



For people living with a dementia and their care partners

**We meet on the first Thursday of the month
from 12.30pm until 3.30pm
at Holy Cross & St Francis Church Hall, B76 2RS
for a light lunch, drinks and homemade cakes.**

**We offer various activities including quizzes,
seated exercise, crafts, and a singalong.**

**There is a wide range of ways for you to connect
with others in a relaxed and supportive setting.**

**We provide a safe, friendly environment
with ample parking and easy access.**



**To find out more please email
sunshineclub2025@outlook.com**

Volunteers Wanted

**Are you interested in volunteering for our dementia inclusive monthly group?
Do you have personal and or professional experience of supporting someone living
with a dementia**

**We offer extensive preparation and training supported by an experienced volunteer
to enable you to fulfil the role.**

For further information or to apply please contact sunshineclub2025@outlook.com