



**Sutton Coldfield
District Children's Centres
Activity Calendar from
2nd October– 15th December 2023**



Birmingham Community Healthcare
NHS Foundation Trust



October - December 2023

Monday

11.00-12.00pm

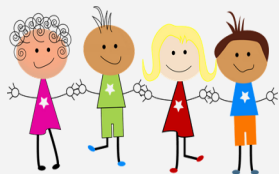
Breastfeeding
Lounge

**Falcon Lodge
Community Hub**

EEE advice

Are you aware you
could be eligible for
free 15 hours for 2,
3 and 4 year olds?

For more
information call your
local Children's
Centre



Tuesday

9.20-10.00am

10.10-10.50am
Story and signing
sessions

Boldmere Library



Wednesday

9.45 - 11.15 am

Play and Learn
0-5's

**Emmanuel
Church**



Pick these up from any
children's centre



Thursday



EEE advice

Are you aware you
could be eligible for
free 15 hours for 2,
3 and 4 year olds?

For more
information call your
local Children's
Centre



Friday

9.20-10.00am

10.10-10.50am
Story and signing
sessions

Mere Green Library

9.45 - 11.15pm

Step by Step
Play and Learn 0-5's
In conjunction with
DLP North Cluster

**Falcon Lodge
Community Hub**

1.30-2.45pm

Play and Learn
Under 18 months
Trinity Church

Bookable Services

Baby Massage

We offer a free 4 week programme for parents and babies up to 1 year old to support with bonding and attachment.

Journey to Parenthood

Free course for expectant people.
Holland House

Little Talkers

6-8 week programme to support children over two who may need support with speech and language who do not attend nursery.



Stepping Stones

Stay and play session for children with additional needs diagnosed or undiagnosed.

This will take place at Lakeside Children's Centre on **Tuesday's**
1.00-2.30

KID's Family Group

Supportive session for children with SEND and their families. Offering tailored support for professionals from KID's West Midlands

Thursday
9.30-11.30am
Holland House

First Words Together

We offer a 5 week programme which supports children's communication before the age of two. The programme will run:

Tuesday
1.00-2.00pm
03/10/23-24/10/23
Holland House

Parenting

We offer a range of parenting courses to include techniques and strategies to support you and your child/ren. Call your local Children's Centre for more advice or to refer yourself.

Other Services

Health Activities

We can support you with:
Introduction to solid food.
Oral health.
Bottle to cup transition, fussy eating and healthy eating/ nutrition.
Contact us and ask to speak to Tal or Paula C

Family Support

Need some advice or support?
Ring your local Children's Centre to ask to speak to one of our Family Support Workers



Adult Education and Employment Support

We offer a range of courses to support you such as:
NHS Discovery Days
First Aid
Childcare and Working in Schools
Arts and Crafts
IT
ESOL

We also offer support with CV writing, applications and interview techniques. For more information contact us and ask to speak to Natalie C or Zaheer

Domestic Abuse

We offer advice and courses. Call or come in to the Children's Centre to find out more

Addresses and Other Information

Holland House Children's Centre

Holland Road, B72 1RE
Telephone: 0121 752 1860

Open 8.30 am - 4.30 pm

*Parking on Duke Street– 2 hours without
pay and display.*

Trinity Church

Church Hill, Mill Street, B72 1TE

Car park spaces available

Falcon Lodge Community Hub

Church Hill Road, B75 7LB

On street parking available

Mere Green Library

30A Mere Green Road, B75 5TB

On street parking available.

Boldmere Library

119 Boldmere Road, B73 5TU

On street parking available.

Emmanuel Church

Corner of Little Green Lane and
Birmingham Road, B72 1YG

Parking available on car park opposite.

Health Visitor Hub

If you would like to speak to a Health
Visitor please call them on
0121 683 2330



Instagram



Like us on Instagram and Facebook

Our page's are called
Sutton Coldfield Children's Centres

PLEASE NOTE

**To book onto any of the available
services call your local Children's
Centre on the numbers provided
on this page.**

**When calling it would be helpful to
have your child's NHS number
available. This can be found in
your child's red book, alternatively
use the below link to find this
www.nhs.uk/find-nhs-number**

We look forward to meeting you.