



Erdington District Children's Centres
Activity Calendar from
2nd October– 15th December 2023



Birmingham Community Healthcare
NHS Foundation Trust





Monday

9.15-10.45am

Play and Learn
0-5's

Castle Vale

10.00-11.00am

Music and
Movement

Featherstone

*please note this is
running from 06/11/23-
11/12/23 only*

1.15- 2.30pm

Play and Learn
Under 18 months

Lakeside

Foodcycle from

9/10/23

3.30-5.00pm

Lakeside

Bookable slots

Free 3 course meal for
those with children aged
0-5 years. Ask for a
leaflet for further details
or call Lakeside to
enquire.

Tuesday

10.00-12.00pm

Breastfeeding
Lounge

Lakeside

10.00-11.00am

Music and
Movement

Castle Vale

*please note this is
running from
07/11/23-12/12/23
only*

1.15-2.45pm

Play and Learn
Over 1's

Featherstone

Wednesday

EEE advice

Are you aware you
could be eligible for
free 15 hours for 2, 3
and 4 year olds?

For more information
call your local
Children's Centre



Pick these up from any
children's centre



Thursday

9.45- 11.15am

Step by Step
Play and Learn
0-5's

**Osborne
Nursery School**

9.45-11.15am

Play and Learn
Over 1's
Lakeside

1.15-2.45pm

Play and Learn 0-5's
**Kingstanding
Leisure Centre**

1.30-2.45pm

Play and Learn
Under 18 months
Featherstone

Friday

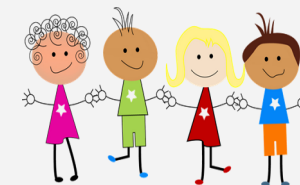
1.15 - 2.45pm

Step by Step
Play and Learn
0-5's

In conjunction with
DLP North Cluster
Castle Vale

Check out the Startwell
website for information
on healthy eating and
the importance of
physical movement.

www.startwellbirmingham.co.uk





Bookable Services

Other Services



Baby Massage

We offer a free 4 week programme for parents and babies up to 1 year old to support with bonding and attachment.

Domestic Abuse

We offer advice and courses. Call or come in to the Children's Centre to find out more.

Little Talkers

6-8 week programme to support children over two who may need support with speech and language who do not attend nursery.

Stepping Stones

Stay and play session for children with additional needs, diagnosed or undiagnosed

Thursday
9.30-11.00am
Featherstone

KID's Family Group

Supportive session for children with SEND and their families. Offering tailored support for professionals from KID's West Midlands

Monday
9.30-11.30am
Lakeside

First Words Together

We offer a 5 week programme which supports children's communication before the age of two. The programme will run:

Monday
10.00-11.00am
02/10/23-23/10/23
Lakeside

Parenting

We offer a range of parenting courses to include techniques and strategies to support you and your child/ren. Call your local Children's Centre for more advice. or to refer yourself.

Health Activities

We can support you with:
Introduction to solid food.

Oral health.
Bottle to cup transition, fussy eating and healthy eating/ nutrition.

Contact us and ask to speak to Tal or Paula C

Journey To Parenthood

Free course for expectant people
Castle Vale

Family Support

Need some advice or support?

Ring your local Children's Centre to ask to speak to one of our Family Support Workers.

Adult Education and Employment Support

We offer a range of courses to support you such as:

NHS Discovery Days
First Aid
Childcare and Working in Schools
Arts and Crafts
IT
ESOL

We also offer support with CV writing, applications and interview techniques
For more information contact us and ask to speak to Natalie C or Zaheer

Addresses and Information

Castle Vale Children's Centre

372 Yatesbury Avenue,
B35 6DG
Telephone: 0121 752 1920
Open 9.00 am - 5.00 pm

On street parking available

Featherstone Children's Centre

29 Highcroft Road, B23 6AU
Telephone: 0121 752 1870
Open 9.00 am - 5.00 pm

On street parking available.

Lakeside Children's Centre

Lakes Road, B23 7UH
(B23 7LY if using a satnav)
Telephone: 0121 752 1970
Open 9.00 am - 5.00 pm

*Some car parking space available,
disabled parking plus plenty of
on street parking.*

Osborne Nursery School

Station Road, B23 6UB
On street parking available

Kingstanding Leisure Centre

Dulwich Road, B44 0EW

Car park spaces available

Health Visitor Hub

If you would like to speak to a Health
Visitor please call them on
0121 683 2330



Instagram



Like us on Instagram and Facebook

Our page's are called
Erdington Children's Centres

PLEASE NOTE

**To book onto any of the available
services call your local Children's
Centre on the numbers provided
on this page.**

**When calling it would be helpful
to have your child's NHS number
available. This can be found in
your child's red book,
alternatively use the below link to
find this**

www.nhs.uk/find-nhs-number

We look forward to meeting you.