time commitment required, and not having a holiday in over ten years for fear of leaving his plants! Jim took us through all aspects of growing, starting with taking cuttings. March is a perfect time for taking cuttings as they grow so quickly at this time of year. Whether you have a greenhouse, or just a kitchen window sill, cuttings can be taken in small pots or cells and given good, but not direct sunlight, will root within 10 to 14 days. It always amazes me that a small 1cm cutting taken in March, can become a large plant by summertime. Much to the members delight, he brought along several trays of plants for sale. Needless to say, these quickly disappeared! We very much hope that Jim will come and see us again next year, when hopefully the quality of his jokes can be worked on.

We have reintroduced our monthly competition, and this month was a spring planted container. We were delighted when about twelve members brought along an entry, and what a fabulous display they made. All members get to vote on their favourite, and these votes are carried on through the year. At the end of the year the winner takes home a garden centre voucher, but it's all fun, and gives our members experience of putting a plant on the bench for show.

Next month, we are very excited to welcome Stan and Vicki from Craig House Cacti. Anyone who watches Chelsea each year will have spotted these pair, as they often wear matching suits made from material resplendent with cacti plants. They will be talking about general care of cacti and succulents. These plants have become incredibly popular in recent years, and the range and variety of them is a plantaholics dream! They will be bringing plants for sale on the evening.

We would love some new members to come and join us, many people come along on their own, I guarantee you a warm and friendly welcome. We meet at Banners Gate Community Church, Westwood Rd, on the second Thursday of each month. Doors open at 7.30 for an 8.00 start. Membership for the year costs £10, or come along as a visitor for the evening for £2. Refreshments available. If you would like any more information, please see our Facebook page or give our secretary Gail a call on 0121 353 3373.



LOOKING FOR A GARDENER?

Here at Age Concern Birmingham we have some great gardeners, part of our Trusted Trades Person Scheme. If you would like to get your garden looking its best before summer,

Call us today on 0121 362 3650



COMMUNITEA CAFÉ ALLOTMENT

TUESDAYS 10 TILL 12

Join our friendly gardening group - enjoy gentle gardening and a good chat - and help support our café.

Meet at the green allotment gate at 10am – Sunnybank Road, B73 5RJ. Call to enroll before your first visit.

Our Neighbourhood Networker will be available to advise about community groups and services in the area. Also providing a drop in for community assets to discuss NNS support and funding opportunities.



Everyone welcome

Gardening Group

Help us grow fresh produce for the café

Sunnybank Road Allotments, Boldmere

Meet our Neighbourhood Networker

CONTACT

Suzy Summerfield

07940 709 314

Email: s.summerfield@ageconcernbirmingham.org.uk

Breakfast Time

How long will it take you?

- | | |
|--|--------------------------------------|
| <input type="checkbox"/> ALLBRAN | <input type="checkbox"/> EGG |
| <input type="checkbox"/> BACON | <input type="checkbox"/> ENGLISH |
| <input type="checkbox"/> BRANFLAKES | <input type="checkbox"/> FRIED BREAD |
| <input type="checkbox"/> CEREAL | <input type="checkbox"/> FROSTIES |
| <input type="checkbox"/> COFFEE | <input type="checkbox"/> FRUIT JUICE |
| <input type="checkbox"/> CONTINENTAL | <input type="checkbox"/> GRAPEFRUIT |
| <input type="checkbox"/> CORNFLAKES | <input type="checkbox"/> GRAPENUTS |
| <input type="checkbox"/> CROISSANTS | <input type="checkbox"/> MIXED GRILL |
| <input type="checkbox"/> MUESLI | |
| <input type="checkbox"/> PORRIDGE OATS | |
| <input type="checkbox"/> PUFFED WHEAT | |
| <input type="checkbox"/> SHREDDIES | |
| <input type="checkbox"/> SKIMMED MILK | |
| <input type="checkbox"/> SUGAR PUFFS | |
| <input type="checkbox"/> TEA | |
| <input type="checkbox"/> WEETABIX | |
| <input type="checkbox"/> WHOLEMEAL TOAST | |

X	I	B	A	T	E	E	W	E	E	C	E	E	F	F	O	C	S
S	K	I	M	F	L	A	E	H	O	L	M	E	C	E	R	A	E
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I	R	T	H	U	D	G	N	F	L	L	N	X	R	L	U	N	T
M	M	I	K	I	S	F	R	K	F	T	E	S	A	A	G	J	S
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D	O	F	K	S	L	L	E	A	A	L	O	P	N	A	P	I	F
P	A	E	O	B	L	N	E	S	L	G	G	E	U	C	L	L	I
R	S	P	R	A	T	I	S	F	D	F	U	I	T	F	R	G	S
E	T	A	E	A	T	I	U	R	E	C	N	E	S	F	F	N	H
C	K	R	L	F	O	S	F	I	X	A	T	A	E	H	W	E	Y
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C	N	O	C	A	B	E	A	D	M	I	N	A	R	B	L	L	A

Answers from page 7. Forty Second, Forty-five, Ninety-six, thousand, million, thousand, two, One, sixty-six, Seventy-six.

Answers from page 10. 1. Elephant. 2. Brazil. 3. Jerusalem. 4. Motor Racing. 5. (British) Open (Golf) Championship. 6. Ayrton Senna. 7. Frank Swift. 8. Fernandez. 9. Nirvana – Smells Like Teen Spirit. 10. Gorillaz – Feel Good Inc. 11. Pulp – Common People. 12. Tina Turner – What's Love Got to do With. 13. Oliver Reed. 14. Marlon Brando. 15. Lex Luthor. 16. Damien Lewis. 17. Kuwait. 18. Czechoslovakia. 19. December 1941. 20. The Huns, led by Attila. 21. 98.5%. 22. Circadian rhythm. 23. Right side. 24. Apollo 17 in 1972

Digital Future- Learn Digital Skills For Free!

Age Concern Birmingham will be working alongside Good Things Foundation in an exciting new project. As part of the Government funded Community Renewal Fund, many 18-65 year olds living in the West Midlands will be eligible to receive free digital skills sessions at Age Concern Birmingham on Boldmere Road.

Over half of participants will also be eligible for a tablet that they may keep free of charge. If you would like to develop employability skills, progress to further education or simply learn more online skills and you meet the following criteria then please get in touch!

Eligibility criteria:

Between 18-65 years old - Live in West Midlands - In insecure employment, such as part time or zero hour contracts, unemployed or a carer - Are not currently enrolled on a further education course - Have low skills or experience on a technological device.

Then get in touch with us via: **Phone-** 07432739018

Email- joe.millington@ageconcernbirmingham.org.uk



DEVELOP SKILLS WITH DIGITAL FUTURE



AGE CONCERN BIRMINGHAM ARE WORKING WITH GOOD THINGS FOUNDATION TO PROVIDE FREE AND ACCESSIBLE TRAINING SESSIONS TO HELP YOU REACH YOUR DIGITAL GOALS

THE SESSIONS ARE AIMED AT PEOPLE WHO WANT TO PROGRESS TO FURTHER EDUCATION, GAIN EMPLOYABILITY SKILLS OR SIMPLY WANT TO LEARN BASIC DIGITAL SKILLS

OVER HALF OF PARTICIPANTS WILL RECEIVE A NEW TABLET FREE OF CHARGE

THE PROJECT IS FUNDED BY THE UK GOVERNMENT THROUGH THE COMMUNITY RENEWAL FUND


IF YOU ARE BETWEEN 18 AND 65 AND COULD BENEFIT FROM THIS TRAINING THEN CONTACT US


West Midlands
Combined AuthorityUK GovernmentGood Things
Foundation

Get In Touch

Address

76-78 Boldmere Road,
Sutton Coldfield, B73 6TJ

Phone

07432739018

Email Address

joe.millington@ageconcernbirmingham.org.uk



Hope Food North Birmingham

Hope Food have taken over the management of the food donation point at the Town Hall.

The driving force behind the donation point set up two years ago was Town Hall volunteer Terry Dockery, pictured here holding the Tesco sign with Town Hall manager Julie Rennison.

Terry and Julie were on hand to meet Hope Food trustees and local residents who regularly donate food at the Town Hall point.

The main picture shows Joan James (who collects food from her neighbours and donates weekly) and Hope Food trustees Teresa Clements, Brian Woolcock and Deb Middleton. Another regular food donor, Nikki Wright, was also on hand to see the handover.

Moving forwards Hope Food will oversee the distribution of food donations to the same existing local foodbanks who already benefit from the donations, including Hope Food itself.

The Town Hall donation point will be open every Friday from 10am to 2pm. If you can drop off any of the following it would be most appreciated by those in need in our community: tinned food, rice, pasta, noodles, sauce jars, cereals, squash, long life milk, tinned fruit and desserts and biscuits.

Thank you.



Welcome to



Hope Food operates 3 weekly food banks across Sutton Coldfield and North Birmingham for anyone experiencing hardship. No referral or voucher is required you just turn up. You will be given a standard food bag containing 1-2 days worth of long life food such as milk, cereal, pasta, tins and you can then help yourself to bread, fresh fruit and vegetables that we have collected from local supermarkets.

WHERE YOU WILL FIND OUR WEEKLY FOOD BANKS

Erdington

Tuesday 10.00 am - 10.30 am
Stockland Green Methodist Church,
Slade Road, B23 7JH

we do not currently offer food bags here but are hoping to change this in the future

Falcon Lodge

Wednesday 2pm - 3 pm
the rear of Falcon Lodge Methodist Church,
Lingard Road, B75 7LB

Mere Green

Friday 12 - 1pm
Ark Community Church Centre,
St James Road, B75 5EH

T: 07869 820025
E: info@hopefood.org.uk
Charity reg 1195019

Supported by Royal Sutton Coldfield Town Council's Community Grant Programme

Pregnant? Children under four?

Don't miss out on **HEALTHY START**
food and vitamin vouchers worth
over £900 per child*

FREE
fruit, veg, milk
and vitamins for
you and your family.
Worth up to
£8.50
per week**



You may qualify for Healthy Start vouchers if you're **at least 10 weeks pregnant** or have **a child under four years old**. Your family must also receive one of the following:

- Income Support
- Income-based Jobseeker's Allowance
- Income-related Employment and Support Allowance
- Child Tax Credit (with a family income of £16,190 or less per year)
- Universal Credit (with a family take-home pay of £408 or less per month).

You also qualify if you are under 18 and pregnant, even if you don't get any of the above benefits.



Sign up today www.healthystart.nhs.uk
or telephone 0345 607 6823

Healthy Start

Give your family a Healthy Start



* If you sign up at the first opportunity, when you are ten weeks pregnant
** If your child is under one, you'll receive two £4.25 vouchers per week.
If your child is 1-4 years old, you will receive one £4.25 voucher per week.

Birmingham
City Council

HEALTHY START **NHS**

Welcome to Hope Food
the newest food bank in your area!

Falcon Lodge



Welcome to Hope Food
the newest food bank in your area!

Mere Green



What we offer... Come along and collect a free bag of essential food and then help yourselves to a selection of fresh fruit and vegetables. Some days we'll even have bread and cakes. You're welcome to stay for a hot drink and a chat... whether in Falcon Lodge or Mere Green.

Where are we in Falcon Lodge?

Every Wednesday, we will be at Falcon Lodge Methodist Church Hall. (rear entrance in Lingard Road) Falcon Lodge. B75 7LB

Opening times... Pop in between 2-3pm we'll be here.

The church is on the X14 bus route. This is what the front of the church looks like. Go to the rear entrance in Lingard Road.



Where are we in Mere Green?

Every Friday, we will be at Ark Community Church Centre, St James Road, Mere Green B75 5EH

Opening times... Pop in between 12 noon-1pm we'll be here.

From the centre of Mere Green, pass Lidl opposite Sainsbury's and turn left into St James's Road. Bus routes X3, X5 & 604 This is what the church looks like.



Email: info@hopefood.org.uk



Imagi-Play

Toddler Group

STAY & PLAY

FOR KIDS AGED 6 MONTHS- 5 YEARS

Term time:
Mondays 9.15am-10.15am
Wednesdays 1.15pm- 2.15pm

Location:
St Columba's Church Hall,
Banners Gate Road,
Sutton Coldfield,
West Midlands.
B73 6RR

£4 Per session
Including a **FREE**
Drink & Snack

NO BOOKING NEEDED!
PAY BY CASH OR CARD ON ARRIVAL

imagiplaytoddlergroup@gmail.com  .com/imagiplaytoddlergroup



Independent Early Years Music-Play classes for children aged 0 - 5 years

All our classes are delivered by qualified and experienced early years music practitioners.

We sing, we move, we play, we explore instruments and sounds, and we give each child the freedom to express themselves musically. At Kiddibops we're passionate about music and supporting the innate musicality every child is born with.



Our Classes September '21

Walmley Community Hall
Mondays
Babies 9:45am & 11:35am
Mixed Age 10:40am & 12:30pm

Great Barr Community Hub
Wednesdays
Babies 9:45am
Mixed Age 10:40am

Banners Gate Community Hall
Thursdays
Babies 1pm
Mixed Age 1:55pm

Aldridge Community Centre
Tuesdays
Babies 1:15pm
Mixed Age 2:05pm



St. John's Church Hall, Shenstone
Thursdays
Babies 9:45am
Mixed Age 10:40am

Streetly Classes coming soon...

To book your place go to:
<https://kiddibops.class4kids.co.uk>
or contact us at:
info@kiddibops.co.uk or 07807 551661
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All our classes are continuing to operate with social distancing measures for the safety of our families.

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Friday 8th & 29th April 12 pm

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- Gardening
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- Glazing repairs
- Handyperson repairs
- Electrician
- Gas fitter
- Plumber

For more information contact one of our team on 0121 362 3650



Are You A Carer? Do you need support and advice?

Do you provide unpaid care to a friend, neighbour, or family member who couldn't manage alone?

Age Concern Birmingham run the Carer's Contact Centre as part of the Birmingham Carers Hub partnership. Our advisors are available to help carers with help, advice and information, we register carers and also offer a Statutory Carer's Assessment, wellbeing payments if eligible and information on a wide range of wellbeing

services. We also provide advice on welfare benefits and can link carers to information about grants, legal advice on wills and power of attorney and other one to one support.

If you need advice in your caring role, please call us on:
Information and Advice Line – **0333 006 9711** (low call rate)
Mon, Tues, Thurs & Fri: 9am-5.15pm / Wed: 9am-7.15pm
Saturday: 10am – 12.30pm

Email us at info@birminghamcarershub.org.uk

Visit our website at <https://forwardcarers.org.uk/>

Birmingham Carers Hub Specialist Dementia Service

The Birmingham Carers Hub team have all received enhanced dementia training and we have launched a new service offering support to carers of people with dementia. We have also appointed a small team of Specialist Dementia Carer Advisors.

We offer a Dementia Specialist person-centred service, supporting Carers who provide care to someone with dementia. Our advisors understand the challenges of caring for people with dementia and are here to guide and support you throughout your caring journey. We are part of a wider partnership of organisations providing other support to dementia carers such as training and groups, find out more on the Forward Carers website: <https://forwardcarers.org.uk/>

For information, help and advice, call **0333 006 9711** and ask to speak to one of our Specialist Dementia Carer Advisors, or email: dementiacarers@birminghamcarershub.org.uk

communit^{ea} cafe AGEconcern Birmingham

Groups are back at the
Communit^{ea} Cafe



Would you like to put on a group for your
community?

We have spaces available

For more information call 0121 362 3650

communit^{ea} cafe

Open for takeaway hot and cold drinks,
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Free refreshments

For more information or to attend please contact
Phone number: 07734 959909
Email: lifeprecious1234@outlook.com



AGEconcern
Birmingham



Meet Jane Jagers

Pop into the Communit^{ea} Cafe

and meet our partner, Wills Made Clear.

Come and have a chat about....

- Will Writing
- Estate Planning
- Lasting Power of Attorney
- Will storage
- Protective property trust
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Call 0121 362 3650 for more information.

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10am—12noon

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Britwell Road

Sutton Coldfield, B73 5SW

Every Monday

"Musical Memories"

2pm - 4pm

Sutton Coldfield Methodist
Church

South Parade, B72 1QY

Every Tuesday

10.30am - 12.30pm

All Saints Church Centre

Belwell Lane

Four Oaks, B74 4TR

*All attendees must show proof
of both covid vaccinations*

Every Thursday

10am - 12noon

Streetly Methodist Church

Thornhill Road

Streetly, B74 3EH

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sue.bevington@suttoncoldfield.homeinstead.co.uk

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B72 1PH

0121 323 4200



www.birminghamsettlement.org.uk
Charity no: 517303

FREE WEEKLY WOMEN'S GROUP AT 610 COMMUNITY CENTRE

- Starting Monday 7th March 2022, 12.30pm – 2.00pm
- Come along for conversation and fitness: meet new friends and build your confidence.
- Share your voice, help us to shape this group and have fun getting a little bit fitter. We'd love to meet you!
- Refreshments and creche provided for 0-5years – limited spaces, will be booked on first come first served basis.
- Please wear comfortable clothing and rubber soled footwear
- For further information or to book your place please contact Shantel Carty on 07305 056450



610 Community Centre
Kingstanding Road
Birmingham
B44 9SH

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Digital Skills Job Club & Employment Support

Are you
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and looking
for work?

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help!

Weekly face to face I.T and Job Clubs at
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If you would like to have a chat or book
a place, please contact Nasar on:

07885 210 369
nasar.mahmood@bsettlement.org.uk

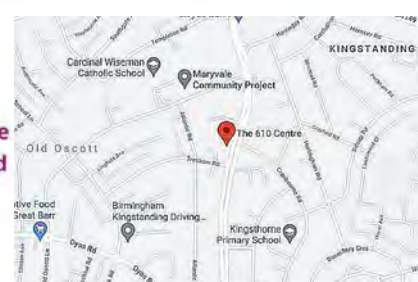
Job Club offers:

- Career information, advice & guidance
- Employability skills workshops
- Job search support
- CVs, cover letters & job applications
- Interview skills
- Computer skills & internet search techniques
- Resources & ongoing support

Finding work can be difficult on your own,
Birmingham Settlement offer welcoming support
which is currently available face to face and through
Zoom & WhatsApp. We'd love to hear from you -
please get in touch to find out more!

Find us here:

610 Community Centre
610 Kingstanding Road
Birmingham
B44 9SH



www.birminghamsettlement.org.uk
Charity no.: 517303



Cafe Oasis

We are now OPEN !!

**Monday, Tuesday,
Thursday & Friday**

10.00am - 2pm

Main course 12.00 - 2.00

Drinks, snacks and sandwiches
and Hot meals from 12pm

Find us in Sutton Coldfield United Reformed Church

Call: 07593 718785 **Email:** cafe.oasis@scurc.org.uk

or find us on Facebook

Cafe Oasis is supported by the
Volunteers and Staff at Sutton
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Registered charity No. 1131424



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4 meals £15
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Delicious homecooked meals delivered
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VOLUNTEERS NEEDED



**Volunteers needed to help our community café at
Sutton Coldfield United Reformed Church.**

Monday 10.00am – 2pm **Tuesday** 10.00am – 2pm **Thursday** 10.00 – 2pm **Friday** 10.00am – 2pm

FLEXIBLE SHIFTS – ANY TIME, ANY SHIFT

POSITIONS INCLUDE: Front of House/Reception. Waiter/Waitress **Cashier**

Volunteer drivers needed for deliveries — Expenses covered

For more information, contact: **Call: 07593 718785**

Email: cafe.oasis@scurc.org.uk **Website:** <https://scurc.org.uk/cafe-oasis/> **OR** find us on Facebook



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Tel: 07876 826006

Email: dementiacarers@birminghamcarershub.org.uk

birmingham carers hub

AGE concern

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1 hour session £30	1.5 hour session £35 (£23.3 per hour)	2 hour session £40 (£20 per hour)
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*Small groups (2 to 4 people)

1 hour session £35	1.5 hour session £40 (Under £27 per hour)	2 hour session £50 (£25 per hour)
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*Groups (5 to 10 people)

1 hour session £40	1.5 hour session £45 (£30 per hour)	2 hour session £55 (£27.5 per hour)
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EVENING

Karate 6-7pm

TUESDAY

EVENING

Pilates 6-7pm
Boxfit 7-745pm

WEDNESDAY

EVENING

Karate 5-545pm
Karate 6-7pm
Yin Yoga 715-8pm

SATURDAY

DAY TIME

Circuits 9-930am
Pilates Burn 930-10am

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5K YOUR WAY MOVE AGAINST CANCER

We invite anyone who is living with or beyond cancer, families, friends and health care professionals to join us once a month to walk, jog, run, cheer or volunteer at a 5k Your Way, Move Against Cancer group linked to a local parkrun.

All ages and abilities are encouraged and welcome.
Lots of us will be walking.
Do as little or as much as you want. There is no need to walk the whole 5k.

When: The last Saturday of every month. 9.00am parkrun start.
See below for meeting point and time.

Where: Walsall Arboretum Visitor Centre steps (meet at 8.45am)

Ambassador: Anne Kelsall, Sarah Hinkley & Jane Ford

It's Free!
Get in touch and let us know you will be coming.
5k your way: move against cancer | @cancer5kYourWay
info@5kyourway.org | www.5kyourway.org | @5kyourway

Don't forget to register with us here:
www.5kyourway.org/register
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Fridays at 1:30—2:30pm. Commenced 28th of May 2021.
£4 per session (First session FREE) Booking Essential!
Contact katie.evans@moveitorloseit.co.uk or call 07592071889 for more info or to book a space.

Sutton Park Surgery

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See front page



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Call or email me for any questions or appointments on;
07855389528 or
stephleeosteopathy@hotmail.com



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Worship and Communion Service
Sunday 10:00am

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Please look for the Beacon Room – Everyone welcome

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Worship WITH US

EVERY WEDNESDAY & SUNDAY

LoveWorld Sutton Coldfield: Banners Gate Community Hall
35 Reay Nadin Drive, Sutton Coldfield B73 6UR
Contact Details: 07565652762
loveworldsuttoncoldfield@gmail.com

Every Sunday 9am - 11am	Every Wednesday 6pm - 7pm	Communion service with Pastor Chris Every 1st Sunday of the month.
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CREATE at the Gate with K & S

We are a small group of crafters who meet on the first Sunday of every month, between 11.30am and 2.30pm. If you are interested in getting away for a few hours where you can bring whatever craft you wish, come and join us. There is a wealth of knowledge between us and we usually learn something new each month from each other at Banners Gate Community Hall. There is plenty of tea & coffee and usually some cake. Please call Kathy 077 06 64 51 37 for details or just come along when we are next there and have a look at what we do.

Banners Gate Community Hall Coffee Mornings

The next is on 19th April

at 10 o'clock.

Hall's Gardens Garden Maintenance Services

Gary Hall

54,
Coppice View Road,
Sutton Coldfield, B73 6UF
07833720015

garyhall7@blueyonder.co.uk



we are here to listen, call today

Val: 07964 213 229 / Kellyanne: 07986 952 546

New Horizons Counselling Services.

The Community Hall, Reay Nadin Drive, Sutton Coldfield.

If you would like to know about our service ring the number above

Or visit our web site www.newhorizonscounselling.org.

The Banners Gate Community Hall is available at various times during the week, including weekends.

The hall is approx. 38' x 21'
(11.6m x 6.4m)

The kitchen is approx. 11' x 7'
(3.4m x 2.2m)

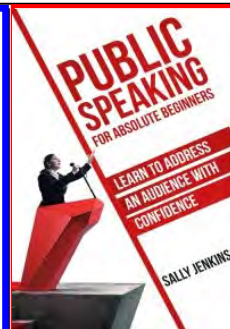
The Jarrett room is approx. 13' x 8'
(4m x 2.5m)

The ladies has 2 cubicles and a nappy changing table. There is a gents/disabled toilet.

The building is step-free.

For further booking information go to:

www.bannersgatecommunityassociation.org



Public Speaking for Absolute

Beginners

by Sally Jenkins

Tips on constructing and presenting all types of speeches.

Available on Amazon or direct from the author:

sallysjenkins@btinternet.com 0121

Lucky & Buntys
Childrens Entertainment

0777 333 9214



HATHA YOGA



Banners Gate

Community Hall,

Thursdays 10.00 -11.00 a.m.

Beginners class £5.50 per session

Please call Tricia on 07954 403943.

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Buildings Maintenance

07828-275-288

www.rbbuilders.net

Rafszpak@gmail.com



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We can cater for anything including: Full Party Entertainment, Mascots, Soft Play, Bouncy Castles, Face Painting,



and Pamper Parties **Facebook:** Lucky Buntys **Twitter:** @LuckyBuntys

PetStay

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Would you like to be one of our dog carers?

- * Are you at home during the day?
- * Have a very secure garden?
- * Do you love dogs?
- * Want to earn a little extra?
- * Very flexible and fits into your lifestyle
- * We are THE alternative to kennels in the area.
- * Want to join a professional service?
- * Then maybe being one of our many loving dog carers would be ideal for you!



Become a PetStay dog carer.
Earn from £105 to £207 p/w looking after dogs in your own home

www.petstay.net sue@petstay.net
0121 769 2706 07724 212204
West Midlands North Branch

Paul White Electrical

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Paul Andrew White
Electrician

111 Wandsworth Road
Birmingham
B44 9LY
07403445651

p.white.electrical@gmail.com
Part P reg 58023 PAT Testing



Give your little Mozart
a musical head-start

- multi-sensory games and activities
- interactive concerts
- musical Arts and Crafts
- wrap-around care

www.rhythmcircle.co.uk



**You'd be barking
not to come to
Streetly Vets**



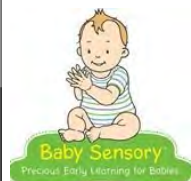
89 Blackwood Road, Sutton Coldfield B74 3PW
Tel: 0121 572 6527 | streetlyvets.co.uk | @streetlyvets



SWIMMING LESSONS

for ages 4 and upwards:
Wednesday & Friday Evenings
Local Pools ~ All Abilities
Badge Work ~ Qualified Instructors
0121 353 6616

www.swimminglessonsinsuttoncoldfield.co.uk



**0 - 13 months
Baby Development Class**
Wednesdays 9.30, 11.00 and 12.30

Music, singing, exercise, massage, signing, light shows, bubbles, bells, tickly feathers and many more!! For more details:

Call Tracy Jones on 07753 82 56 22

Email: suttoncoldfield@babysensory.co.uk

Plastering internal & external specialist
Includes: Dry lining - Plaster boarding - Artex re-skimming - Replacement walls & ceilings - Painting / Decorating - Carpentry

Lee Nugent

36 Banners Gate Road
Sutton Coldfield B73 6RX
Office: 0121 354 5446
Mobile: 07934 15 19 20
Lee.nugent1@virginmedia.com



Personal Training

Looking to lose weight?
Improve your fitness?
Improve your diet?

Katie Ingle
T: 0788 886 7850
E: kilfitfitness@outlook.com
IG: @kilfitfitness
FB: kilfitfitness

Personal training sessions available from £30 p/h at Pure Gym, Sutton Coldfield (+£5.99 for a day pass). Free consultation & monthly packages also available!

Muscle tightness / strains, Joint pain, Sciatica.
Shoulder & neck tension, headaches.
Sports Injuries (specialized in running injuries).



Amy Johnson (Bsc). Recommended since 2014.
12 Chester Gardens, B73 5BF 0770 7006802



HOME TUITION

Key Stage Two SATs tuition:
English comprehension, spelling, punctuation, and grammar.

Spanish and French: leisure courses and exam preparation to GCSE and A-level.

Tracy: 0780 329 3351





PRICES START FROM
£20 per hour

11+ & CATCH-UP TUITION AVAILABLE

MORE INFORMATION

Small Group Sessions
1:1 Online Coaching
Saturday Mornings
Banners Gate
Community Church,
B73 6UH
07719857450



BERT & GERT'S

We are not just one independent shop, we are a collection of small independents. We are local businesses that have greater strength in working together.

The products we sell include items we have designed, made or sourced ourselves. Whether handmade with love or chosen with great care, shopping with Bert & Gert's will always be a different, unique experience.

Our aim is to support, encourage & promote small local businesses.

PROUD INDEPENDENT SMALL BUSINESS

WWW.BERTANDGERTS.CO.UK



KIDS & ADULTS

KARATE

Mon 6-7pm 10yr +
Wed 5-545pm 7-9yrs
Wed 6-7pm 10yrs +
Booking Required
07886089473
www.chishiki.co.uk





Mobile in Sutton Coldfield!
Gel manicures/pedicures
Luxury manicures/pedicures
Gel extensions
BIAB gel overlay



*for any queries or to book in
 message me on...*

Instagram- _beauty_by_ella
Facebook- Beauty by Ella

07825001242



 **CAFE OASIS** 

Afternoon Tea
 In celebration of
 Dementia Action Week
 WEDNESDAY 18TH MAY | 2PM

 **Dementia
 Friendly
 Communities** 

Call 07713 970096 to make enquiries and to book.
 Please inform us of any allergies/dietary needs when booking

**Sutton Coldfield United Reformed Church,
 1 Brassington Av, B73 6AA**

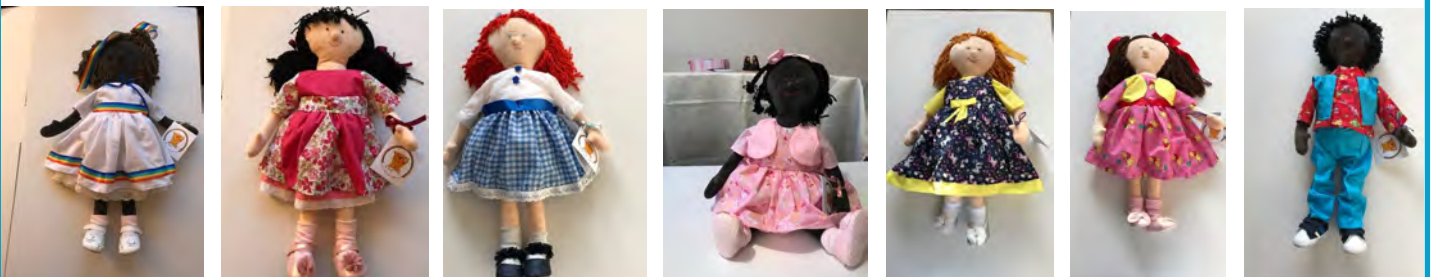
**Lovelight crystals and healing gemstone
 jewellery available at Bert and Gerts!**



Calebs Rainbows is the dream of Rosemary Ferrell a great grandmother with a passion for making beautiful dolls with a story. "Every doll is different".

Rosemary loves all things creative, be it sewing, knitting, drawing, or baking and she has, having been to college, decided to turn her hobby into a business as there is a demand for her products.

Initially, her hand drawn cards and posters sold quickly, then she was asked to make some Bible Characters for a friend, having seen these people requested more. This also gave Rosemary the incentive to start making Rag Dolls, which she makes with love and care and each one comes with its own story on a scroll. **at Bert & Gerts**



St Columba's Church Hall

Hall letting for St Columba's Church.

Weekday lettings are available for the large Church Hall which includes a well equipped kitchen.

Entrance to the hall is step free and is suitable for wheel chair access throughout the premises.

Male, Female and disabled toilet facilities

All enquiries to Alison via email please.

st.columbahall@yahoo.com

Banners Gate Community Church - Events

Monday, Thursday, Friday - Baby Phonics

Contact email: Jenna@robotreg.co.uk for times and availability

Tuesday and Wednesday - Baby Sensory

Contact Tracy at email: suttoncoldfield@babysensory.co.uk for times and availability



Coffee & Cake

Friends bring happiness into your life best friends bring coffee

Our brand new Coffee & Cake event is happening every alternating Friday (Please check the events for dates). Join us for a cup of coffee or tea, a cake, and a friendly chat.

The Scout Hut - Coppice View Road - Sutton Coldfield - B73 6UE.

Tai Chi Class

Every Tuesday morning at 11.45 to 12.45.

The cost is £5 per person. Everyone is welcome and all abilities are catered for in a relaxing and enjoyable environment.

If anyone needs further details, please contact me on

01543 480151



DAY/TIME	ACTIVITY	VENUE	CONTACT	TEL.
Sun (1st) 11.00 – 2.00 pm 3 - 7pm 10.00 am 1st Sunday of month 9.00-11 am 10.30 am 11.00 am 3.00—7.00 pm 7.30—8.30pm	Create at Gate with K & S Global Communion Family Communion Loveworld Church Family Worship Chikara Karate Kai Love world Church Soul Yoga	Community Hall Banners Gate CC St. Columba's Community Hall Banners Gate CC Scout Hall Community Hall Community Hall	Kathy Weston Pastor Chris 07565 Ola Samuel 07565 Nigel Willis Paul Murphy 07837 Ola Samuel 07565	628 6651 65 27 62 354 5873 65 27 62 353 0230 39 57 89 65 27 62
For details see website at www.stcolumbasbannersgate.co.uk www.bannersgatechurch.com				
Mon 6.15am - 7.15am 9.15 - 10.15 11am - 1.00pm 7.30 - 9.00 pm	Stay in Focus Fitness Imagi-Play Dementia Care Line Dancing	Community Hall St Columbas Community Hall Community Hall	Ellie Smith Barbara H-Walker Diane Pursall	553 6483 747 4659
Tues 6.15 am—7.15am 3rd in month 9.15 - 12.00pm 6.30 - 7.30 & 7.30 - 9.00 7.45 pm	Stay in Focus Fitness Coffee Morning 3rd Tuesdays Line Dancing Chikara Karate Kai	Community Hall Community Hall Community Hall St. Columba's	When they restart Diane Pursall	747 4659
Wed 9.30, 11.00 & 12 10.30 - 12.30 1.15 - 2.15 6 pm - 7pm 7.15—8.15 7.00 pm	Baby Sensory Guide Dog Training Imagi-Play Mid-week Service Bible Study Yoga, Midlands SlimmingWorld	Banners Gate CC Community Hall St Columbas Community Hall Community Hall St Columba's	Tracy Jones 0775 Madge Nightingale Ellie Smith Ola Samuel 07565 Angela Brookes 07939 Karen 07759	82 56 22 360 0286 65 27 62 54 73 92 17 02 89
Thurs 6.15 am - 7.15am 10.00 am 10.00—11.00 am 12.45 - 2.45 4.30—6.30 6.30 - 9.45 pm 7.15 - 10.15 pm (3rd of each month) 7.30 pm	Stay in Focus Fitness Holy Communion Yoga Kiddibops Teachitright Zig Zag Dance Studio Bridge Townswomen's Guild	Community Hall St. Columba's Community Hall Community Hall Community Hall St. Columba's Community Hall Banners Gate CC	Tricia 07954 Rachel 07807 07809 Warren 01902 Sylvia Cunningham 07870 Josie Orme	354 5873 40 39 43 61 43 10 55 16 61 897 900 352 1042
Saturday 8.30—9.30 am	Soul Yoga			
Updated on Thursday 2022 02 17				

Useful telephone numbers

Sutton and Kingstanding
Police: 101
Good Hope: 424 2000
Outpatients: 424 2000
NHS Health helpline:
Call 111 it's 24/7
Citizens Advice
03444 111 444

BANNERS GATE COUNSELLING CENTRE

Accessible and Affordable
Counselling to Adults in the
Community. The Upper Room
St. Michael's House
198 Boldmere Road
Sutton Coldfield
Tel : 0121 354 6544
For information or an
appointment please ring after
10 a.m. daily, except
Wednesday


**Gatepost always needs
volunteers, to cover illness
and holidays, for deliveries
of Gatepost - just 20
minutes every other month.
Please call 605 4947 for
further details if you think
you can help us, when we
are back to normal
(whatever that turns out to
be).**

BOOKING SECRETARIES:

Community Hall mobile: 075 65 54 68 21
Banners Gate CC - June Dadd 07443 22 65 30
St. Columba's - Sallyanne Rowley 693 0084
Scout Hall - A & R Talliss 353 8166

UNIFORMED ORGANISATIONS:

Scouts: Margaret Drummond, 33rd GSL
353 5203 **Girlguiding:** Carol Gardner,
Vesey West District Commissioner 350 7191

 **The Townswomen's Guild**
Patron HRH The Princess Royal GCVO

Thurs.21st April Chris Lowe - Storyteller
Thurs. 19th May Chit Chat Evening plus Plant Sale
Thurs. 16th June Queen's Jubilee Celebration

Our vibrant Guild meets on the 3rd
Thursday of the month in the Westwood
Hall, Banners Gate Community Church at
7.30pm.
Contact Sue nation on 353 4114

Banners Gate Community Church, Westwood Road

Upcoming events

27
MAR

What is Valuable to us?

📅 Sunday, March 27, 2022
🕒 10:30am-12:00pm
👤 Steve leading

Wanted, a Vice-Chair for the Forum

The job: mainly to
stand in for the Chair,
if absent, but also to
help with new ideas
and to assist in
maintaining the wide
range of speakers we
have for each meeting.
For further details
please call 605 4947.

The 18th Sutton Coldfield West
Scout Group and the 15th
Sutton Coldfield West Scout
Group have merged and are
now named the 33rd
Headquarters are at the Scout
Hut, Coppice View Road.
B73 6UE.

33rd Sutton Coldfield Scout Group,

H.Q. Coppice View Road

Monday Beavers 5.30 p.m. – 6.45 p.m. ages 6 – 8 years
Scouts 7.00 p.m. – 9.00 p.m. ages 10 ½ – 14 years
Tuesday Beavers 5.40 p.m. – 6.40 p.m. ages 6 – 8 years
Cubs 7.00 p.m. – 8.30 p.m. ages 8 – 10 ½ years
Thursday Cubs 7.00 p.m. – 8.30 p.m. ages 8 – 10 ½ years

Contact 0121 353 5203

Email: margaretdrummond1@btinternet.com



Girlguiding gives girls and young women a voice.....has done so for 100 years.....be part of the next 100

Could you spare 1½ hours a week to help with the St Columba's Guide unit? Gain real satisfaction in volunteering and helping to ensure girls in Banners Gate aged 10 – 14 can continue to enjoy games, projects, badges and outings at Guides.

There are also places available in both Brownie units in September for girls aged 7 or 8.

For more information contact Carol Gardner on 350 7191.



Girlguiding UK

Day/Time	Activity	Venue	Contact	Tel
Mon 6.00 - 7.30pm	39th Brownies	St Columba's Hall		354 5873
Tues 6.00 - 7.30pm	45th Brownies	St Columba's Hall	Carol Gardner	350 7191
Thurs 5.00 - 6.00pm	39th Rainbows	St Columba's Hall		354 5873

The butterfly flutters by

Here's something for you to do for the next six months.

On this page are 13 photos of butterflies. On the next two pages there are a total of 48 butterflies, that is 61 in total.

If you have absolutely nothing to do in the next six months, tick off as many as you come across.

If you have lots to do during the next six months, each time you see a butterfly you can check these photos and find its name, and I don't mean Barry or Cyril, I mean Speckled Wood or Swallowtail.

If neither options appeals to you at least you can look at the photos and admire their patterns and colour. Just look at the difference between a Small Blue and a Small Tortoiseshell - amazing isn't it.

If that doesn't do anything for you then please give the photos to the nearest child. At least the photos will not be wasted, and they can take them to school.

This is a pdf so do not forget the   signs at the top centre for magnification.



[Small Blue](#)
Cupido minimus



[Small Copper](#)
Lycaena phlaeas



[Small Heath](#)
Coenonympha pamphilus



[Small Pearl-bordered Fritillary](#)
Boloria selene



[Small Skipper](#)
Thymelicus sylvestris



[Small Tortoiseshell](#)
Aglais urticae



[Small White](#)
Pieris rapae



[Speckled Wood](#)
Pararge aegeria



[Swallowtail](#)
Papilio machaon



[Wall](#)
Lasiommata megera



[White Admiral](#)
Limenitis camilla



[White-letter Hairstreak](#)
Satyrium w-album



[Wood White](#)
Leptidea sinapis



Adonis Blue
Polyommatus bellargus



Black Hairstreak
Satyrium pruni



Brimstone
Gonepteryx rhamni



Brown Argus
Aricia agestis



Brown Hairstreak
Thecla betulae



Chalk Hill Blue
Polyommatus coridon



Chequered Skipper
Carterocephalus palaemon



Clouded Yellow
Colias croceus



Comma
Polygonia c-album



Common Blue
Polyommatus icarus



Cryptic Wood White
Leptidea juvernica



Dark Green Fritillary
Speyeria aglaja



Dingy Skipper
Erynnis tages



Duke of Burgundy
Hamearis lucina



Essex Skipper
Thymelicus lineola



Gatekeeper
Pyronia tithonus



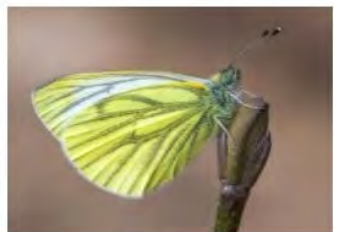
Glanville Fritillary
Melitaea cinxia



Grayling
Hipparchia semele



Green Hairstreak
Callophrys rubi



Green-veined White
Pieris napi



Grizzled Skipper
Pyrgus malvae



Heath Fritillary
Melitaea athalia



High Brown Fritillary
Fabriciana adippe



Holly Blue
Celastrina argiolus



Large Blue
Phengaris arion



Large Heath
Coenonympha tullia



Large Skipper
Ochlodes sylvanus



Large Tortoiseshell
Nymphalis polychloros



Large White
Pieris brassicae



Lulworth Skipper
Thymelicus acteon



Marbled White
Melanargia galathea



Marsh Fritillary
Euphydryas aurinia



Meadow Brown
Maniola jurtina



Monarch
Danaus plexippus



Mountain Ringlet
Erebia epiphron



Northern Brown Argus
Aricia artaxerxes



Orange-tip
Anthocharis cardamines



Painted Lady
Vanessa cardui



Peacock
Aglais io



Pearl-bordered Fritillary
Boloria euphrosyne



Purple Emperor
Apatura iris



Purple Hairstreak
Favonius quercus



Red Admiral
Vanessa atalanta



Ringlet
Aphantopus hyperantus



Scotch Argus
Erebia aethiops



Silver-spotted Skipper
Hesperia comma



Silver-studded Blue
Plebejus argus



Silver-washed Fritillary
Argynnis paphia