

The Gatepost Supplement August 2023



**Banners Gate & Parklands
Community & Neighbourhood Forum**

173rd August 2023

bannersgateneighbourhoodforum.com

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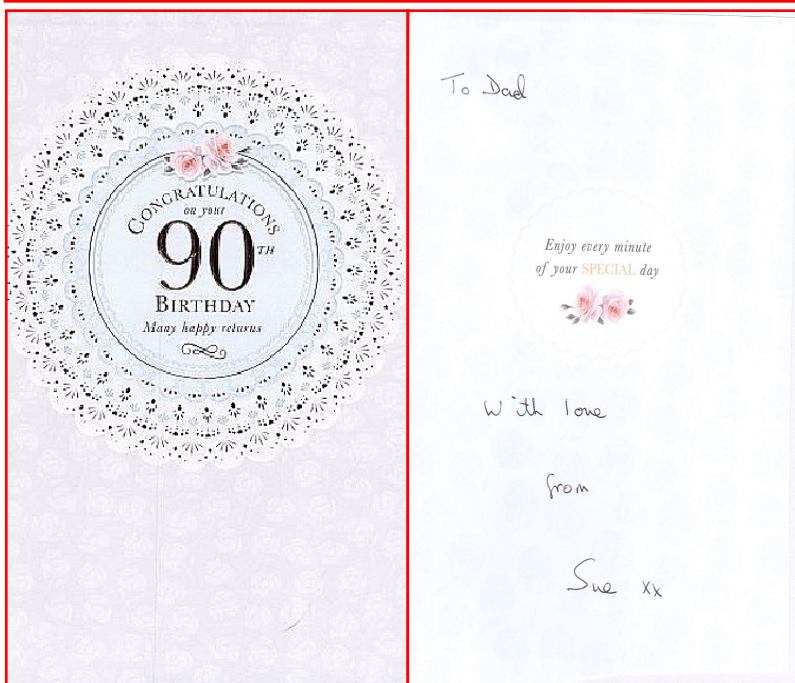


Local resident Clive Atkins' 90th birthday.

Dad was 90 on 2nd July. He moved into The Hurstway a few days beforehand and they very kindly let us use a room for his 'party'. We celebrated with bottles of Shloer and a caterpillar cake, provided by the home.

I took a photograph of each of his friends and asked them to write a memory. I scanned the cards that they sent him and the memories and typed them to make it easier for Dad to read. He now has a copy of the book I made in his room to remind him of his friends.

Sue Atkins





This is my friend, Keith Brown.

I have known Keith for many years. We were both members of Aston & Erdington Photographic Society and made many Audio-Visual (AV) slide and sound sequences together. We entered them into competitions and won prizes and awards. We went on lots of holidays together to Murren in Switzerland. Keith lives in Hope in Derbyshire.



Keith's memory:

HAPPY 90TH BIRTHDAY CLIVE

I have so many happy memories of my years with Clive but one special time was during our holiday to Murren (Switzerland) in 2011.

Seven of us were

there: Clive, Diane, Kate, Alex, Sam, David and myself.

One of our favourite places was the restaurant at WINTEREGG – it was raining, almost snowing, and there was a table tennis table outside. There were no bats but we found a couple of balls so CLIVE, ALEX & SAM & MYSELF played a game using our hands as bats!! CLIVE won of course, even playing left-handed. A great memory!

All our love KEITH, ALEX, SAM and especially from Kate xxx



This is my friend, Richard Brown.

I have known Richard for many years through photography. He is no relation to Keith.

With Keith, we used to present AV shows and workshops all over the country and we also toured Ireland together.

Keith, Richard and I are all Fellows of the Royal Photographic Society and have letters (FRPS) after our name.

Richard's memory:

Many Happy Returns Clive. Congratulations on your 90th birthday.

So many great memories of you, me and Keith - 'the Boys from Brum' doing

AV shows and workshops all over the country for so many years.

One trip I remember – just the two of us, we went to Northern Ireland to do an RPS AV (Royal Photographic Society Audio-Visual) Group workshop in Lisburn. It was in a very swish Arts Centre in a lovely room. The only problem was that there was a huge skylight, which no one had noticed. As the first AV was playing there were two men on the roof with blankets trying to black it out!

That trip we stayed with Gordon and Margaret Gray and there was a billiard table in your bedroom. The first morning I woke you up playing on it!

Richard B



Neil Cottrell.

I met Neil when he joined the Buccaneers Variety Artistes with a group called 'Fandango'. Neil was their drummer and went on to become the Buccaneers' drummer for many years. We have had enjoyable holidays and trips abroad and visited our friend, Caroline, in Weston-Super-Mare.

Neil's memory:

The first time I remember meeting you Clive, was at a Buccaneers rehearsal. I brought my drums along and you said you liked the rhythm I played on the hi-hat. I wondered how you knew about drums and you told me that you were a Sound Director at Central TV, so you had obviously met many drummers, including some very famous ones.

That was the start of many variety shows with your daughter, Sue, reciting poetry and me backing the various acts.

During those years I came to many of your AV shows, which were all a great success.

Neil Cottrell



Rob Mason.

I know Rob from Aston & Erdington Photographic Society and we used to play table tennis together at Mere Green Library and Windley Leisure Centre. We used to go to Wales for Easter every year and stayed in chalets at Trawsfynydd Holiday Village.

Rob's memory:

I can remember Clive saying he was sent to Paris to record Sting. Sue was very upset because he did not get his autograph.

Rob Mason



Pat Mason.

Pat comes to see me most Monday afternoons.

She often brings me cake and biscuits.

Pat's memory:

When we had meetings or competitions at Lichfield Movie Makers Clive would always say "have you made a Victoria Sponge". If I said "yes" he would say "that's good – could I have two pieces, please?"

One to eat and one to take home".

Pat Mason



Rita Rubery.

I have known Rita for the longest of all my friends. Since the 1950's. She is my daughter's Godmother.

I used to work with Rita's husband, Peter. Peter and I started off working together at Walker Brothers, repairing televisions and then moved to ATV where we both worked in the Sound Department for many years on television programmes such as Crossroads, The Golden Shot and Sunday Night at the London Palladium.

We had holidays together and made cine films while on holiday in Kent in the 1960's.

Rita's memory:

The five of us had a lovely holiday at Auntie Lily and Uncle Joe's and we made a film on the Romney, Hythe and Dymchurch Railway, it took over several days to film.

Very happy memories of a lovely holiday in Margate. I seem to remember that somehow the



Val Booth.

I know Val from Little Aston Table Tennis Club and we also played together on Wednesday mornings at Windley Leisure Centre.

We have been on lots of weekends abroad holidays to Murren in Switzerland.

Val's memory:

So many memories of you, Clive. You were the demon table tennis player at Little Aston Club winning the cup so many times we gave it to you in the end!

And I remember great holidays in Murren, Switzerland. 6 of us, in the days when we could all walk up mountains and take photos of the alpine meadows. Happy days. All the best on your 90th, Clive.



Happy 90TH Birthday
CLIVE



Gerry Conde.

Gerry lives in George Frederick Road in Banners Gate, on the corner of Westwood Road, where I lived as a child.

We played table tennis together and were members of Lichfield Movie Makers.

Gerry designed my birthday card himself.



Christine Hutt.

I know Christine from Sutton Arts Theatre. We used to have fun helping at the Table Top Sales.

We have been for lots of walks in Sutton Park and then to Park House for a meal afterwards.

Hi Clive, It's your 90th birthday today.

We are celebrating your special day in the conservatory. 12 friends and your daughter, Sue. Lots of cards and presents for you. The cake is on the way. Oh it has just arrived. A chocolate caterpillar with 10 candles on it yum-yum.

Christine.



Ron Hutt.

As well as the walks in Sutton Park, we have been to Jones Wood, which was full of bluebells and done lots of other walks in and around Walmley.

We went to Christine and Ron's for Christmas dinner in 2021.

We enjoyed our meetings at the Toby Carvery and making you laugh. We also included a walk through Sutton Park and you worrying if we could find our way back to the carvery.

Your fitness and walking ability was very good at that time.

Ron.



John Timmins.

I have known John and Margaret and their son, David and daughter, Susan for many years. We originally met at Aston & Erdington Photographic Society.

We have had lots of trips out together.

We used to go to barbecues in John and Margaret's garden and John was always in a cloud of smoke.

Margaret was unable to come to my party as she had hurt her back but she sent me a message. Susan came with John.





Margaret Timmins.

Margaret was unable to come to my party as she had painful legs but she sent me a photograph and wrote me a message.

Hello Clive

Sorry I can't be with you today, my legs won't let me.

You made me laugh so much when we were at Auntie Barbara's at Christmas and at our barbecues in Burford Road.

I miss those days with Poppy, the dog and goldfish in the pond. We even had a male and female mallard ducks at one point.

Take care Clive and a Happy Birthday.



Brenda Harding.

I have known Brenda for many years. We have been on lots of holidays together.

We went on holiday to Rimini in Italy in 1982 and I helped Brenda to learn to swim in the hotel swimming pool

Brenda's memory

"I can recall an amusing story about Clive.

Do you remember going to Austria as a group? I cannot recall the name of the town other than it being in Bavaria. Joe, and probably the other men, were keen to visit the Casino but found out that jackets and ties were to be worn by the men - i.e. smart dress code. Clive had not taken either of these, so he had to wear your mother's jacket and a borrowed tie. He did feel uncomfortable about this as I think the fit was rather tight. We found it amusing. Also, he was always asked to choose the wine for the restaurant meals on these outings. This cut out the decision making by the gathered friends. He had no knowledge of wines so must have been guided by price. It always raised a laugh."



Phil Wesley-Harkcom.

Phil used to record voice-overs for my Audio-Visual slide shows and videos.

We used to turn our living room into a recording studio and have fun laughing at words that were difficult to pronounce or sentences that didn't make sense.

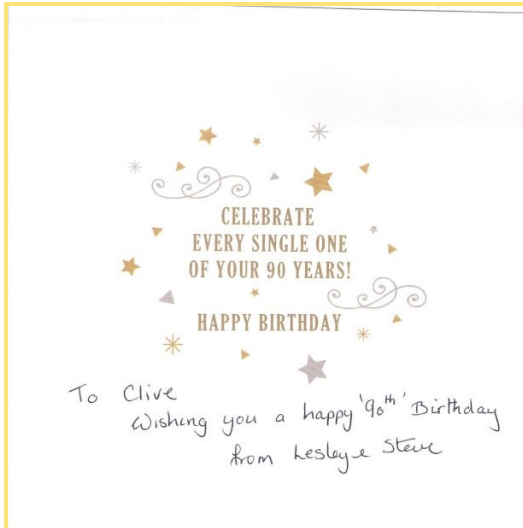
I used to call him, "Phil, (the voice)".



Lesley and Steve Smith.

Lesley and Steve Smith have lived at 65, The Greenway, in the house opposite me for 40 years.

Steve helped us put our garden furniture together and to build our bookcases.



David and Stephanie Hall.

I have known David and his family for many years since he joined Aston & Erdington Photographic Society.

We have been on holiday to Murren in Switzerland several times.



The following advertisements may benefit you, or people you know.

Grace Cares is a not-for-profit organisation

which has been set up to support older people, their families and care workers across the UK.

We collect, donate and sell pre-loved care equipment to enhance people's quality of life, support care workers and older people in need with grants and community groups and leave a better planet for future generations.

One of the ways we support our local community of Lichfield is by holding monthly tea parties for the over 75's which provide vital, life-enhancing social connections for older people at a time in their lives when their social circles are diminishing.



**BUY PRE-LOVED
CARE EQUIPMENT**



**GET HELP &
SUPPORT**



**DONATE OR GET
INVOLVED**



Let's work together



**Are you a carer supporting someone
living with dementia?**

We are here to help.

Come and join us at your local dementia carers hub
support group at Falcon Lodge Community Hub, Church
Hill Rd, B75 7LB, every Wednesday 1pm to 3pm



We know that being a carer can be difficult. However, you are
not alone and this group provides the chance to meet others on
a similar journey, as well as directing you to relevant and
practical support

✉ dementiacarerhub@ageukbirmingham.org.uk

🌐 www.ageukbirmingham.org.uk

📍 Falcon Lodge Community
Hub, Church Hill Rd, B75 7LB

☎ 0121 437 0033



Support Group
SUTTON COLDFIELD

Delivered by Age UK Birmingham &
Age Concern Birmingham



Carer Support Group Open Day

Are you supporting someone living with dementia
in Sutton Coldfield?

Come along and meet the
team, join in with
activities and receive
information about what
we can do to support you.

Wednesday 13th September
1pm to 3pm

**Falcon Lodge Community
Hub, Churchill Rd, B75 7LB**



For more information, contact us:
0121 437 0033

dementiacarerhub@ageukbirmingham.org.uk

www.birminghamcarershub.org.uk

**Birmingham City
Council are completing
face to face
Occupational Therapy
Assessments
in your community**

Occupational Therapy Clinics

Drop-in clinics are running daily
across Birmingham, from
9.30am- 2pm.

No need to book.

For more information about
clinic venues visit:

[https://birmingham.connecttosupport.org/
occupational-therapy/occupational-therapy-
clinics-in-the-community/](https://birmingham.connecttosupport.org/occupational-therapy/occupational-therapy-clinics-in-the-community/)



**Birmingham
City Council**

**Tuesdays: Boldmere Clinic, Newman Community Centre,
13a Boldmere Road, Sutton Coldfield, B73 5UY. 9.30 - 3pm**

ERDINGTON WELLBEING HUB

196 High Street, Erdington B23 6SJ

Tel: 0121 827 6295

Welcome to a new era of service and support
for Erdington residents.

Jordanne Francis
Health and Wellbeing
Officer

T: 0121 320 1930
T: 0121 827 6295
M: 07458 130587
E: Jordanne.francis@wittonlodge.org.uk
W: www.wittonlodge.org.uk

WITTON LAKES ECO HUB

Witton Lakes, Gypsy Lane, B23 7XX

Tel: 0121 227 3200

Welcome to a new era of service and support for
Erdington residents.





Join us for
our next
event

**Mercia Grange care home,
Sutton Coldfield**

**Coffee, cake &
friendship cafe**

**First Tuesday of every month
2pm - 4pm**

Come along to our coffee, cake and friendship café! Meet Alzheimer's Society Dementia Advisors and gain valuable support and advice. Join like-minded members of the community, make new friends and enjoy a selection of home-baked treats in our warm café. We also have a dementia-friendly barbour on hand to provide your loved one with a unique pampering experience.

Experience a tour of our beautiful care home, whilst our friendly team are always on-hand to provide help and guidance.

Trusted to care. 

To attend please call
01214 682 684 or email
rachel.mackay@careuk.com

care UK 



SUTTON PARK
GRANGE
CINNAMON LUXURY CARE

Dementia Friendly CINEMA

LAST WEDNESDAY OF EVERY MONTH
LAUNCHES WEDNESDAY 26TH JULY 2.30- 4.30PM

Join us at Sutton Park Grange for our Dementia Friendly Cinema.

Join us with your carer, partner or friend where you will be welcome to watch an appropriate film and enjoy popcorn and refreshments.

For more information please call please call Karen on **01217 562 174** or email: sutton.enquiries@cinnamoncc.com to reserve your space.



Sutton Park Grange Care Home Birmingham Road, Sutton Coldfield, Birmingham, B72 1LY
www.cinnamoncc.com/suttonparkgrange



SUTTON PARK
GRANGE
CINNAMON LUXURY CARE

LUXURIOUS CARE HOME IN SUTTON COLDFIELD

Sutton Park Grange has been designed with the people we care for in mind – whether it is the personalisation of their care plans, the careful selection of the décor in their room, their dining experience, hobbies or personal preferences...

At Sutton Park Grange, people will always come first

For more information or to book your personalised tour please call our Team on **01217 562 174** or email sutton.enquiries@cinnamoncc.com to find out more.

RESIDENTIAL CARE | DEMENTIA CARE | RESPITE CARE

Sutton Park Grange Care Home Birmingham Road, Sutton Coldfield, Birmingham B72 1LY
www.cinnamoncc.com/suttonparkgrange





British Sign Language (Birmingham)

FREE BSL EVENING CLASSES STARTING SEPT 2023

Banners Gate Community Centre, Sutton Coldfield B73 6UR

The Great Barr Community Hub

*A **10-week** workshops, Virtual learning(online) and face to face(centre) providing you with basic conversational BSL skills to communicate effectively. No experience needed or Level of signing. Come join for some fun learning. Refreshments included. Please phone or email to reserve place **HURRY!** Limited places*

10-week courses delivered by experienced Tutors

Topics such as

- Fingerspelling
- Meeting people
- Questions
- Number/Time/Money
- Weather
- Transport
- Jobs
- Colours
- Family
- And more



Contact 07825255042

Email bslsilver2022@gmail.com

www.bslsilver.co.uk



Calling all cat lovers ..

Can you help? Can you adopt? Can you foster?



Lucy



Terence

All the cats featured here are now - August 2023 - looking for their forever home - for a host of reasons. Maybe their owner has died as with Lucy, some are in dire straits, having to move into rented, losing their partners or jobs - all sorts of situations and changes of circumstances.




Polly



Jo Jo

If any one of these lovely cats appeals to you - or if you could foster - contact Lynne of Team Cat Rescue on 0121 373 4596.



Birmingham and Solihull
Integrated Care System
Caring about healthier lives

Annual health checks for those who are diagnosed with dementia


Information for those who are living with dementia, their families, loved ones and carers

Are you a person living with dementia or do you care for somebody that is living with a type of dementia? (for example Alzheimer's disease, Vascular Disease, Frontotemporal Dementia).

Did you know that if you are diagnosed with dementia, you are entitled to a free annual health check. It is important to undertake annual health checks and it is a key part to an individual's care and well-being.

What is an Annual Health check?

- An Annual Health Check is a discussion between you and a Health Care Professional (Nurse, Advanced Health Practitioner, GP) to see how things are going and offer local support on matters which you may find challenging.



Why do you need an Annual Health Check?

- The health check will help you keep healthy and get the right support you need if there are any changes to your body or the way you are feeling

How do you get an Annual Health Check?


- Each year the patient will be contacted by their registered GP Practice before their annual health check is due. If you provide support to a person living with dementia, and want to arrange an annual health check, then please contact your GP Practice.

What if you want an Annual Health Check but haven't had one?

- You or a member of your family can contact your GP Practice and ask for an Annual Health Check appointment
- Tell your GP Practice that you have dementia so they can give you the right health check


How long does an Annual Health Appointment last?

- 20-30 mins







What help might you need?

- Ask for help if you feel that you might be distressed about going to the GP Practice by yourself
- If you find it hard to tell the Health Care Professional how you are feeling or are worried about having an health check, you can take a member of your family or someone that knows you well
- Maybe write down a list of questions you might want to ask the Health Care Professional



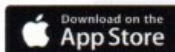
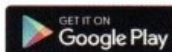
What happens during the Annual Health Check?

- The Health Care Professional will ask all about you and how things are at home
- Review medication/weight/height and carry out blood tests
- Identify any changes in behaviour and offer some solutions
- Review planning for the future conversations by identifying a person's wishes and preferences
- Offer personalised support by referring the patient or someone who is caring for them to a number of services including: Dementia advisors, Social support, finance support, [Birmingham Carers Hub](#), [Carers Trust Solihull](#), [Alzheimer's Society](#), [Memory Assessment Service](#)

Can you help us save more food?

OLIO
The Food Sharing App



Yes you can!

It's easy to give back to the OLIO community



Spread the word

Tell the next 5 people
you talk to about OLIO.
Go on, don't be shy!



Add to OLIO

Your neighbours will
love your spare food or
household items.



Volunteer

Feel great
& do good
at the same time.

Learn more at

OLIOex.com/get-involved

Together we can make a difference!

OLIO

f @OLIOex i @OLIO_ex t @OLIO_ex



COULD YOU VOLUNTEER?

Our Volunteers are legends and we are always looking for more. We wouldn't be able to do all that we do without the amazing work and support of our volunteer team. There are different ways in which you can volunteer for us at The Gap*. We offer all the training that is required and we put all volunteers through the DBS process.

We would love to welcome you onto our team! If you have a heart for young people and seeing them thrive in life please do get in touch. You can do this by emailing us at or scanning the QR code to go straight to our website!

CONTACT US

Senior youth worker
07565542976
gap.huboffice@gmail.com



gap.huboffice@gmail.com



At The Gap we exist to engage, identify and invest in the lives of marginalised young people in Sutton Coldfield and surrounding areas. We look to step into the gap between exclusion and acceptance, between apathy and hope. We seek to demonstrate that actions really do speak louder than words.

A big part of what we do is our drop-in session Venue on Mondays, Wednesdays and Fridays from 3:30-5:30 which is full of fun, games and hot chocolate! We also run The Studio here where we record music or podcasts based on discussion topics the young people are passionate about. Outside of this we do 1-1 mentoring sessions in schools with our project Headspace where we help young people with their mental health. We also have our detached youth work project OutThere!



@thegapsuttoncoldfield



the gap* Sutton Coldfield

Sutton Coldfield Neighbourhood Network Scheme (SCNNS) are pleased to launch their new monthly email newsletter. Please sign up to the mailing list by emailing nns@ageconcernbirmingham.org.uk to receive updates on newly supported projects, asset news and training opportunities.



SEPT. 2023

WELCOME TO OUR

September Newsletter

HELLO FROM SUTTON COLDFIELD NNS!

Welcome to our **NEW** monthly Newsletter



The team would like to share a few nuggets of Sutton Coldfield NNS news to keep our community updated on newly supported projects, asset news and training opportunities. We hope you find it useful!

If you would like promote any relevant news or opportunities through the newsletter please get in touch at

nns@ageconcernbirmingham.org.uk

THANK YOU! From Pete, Hilary, Suzy, Joe, Manjit, and Cathy

A photography competition celebrating Sutton Coldfield's heritage

Sutton Coldfield Heritage Network wants to celebrate Sutton's heritage and we need your help!

Submit your beautiful, eye-catching photos featuring any aspect of Sutton Coldfield's heritage and together we'll showcase the best and most interesting aspects of Sutton's heritage for all to enjoy.

The 12 best images will be used to create a 2024 calendar, which will be sold to create funds enabling Sutton Coldfield Heritage Network to put on community events. Every entrant whose photograph is included in the calendar will receive 2 free copies of the calendar.

Perhaps you'll take a picture of one of Sutton's gorgeous buildings, or maybe you'll find some quirky architectural detail to highlight. Whether you're taking pictures of Sutton's archaeology, natural landscape or a photo inspired by a story from Sutton's past, we'd love to see your skill and creativity. Sutton's heritage isn't restricted to 500 or even 100 years ago – it can be anything that you value and enjoy about Sutton now and would like to see documented or preserved for the future.

There are two categories for this competition – (a) Photos taken by children and young people aged 15 or under and (b) photos taken by people aged 16 or over.

Deadline for entries: Midnight Sunday 17th September 2023

Terms and Conditions

- Photos must be taken in Sutton Coldfield (B72, B73, B74, B75, B76 postcodes). When you submit your photo you must state where in the Sutton Coldfield it was taken and what it is a photo of e.g the name of the building.
- Photos do not need to have been taken this year.
- By submitting a photo you are confirming the photo is your own.
- Photos must be submitted as a digital image via email (see How to Enter, below).
- Photos MUST BE landscape and must be big enough to print, at good quality at postcard size. This will probably mean your image is at least 2 Mb big, and / or at least 1500px on the long side. Images which do not meet these criteria cannot be considered. Please do not send any image larger than 20 Mb.
- Photos submitted must be original work and must not have been previously published or entered into other photographic competitions.
- Photos can 'natural' or processed with post-camera effects. Photos can be black and white or colour. Cropping is allowed as long as the image submitted meets the size criteria above.
- If people are identifiable in your photo, please make sure they are happy to be in your photo and understand that it may appear online or in print.

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- Copyright for any image submitted for this competition remains with the entrant who submits it. However, by submitting a photo you are giving permission to Sutton Coldfield Heritage Network for the image to be used free of charge in its literature and publicity, including social media, and in the limited run calendar which will be sold to raise funds for Sutton Coldfield Heritage Network.
- Photos must be suitable for a universal audience.
- Deadline for entries Midnight Sunday 17 September 2023. Any entries received after this date will not be considered.
- Only winners (12 in total) will be contacted by the organisers. There will be at least one winner from each age category. Winners and runners up will be informed by Monday 1 October 2023 and prizes (2 calendars per winning photograph) will be posted out as soon as they arrive back from the printers (which we anticipate being late November)
- A panel of judges will select the 12 winning photos. Photos will be anonymised when judging takes place.
- The entries will be judged according to the following criteria: (1) clearly depicting an aspect of Sutton's heritage (2) overall impact (3) composition and arrangement and (4) originality.
- The judges' decision will be final, and no correspondence will be entered into.

How to enter

Email your entries in high resolution to suttoncoldfieldheritagenetwork@gmail.com and include:

(1) Your full name

(2) Where in Sutton Coldfield the photo was taken

(3) A sentence or two on how the photograph celebrates Sutton's heritage. For example, this may be as simple as stating that it is a picture of an old building (please name the building), or it may be an explanation of the story from Sutton's past which has inspired the photo, and

(4) Whether you are 15 years old or under, or 16 years old or older. Parents can submit photos on behalf of their children.

Please send only one image per email; if you are submitting more than one photo (noting you may submit as many as you) like please send each photo separately by email. Photos can also be sent by file transfer such as We Transfer.

By submitting a photo you agree to the competition terms and conditions.

Deadline for entries Midnight Sunday 17th September

We are grateful to Sutton Coldfield Charitable Trust for supporting the work of Sutton Coldfield Heritage (SCHN) this year. We will be facilitating a wide range of events during Birmingham Heritage Week in Sutton Coldfield, September 8th - 17th. You can find out more by following us on Facebook (<https://www.facebook.com/SuttonColdfieldHeritageNetwork/>) or Twitter (<https://twitter.com/SuttColdHN>) or Eventbrite (<https://www.eventbrite.co.uk/o/sutton-coldfield-heritage-network-50629663033>), or by keeping an eye on <https://birminghamheritageweek.co.uk/>

Helen Haywood-Willis ARBSA



An Exhibition of Saggar Fired* Ceramics

29th August - 14th October 2023

**Saggar:
a protective casing
enclosing ceramic ware
while it is being fired.*

Royal Birmingham Society of Artists
4 Brook Street Birmingham B3 1SA
<http://rbsa.org.uk/>

RBSA
Gallery

Royal Birmingham Society of Artists



Hi Fopps has had another busy month.

On Sunday 20th August we did our usual monthly litter pick in Perry Park where we collected 10 bags of rubbish. See photo our next litter pick should be on Sunday 17th September weather permitting meet 2pm in the Church Tavern car park near the EV machine. All are welcome to join us.



On Wednesday 23rd we had a residents meeting in the park to discuss the council proposed plan for Perry Park. Regarding the consultation plan to fence off more of the park near the rear of the stadium This was promised to be returned to the community after the games. It's now over a year since the games ended and the children's playground has not been replaced. If you care about any green space near you, get out and enjoy it before it disappears.

Below is a photo of the area in the NW corner of the park which is now fenced off to the community.



On September 17th Birmingham Tree People are having a stand at the upcoming MAC's Big Green Weekender, (Midlands Art Centre) 11pm-4pm this is open to anyone with an interest in trees and green spaces. Pay and Display parking is available at the MAC.

Valerie FOPPs

Here are more amazing examples of street art, sent in by Mike.

Thank you Mike.

They are so good I am dedicating a page to each one.

Careful with the third if you suffer from SPHEKSOPHOBIA. You'll know what it means, if you do, when you come to the third.

















2D felted picture workshop



Saturday 26th August
1pm-4pm

Banners Gate Community Hall
35 Reay Nadin Drive,
Sutton Coldfield.
B73 6UR

Join us for this 3 hour workshop led by local artists, Lesley and Claire. You will learn the basics of needle-felting, using lovely wool fleece and barbed needles. You will make your own beautiful seascape which you can frame or put into a greetings card.

Just £40 to include all materials, equipment and instructions, along with refreshments.

Call Lesley 07926 988204 or email lamoorn1@hotmail.com



Rainbow
Moon
Craft Workshops





From 8th to 17th September 2023

BIRMINGHAM HERITAGE



www.birminghamheritage.org.uk

From 8th to 17th September 2023

BIRMINGHAM HERITAGE FORUM



Birmingham Heritage Forum



@HeritageBham



This leaflet will help you plan your visit to experience the City's rich heritage.
For more detailed information and links to Heritage Forum members' own websites,
please go to: www.birminghamheritage.org.uk

For further tourism and heritage information please go to:
www.visitbirmingham.com



Visit Birmingham

West Midlands Growth Company

As we countdown to the Birmingham 2022 Commonwealth Games, come and discover for yourself what makes Birmingham and the West Midlands the perfect backdrop. Join in with our colourful & eclectic calendar of festival and events. Wonder at our forward-thinking architecture or explore our majestic waterways, lined with history, culture & lifestyle.



@visit_bham



VisitBham



Visit_Birmingham

BLUE BADGE TOURIST GUIDES



Here to help. See the tour guides section of the website, or call direct:

Guiding You Ltd.	07788 581539
Guide-Link Booking	07984 904816
Roger Bailey	024 7669 1212
Mary Moore	0121 705 1364
Ann Nunn	0121 705 2538
Diana Perowne	0121 472 6633
Vicky Nailor	07545 567301
Black Heritage Walks Network	07593 894406



Birmingham Heritage Week

Birmingham Heritage Week is a city-wide festival that celebrates Birmingham's rich and diverse heritage. Many Heritage Forum members will be joining in this heritage festival in September.

birminghamheritageweek.co.uk



Birmingham 2022 Festival Commonwealth Games from March to September 2022, This national celebration will explore a diverse range of cultural heritage.

birmingham2022.com/festival



Every September we celebrate our fantastic history and culture. Many Heritage Forum members will open their doors for FREE as part of this national celebration.

heritageopendays.org.uk

Supported by:

THE
LIMOGES TRUST



Birmingham
City Council

William A Cadbury
Charitable Trust

Soho House

Soho Avenue,
Handsworth,
B18 5LB
0121 348 8150



Stirchley Baths

2-4 Bournville Lane,
B30 2JT
0121 464 9072



St Alban the Martyr Church

Conybere Street,
Highgate, B12 0YH
See Heritage Forum
website



Thinktank, B'ham Science Museum

Millennium Point,
Curzon Street,
B4 7XG
0121 348 8000



St Chad's Cathedral

Saint Chad's
Queensway,
B4 6EU
0121 230 6201



Tolkien's Birmingham

See Heritage Forum
website



St Laurence Church

Church Hill,
Northfield,
B31 2LX
0121 475 1518



Transport Museum Wythall

Chapel Lane,
Wythall,
B47 6JA
01564 826471



St Mary's Church

Hampstead Road,
Handsworth,
B20 2RW
0121 554 3407



Weoley Castle Ruins

Alwold Road,
Weoley Castle,
B29 5RJ
0121 348 8120



St Mary's Convent

Hunters Road,
Handsworth,
B19 1EB
0121 554 3271



West Midlands Police Museum

The Lock Up,
Steelhouse Lane,
B4 6NW
See Heritage Forum
website



St Paul's Church

St Paul's Square,
B3 1QZ
0121 236 7858



Winterbourne House and Garden

58 Edgbaston Park
Road,
B15 2RT
0121 414 3003



Aston Hall

Trinity Road,
B6 6JD
0121 348 8100



Aston Parish Church

Witton Lane,
B6 6QA
0121 327 3880



Austin Village

Longbridge,
B31 4JA
See Heritage Forum
website



Back to Backs

Hurst Street/
Inge Street,
B5 4TE
0121 666 7671



The Barber Institute of Fine Arts

University of
Birmingham,
B15 2TS
0121 414 7333



Bells Farm House

Bells Farm Close,
Druids Heath,
B14 5QP
0121 433 3532



Birmingham Assay Office

1 Moreton Street,
B1 3AX
0121 236 6951



Birmingham Botanical Gardens

Westbourne Road,
B15 3TR
0121 454 1860



Birmingham Cathedral (St Philip's)

Colmore Row,
B3 2QB
0121 262 1840



Birmingham Museum & Art Gallery

Chamberlain Square,
B3 3DH
0121 348 8032



Birmingham Oratory

Hagley Road,
Edgbaston,
B16 8UE
0121 454 0496



Birmingham Parish Church (St Martin's)

Edgbaston Street,
B5 5BB
0121 600 6020



Blakesley Hall

Blakesley Road,
Yardley,
B25 8RN
0121 348 8120



Brandwood End Cemetery Friends

Woodthorpe Road,
B14 6EQ
0121 605 4316



Capability Brown

His Legacy in the City
See Heritage Forum website



Castle Bromwich Hall Gardens

Chester Road,
Castle Bromwich,
B36 9BT
0121 749 4100



Chamberlain Highbury Trust

Highbury Hall,
4 Yew Tree Rd,
Moseley, B13 8QG
07816 582541



The Coffin Works

13-15 Fleet Street,
B3 1JP
0121 233 4790



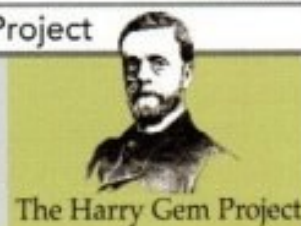
Handsworth Old Town Hall

20 Slack Lane,
Handsworth,
B20 2JL
0121 747 5266



The Harry Gem Project

The History of Lawn Tennis
See Heritage Forum website



The Hive – New Standard Works

43-47 Vittoria Road,
B1 3PE
07805 304 294



Holy Trinity Church, Birchfield

Trinity Road,
Birchfield,
B6 6AH
0121 356 4241



Holy Trinity Parish Church

Trinity Hill,
Mill Street, Sutton
Coldfield, B72 1TF
0121 321 1144



Lapworth Museum of Geology

University of
Birmingham,
B15 2TT
0121 414 7294



The Library of Birmingham

Centenary Square,
B1 2ND
0121 242 4242



Lightwoods House and Park

Adkins Lane,
B67 5DP
0121 569 4141



Lunar Society

Boulton & Watt, founder members on the £50 note.
See Heritage Forum website



Manor Farm Park Friends

389 Bristol Road South,
B31 2AB
07968 325639



Martineau Gardens

Priory Road,
Edgbaston,
B5 7UG
0121 440 7430



Moor Pool Heritage Trust

Moor Pool Hall,
The Circle,
Harborne, B17 9DY
0121 426 2908



Moseley Dovecote & Garden

Alcester Road,
Moseley, B13 8JL
See Heritage Forum
website



Moseley Icehouse

Alcester Road,
Moseley, B13 8DD
See Heritage Forum
website



Moseley Road Baths

Moseley Road,
Balsall Heath,
B12 9BX
0121 439 0320



Museum of the Jewellery Quarter

Vyse Street,
Hockley,
B18 6HA
0121 348 8140



New Hall Mill

Wylde Green Road,
Sutton Coldfield,
B76 1QU
See Heritage Forum
website



The Pen Museum

Frederick Street,
Jewellery Quarter,
B1 3HS
0121 236 9834



Pugin's Birmingham

His Legacy in the
City
See Heritage Forum
website



RBSA Gallery

4 Brook Street,
B3 1SA
0121 236 4353



The Roundhouse

1 Sheepcote Street,
B16 8AE
0121 716 4077



Sarehole Mill

Cole Bank Road,
Hall Green,
B13 0BD
0121 348 8160



Selly Manor Museum

Maple Road,
Bournville,
B30 2AE
0121 472 0199



Sherborne Wharf Heritage Boats

Sherborne Street,
B16 8DE
0121 455 6163





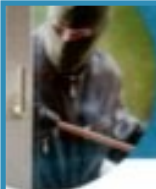
A guide to help prevent crime occurring in and around your home

West Midlands
POLICE



Preventing crime, protecting the public and helping those in need
www.west-midlands.police.uk

59541VC
06-2020



Crime Prevention

The Police understand that burglary can be emotionally devastating and financially costly to victims and their families.

This information offers you practical advice on how to improve the security of your home and protect your belongings.

You can use this simple Home Security Survey to identify weaknesses in your own home security and do something about it by following the advice contained in this leaflet.

How to Use the Checklist

Use the checklist, together with the notes at the front of this booklet. Consider each item and decide "does it require attention or not?" and tick appropriately. If attention is required tick off the 'Action Taken' box when you have taken action to rectify the problem.

At the end of your survey you should be able to identify any weaknesses in your home security. You will know when you have done all that you can as each item should be ticked as 'yes' or 'action has been taken'

1. Lighting

Criminals prefer to commit crime where they cannot be seen. Opportunist thieves often target houses that look like no-one is at home, so consider installing timer switches to lights around the house so it appears that the property is occupied. Consider fitting sensor lighting, which will activate from dusk to dawn, to the front and back of your home.

2. Overgrown shrubs or bushes

Keep a check on your own plantings around your home. If they get out of hand they can assist criminals with hiding places. Plantings should ideally be no more than one meter high and tree canopies no lower than two metres from the ground. High hedges at the front of your property will reduce natural surveillance and allow intruders to operate without being seen. This may prevent your neighbours from seeing any criminal activity and raising the alarm for you. We recommend low hedges at the front of your property and high hedges to the rear.

3. Climbing Aids

These are all those opportunities for a criminal to gain access to your garden by using anything convenient to climb over your fence. This could be as simple as a 1m fence joining a 2m fence, or a dustbin or even a pile of wood. Check the outside perimeter of your property for anything that might be of use to the criminal to climb over your fence.



On most UPVC doors the type of locks fitted will be a Euro profile cylinder, these are the types of locks which can be snapped. There are locks on the market which can combat this method of entry and branded as Anti-Snap locks, they will be tested to meet a certain standard.

If you are changing locks make sure the lock is tested to TS007 and achieve 3 Star standard.

There are two ways to attain the TS007 3 Star standard:

Replace your existing cylinder with a TS007 3 Star Kitemarked cylinder.

The cylinder will clearly show the 3 Star Kitemark logo. It gives the highest level of security available with several layers of protection built in. You don't need to replace your existing handles.

Or

Replace your existing cylinder with a TS007 1 Star Kitemarked cylinder, and replace your door handles with TS007 2 Star Kitemarked handles.

By combining a 1 Star Cylinder with 2 Star handles, you get the same 3 star rating.

TS007 3 star kitemarked cylinder with TS007 2 star kitemarked handles

Other products for patio's and French doors which stop the door handles being forced open are also available.

For further information on home security visit www.securedbydesign.com or the Master Locksmiths Association.

4. Fencing

Is your fencing in good condition? You are allowed a 1m fence at the front and a 2m fence at the rear of your property. Front fences will create a defensible space; rear fences will form a secure barrier against intruders and can be increased in height with trellis where necessary. Barbed wire, razor wire and carpet gripper etc. should not be used as you have a duty of care to prevent anyone accidentally injuring themselves. Trellis should not be robust enough to become a climbing aid and the diamond shaped trellis is the preferred style as it is harder to climb. If using fence panels with concrete posts then these need to be secured with galvanised strips to stop offenders from lifting the panels.



5. Doors

Your front door should be in good condition and of strong design. Wooden doors should be solid timber with a British standard 5 lever mortice lock and a deadlocking rim lock on. Consider when your keys were last replaced, whether past owners or tenants may still have access to your home, and whether anyone may have made copies of your keys without your knowledge. If you are worried, ask a professional locksmith to change your locks and fit an approved patented system, whereby keys can only be copied with proof of ownership. The door should be fitted with a door viewer unless any callers can be clearly seen by other means. When considering buying new doors the security standard is PAS 24: 2016 or STS201 Issue 7: 2015 or LPS1175 Issue 8: 2018 B3, which is recommended by Secure by Design.



UPVC doors should always be locked and ensure you engage the multi locking mechanism. Even when you are in

West Midlands Police are aware of lock snapping which is not a new concept in gaining entry into households and has been around for some time.

6. Windows

Check the strength and condition of your windows and frames. Remember the most vulnerable windows are those at ground level and any above a flat roof.

Wooden windows can be just as strong as UPVC windows providing good hinges and locks are used. Normal double glazed units do offer a good level of security under normal circumstances. Consider fitting laminated glass if you have a considerable fear of crime. Security films are also available, which can be applied to glass to give it the properties of laminated glass. Always consult a specialist.

If considering new windows, ensure that all opening windows are fitted with multi-point locking and shoot bolts. Remember to make sure you can escape from an upstairs window in the event of a fire. The Standard is PAS 24: 2016.

7. Gates

Do you have gates that will deter intruders? Any side gates should always be kept locked and bolted and be in good working order. Again trellis could increase the height if required, but make sure this does not create a climbing aid when used with the supporting rails.

8. Defensive Planting

Spiky or thorny plants can provide an effective barrier to intruders, there is a list at the back of this leaflet that will help you decide what type of plants are best. You can use such plants to improve security at the perimeter of your home where an intruder may try to climb a fence, wall or gate. Ask at your local

garden centre what is available, and how to use it. Remember to ask how quickly it grows and how big it will get.

Defensive planting can also be used under any accessible windows to stop offenders gaining access to them to either look inside or attack.

9. Garden Ornaments and plants

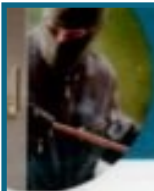
Some of your garden ornaments and plants may be very expensive and very desirable to a thief. It is suggested that you use low value plants and ornaments at the front of the property which may be targeted by thieves, and keep the best ornaments and plants for the privacy of your rear garden.

10. Items of use to a criminal

Often criminals are opportunists and are not necessarily prepared for what they do. If you leave items out for them such as ladders, garden implements, or even a plant pot to put through a window then you make their job easier. Check around your property both front and back, and remove or lock up items the criminal might find useful to commit the crime.

11. Dustbins

Dustbins have uses for criminals. They use them to climb over fences, climb up to open windows and to wheel away your stolen goods. Make a secure fixing that the dustbin can be secured to away from side gates, flat roofs and windows. This could include use of a Solid Secure chain, padlock and ground anchor or a purpose built lockable enclosure.



12. Garden Shed

Make sure that your garden shed is secure. Valuable items such as fishing tackle and golf equipment should not be stored there. If the shed cannot be secured then make sure no items are stored there that could be used to break into your home, such as ladders, garden tools and electrical equipment. Make sure that the roof and walls of the shed are fixed and robust in construction. Any glazed panel should be internally protected using, for example, timber batons, chicken wire or hard board. Consider chaining all larger items together with a quality Sold Secure chain, padlock and ground anchor. Also consider fitting a shed alarm.

13. Net curtains/ Blinds

Net curtains do a simple job. They allow you to see out of the house but prevent anyone looking in. If intruders can't see in then they can't see what you have and are not tempted to try. If you have blinds fitted ensure they are closed or angled sufficiently to serve the same purpose.

14. Valuable Items on display

It is a good idea if you can place valuable items such as laptops, tablets, games consoles, smart phones' and then carry onto TV's etc. away from view. Again remove temptation and remove the risk. Even chargers or controllers for these devices should be removed from sight.

15. House Alarm

If you want a professionally fitted house alarm you will have to approach a reputable company. The regulatory bodies for alarm companies are SSAIB and NSI. Any companies who are members of these organisations will provide a quality product and service. Alarms should have dual or Quad tech sensors, live front and back bell boxes and have auto dialler fitted as standard. If you do fit an alarm, consider who will respond to it. Do not just assume that someone will respond if it is a bells only alarm. Locate friendly neighbours who agree that they will check the premises if the alarm activates.

16. Bogus Callers

Do not open door to unknown persons. If genuine they will call back or consider using the password scheme run by all general utility companies. Always check any ID.

17. Insurance

Insurance gives peace of mind and may not be as expensive as you may think. If you are a homeowner then you will need to insure the building, but contents cover should be considered.

18. Property Marking / tracking

Mark valuables using one of the numerous methods of marking that are available, such as engraving for jewellery.

Remember if it is marked and stolen you stand a greater chance of getting it back. It will also be of reduced value to the thief.

Make a note of all serial numbers of electrical goods etc. using the form provided in this booklet.

Download tracking Apps onto laptops, mobile phones etc.

Use a safe. Install it to the manufacturer's specification to a solid surface.

19. Car Parking

Never leave Keys in ignition (warming or defrosting the car), or near a window or door inside your home. If the only place to park is out on the street then fit a car alarm, vehicle immobiliser, steering wheel locks or wheel clamps. If you have a drive or garage please use it. Park your car under a window or consider installing an external light to light up the parking area at night. Put up gates or a security post and lock them at night. Make sure your car is locked if left unattended. For vehicle security products go to Thatcham or Sold Secure.

20. Finally

DON'T keep large quantities of cash in the house.



Useful websites



The Secured by Design initiative supports the aim of 'designing out crime' from homes and commercial premises.

Look for this logo and you can be sure that Crime Prevention has been taken into account at the design and construction stage.

www.securedbydesign.com



Sold Secure is one of the UK's leading testing and certification agencies for Security Products. Started by the Police in the early 90's this non-profit distributing company is dedicated to the reduction

of crime through rigorous testing against stringent test standards, replicating what thieves do, to ensure that approved products provide an adequate level of security.

www.soldsecure.com

www.locksmiths.co.uk

Victim Support

www.victimsupport.org

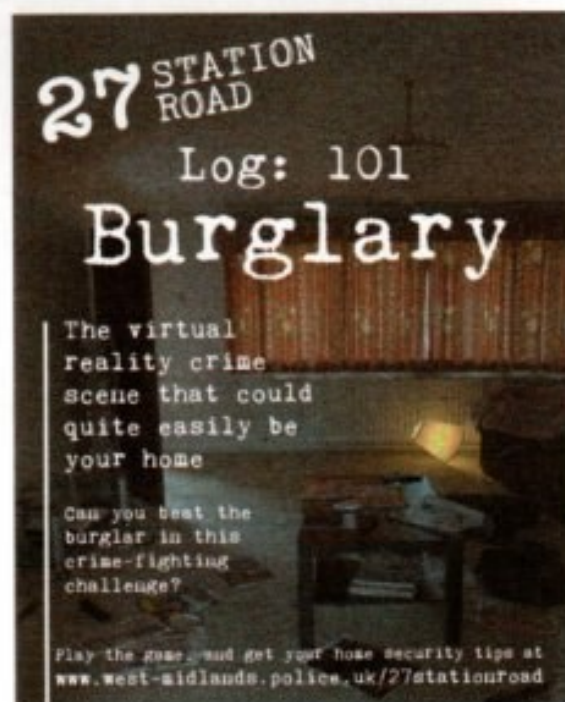
Crime stoppers

0800 555111

Local Police Team

101

www.west-midlands.police.uk



Your premises	Action required		Action taken
Front of house and boundary	Yes	No	
Overgrown shrubs and bushes			
Stepping stones			
Defensive planting			
Garden ornaments and plants			
Items of use to a burglar			
Lighting			
Gates			
Fences			
Tools			
Live alarm box			
Front Door	Yes	No	
Strength of door			
Frame reinforcement			
Five lever mortice lock or 3 star			
Securable letterbox			
Door viewer			
Door chain / bar			
Door glazing			
Glazing near to door			
Windows	Yes	No	
Condition			
Glazing			
Sash locks			
Window locks			



Your premises	Action required		Action taken
Inside Your House	Yes	No	
Net curtains / blinds			
Valuable items on display			
Insurance - home contents			
Insurance - buildings			
Photographs of expensive items			
Note of model and serial numbers			
Property marked			
Timer switches on lights			
Large amounts of cash			
A safe			
House Alarm			
Rear of house and boundary	Yes	No	
Overgrown shrubs and bushes			
Stepping stones			
Defensible planting			
Trellis or fence toppings			
Valuable garden items			
Items of use to a burglar			
Dustbin			
Shed			
Fence			
Gates			
Lighting			
Live alarm box			

Please examine your property and record details below for future reference, also consider photographing items.

Please examine your property and record details below for future reference, also consider photographing items.

[illegible]



DEFENSIVE PLANTING – Rambling and climbing Roses

Climbing and rambling roses are used up walls, trellises, pillars, fences, posts, trees and any unsightly area within the garden.

Rambling roses generally have stems that are much more lax and pliable making them easier to grow through trees, hedges and fences. They are also very useful as a screen in the garden.

For further advice you can visit your local garden centres.

Rambling Rose examples:



Bobbie James - Huge sprays of semi-double creamy white blooms, scented. Very vigorous. Summer flowering. Good for climbing into trees and hedges. Size: 9m x 6m.



Kiftsgate - extremely rampant Rambler bearing huge trusses of small single creamy flowers. Strong fragrance.

Summer flowering. Suitable for growing into a tree. Red hips in autumn. Size: 9m x 6m

All of the below are suitable for defensive planting around your garden. They all have thorns and spikes which can prevent an intruder from gaining access to your garden. They are all available from local garden centres. If you are unsure about the suitability of a plant you see, consult the staff at the garden centre and will be happy to help.

Juniperus x media Juniper 'Old Gold'	Evergreen, golden tipped foliage
Juniperus horizontalis, 'wiltonii', Creeping Juniper	Blue carpet
Mahonia bealei 'Winter sun'	Evergreen with yellow flowers
Gunnera Manicata-Giant Rhubarb	Rhubarb like leaves on erect stems
Picea pungens 'Globosa' Blue Spruce	Spiky needles
Phyllostachys aurea - Golden Bamboo	Very graceful
Ulex europaeus	Common gorse
Pyracantha	Climbing evergreen, 10 ft
Hippophae rhamnoides	Large thorny shrub with silver foliage
Berberis julianae	Yellow, early flowering
Berberis stenophylla	Graceful evergreen, prickly branches
Berberis ottawensis superba	Rich purple foliage
Berberis gagnepainii	18 ins
Berberis Thunbergii-Autropurpurea	3 ft
Berberis Buxifolia Nana	2 ft
Berberis Calliantha	3-4 ft
Berberis Candidula	3-5ft (slow growing)
Berberis Dictyophylla	Hawthorn
Berberis Verruculosa	4-5 ft
Crataegus Monogyna	3-5ft
Mahonia Bealei	Ground cover, shrubs and hedges
Chaenomoles Japonica	Hedge, trim to required height
Rosa fruhlings (gold yellow)	
Rosa rugosa rubra (Crimson)	
Rosa blanc double de Coubert (White)	
Rosa Frau Dagmar Hastrup	
Albertine (blush pink, scented)	Climbing roses
Helenae (creamy white, scented)	
Leverkusen (lemon yellow, scented)	
Francis E Lester	Rambler



Ministry
of Justice

The Victims' Code

Victims of crime: Understanding the support you can expect



Support and information

Being a victim of crime can be distressing.

The impact of crime will vary, but many people benefit from receiving some support and information to help them cope and recover.

The Victims' Code is a statutory Government document which explains what support and information victims of crime – both people and businesses – can expect. Some victims in special circumstances, for example children or victims of the most serious crimes, are entitled to extra support. This is also explained in the Code.



Reporting the crime

You can report a crime to the police by visiting a police station, by phone or online.

The police will give you information about what to expect from the criminal justice system after reporting the crime. If you agree, they will pass your details on to victim services organisations who will get in touch and help you.



Victim services organisations, such as charities, are not covered by the Victims' Code which focuses on making sure criminal justice agencies – such as the police and the courts – give victims the service they are entitled to.

However, victim services can offer valuable help for people who've experienced crime, including practical and emotional support.

You may be asked to make a witness statement to explain what happened to you. If you want, you can also make a Victim Personal Statement (VPS) explaining how the crime has affected you.

Being a witness

If you are a witness in the trial you can ask to use Special Measures which can help you to give your best evidence.

Special Measures might mean having a screen around the witness box or giving evidence by live video-link, so that you don't have to face the suspect or their friends and family.

You can also ask court staff if you can wait in an area away from the suspect and their friends and family.

The verdict

If the suspect is found guilty, you can ask to read out your Victim Personal Statement in court, or for somebody to read it for you if you prefer. The judge will take this into account when deciding on the sentence.

Your Witness Care Officer or other point of contact will explain to you what the sentence means.

If the offender is allowed to appeal against the sentence or conviction, your contact should tell you where and when the appeal hearing will take place.

The Victim Contact Scheme is a special service for victims of sexual and/or violent crimes where the offender is sentenced to twelve months or more in prison. If you use this scheme, you will be kept up to date about what happens to the offender after they are found guilty and until they have completed their sentence.

Restorative Justice

As a victim of crime you may be able to take part in Restorative Justice. This is when those harmed by a crime have contact with the offender so that both can find a positive way forward. Both the victim and offender need to agree for the contact to take place.



For more information see the West Midlands Police website and search for 'victims code'

<https://www.west-midlands.police.uk> or call **101**

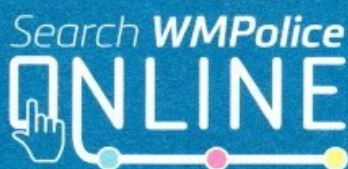
Other sources of information can be found at the following

<https://www.victimsupport.org.uk/> or call **0808 16 89 111**

www.victimsinformationsservice.org.uk or call **0808 168 9293**

<http://www.cps.gov.uk> or call **0203 357 0899**

www.west-midlands.police.uk



The new WMP website allows you to find a wide range news, advice and support as well as the ability to report incidents to the Police and track the outcomes of your cases.

Website	http://www.west-midlands.police.uk
Twitter	www.twitter.com/wmpolice
Facebook	www.facebook.com/westmidlandspolice
YouTube	www.youtube.com/westmidlandspolice
Flickr	www.flickr.com/westmidlandspolice



The WM Now messaging service allows you to receive relevant information about your area.

You will be kept up to date with alerts about local crime, advice about protecting yourself and your family and have the chance to reply to appeals and make comments back to your local policing team.