



WELCOME TO OUR

February Newsletter

HELLO FROM SUTTON COLDFIELD NNS!

Welcome to our monthly Newsletter

Hello All!

This month Neighbourhood Networkers Joe and Suzy put their community skills into action at the **Community Appointment Day** which was organised by Royal Sutton Coldfield Town Council in partnership with Good Hope Hospital and Birmingham Community Healthcare Trust. The day was aimed at those on waiting lists at risk of falling to help improve their access to specialist intervention. Joe and Suzy were there to signpost to relevant community groups and organisations and spread the virtues of Connect to Support, a highly useful portal where you can find local community activities to suit you.

To explore more about Connect to Support, or to check you listing is correct, please visit <https://birmingham.connecttosupport.org/>

As usual, if you have any relevant snippets for our March newsletter, or would like to share an NNS 'Story of Difference' please get in touch at nns@ageconcernbirmingham.org.uk



THANK YOU!

From Pete, Rachel, Suzy, Joe, Manjit, Kamleish and Cathy

Sutton Social

Join us for a chance to socialise with other visually impaired adults!

£2
per session

Every Tuesday
10:30 am - 12:30 pm

Sutton Coldfield United Reformed Church
1 Brassington Avenue
Sutton Coldfield
B73 6AA

If you'd like to know more, please contact
Hayley Phillips on 0121 281 5811
or 0121 393 4849

Focus
Making lives better

Sutton Social - Focus

Focus are a Birmingham based charity working with people experiencing sight loss or visual impairments. They have a coffee morning which takes place:

Every Tuesday, 10.30am-12.30pm

Sutton Coldfield United Reformed Church, B73 6AA.

The cost is £2 per session and is a chance to meet with others who are facing similar challenges. Please call 0121 281 5811 for further information.

Birmingham SEND Co-production Training 2026

Birmingham City Council are pleased to offer free; in-person SEND Co-production training sessions taking place at venues across Birmingham throughout 2026.

What you'll gain:

- Understand of the meaning of co-production as detailed in the [SEND Co-production Framework & Charter](#)
- Hear real perspectives from young people and parent carers in line with our [Working Together](#) document
- Explore how co-production can positively impact services
- Learn about the SEND Co-production [Award Scheme](#) and how it can be used in your setting.

These sessions are open to professionals and volunteers across education, health, social care, and the voluntary and community sector. Young people and parent carers are also welcome to attend.

Sessions run from 10.00am–13.00pm on selected dates from February to December 2026, at a range of venues. Find full dates, venues and booking details on the Birmingham Local Offer: [SEND Co-production Training 2026](#)

BIRMINGHAM SEND CO-PRODUCTION TRAINING 2026



FREE in-person SEND co-production training sessions at a variety of venues throughout 2026.

- Examine the definition of co-production as detailed in the [SEND Co-production Framework & Charter](#)
- Hear perspectives on co-production – from young people and parent carers
- Understand the benefits – how co-production can make a difference in your work and networks
- Learn about the [SEND Co-production Award Scheme](#) – a tool to show co-productions impact in your setting

BOOK YOUR PLACE

WHO CAN ATTEND?

All training sessions are **FREE** and open to all staff and volunteers working in SEND education, health, social care, and the voluntary sector services in Birmingham. Young people and parents carers are also welcome to attend this training.



What is a modern day Brummie?

What is a modern day Brummie?

Tell us what you love, what makes you proud, and what could make our city even better...

Let's start a new conversation about Birmingham.

Join the conversation

www.birminghambeheard.org.uk/bcc/whatisamodernbrummie/



Birmingham isn't just a place on a map, it's the city we choose to call home, a city many of us chose to work and play in. Whether you were born here, moved here to study, work, start a family, or begin a new chapter, this city brings us together.

So what makes Birmingham your home? Is it the music, the history, the food, the people, the places?

By sharing your thoughts and experiences, you can help build a clearer picture of Birmingham. Your voice adds to the conversation and helps us explore how Birmingham can continue to grow, connect and thrive.

Together, let's begin a new conversation about Birmingham, one shaped by the voices of the people who belong to it. The survey, which runs until 19th March can be found here <https://www.birminghambeheard.org.uk/bcc/whatisamodernbrummie/>

Host a table at our Community Support Fayre - North Birmingham!

Sutton Coldfield NNS are planning an event at **Sutton Coldfield Town Hall** on **Tuesday 10th March 2026** and we would like to invite your organisation to have a table to promote your services and activities.

The event is called Community Support Fayre North Birmingham and will provide an opportunity for **community groups from both Sutton Coldfield and Erdington** to **meet our local adult social care workers and colleagues from the NHS and other statutory agencies**. The event will showcase the fantastic prevention work of community and voluntary organisations to the health and social care professionals from the north locality.

Tuesday 10th March 26, 10am – 2.30pm
Sutton Coldfield Town Hall

To register your interest please email nns@ageconcernbirmingham.org.uk
Deadline 28th February 26



Community Support Fayre North Birmingham



Join us and take part. Network with social care, health and community professionals.

Tuesday 10th March 2026
10am-2.30pm
Sutton Coldfield Town Hall

YOU'RE INVITED

Join us at the Community Support Fayre!

Sutton Coldfield NNS is offering community organisations the chance to **host a table** and **share their services with social care, health, and community professionals** from North Birmingham who are eager to discover what you offer.

To register your interest in having a table, please email nns@ageconcernbirmingham.org.uk
Light refreshments will be provided.



Introducing our... Community Group Sustainability ACTION PLAN

NETWORKERS



Sutton Coldfield NNS are pleased to launch a new **SUSTAINABILITY ACTION PLAN** to support your community group with all the planning, policies and procedures you need to secure a resilient future.

Our Networkers are available to chat about where you are on your community-group journey and explore how we can support your group in achieving its short- and long-term goals.

Within the action plan we cover:

- Organisational Structures
- How to generate income
- Policies and Procedures
- Volunteering
- Training needs
- Promotion
- How to measure & report success

Book a chat with a Networker.
We want to help you thrive and grow in 2026!
To book a chat email: nns@ageconcernbirmingham.org.uk



Shared Spaces - Micro grant invitation

shared SPACES



BRINGING OUR COMMUNITIES TOGETHER

SUTTON COLDFIELD NEIGHBOURHOOD NETWORK SCHEME

Calling all Sutton Coldfield based community groups! Could your community group welcome and celebrate with a different or diverse community?

Micro-grants of up to £500 are available til the end of March to enable a small scale event in your setting. Will you open up your doors?

To find out more please contact your Neighbourhood Networker or email nns@ageconcernbirmingham.org.uk

AGEconcern
Birmingham

Birmingham
City Council

The Pioneer Group

Calling all Sutton Coldfield based community groups working with older and disabled adults - would you like to create an opportunity to bring your community together?

Could your community group welcome and celebrate with a different or diverse community? Perhaps invite another community group to your space and have a special celebration?

Sutton Coldfield NNS are inviting community groups to apply for **micro grants up to a value of £500** to make it happen, through our Shared Spaces project! Could you open your doors and make new connections within Sutton Coldfield?

To discuss an idea, give your Networker a call or alternatively email us at nns@ageconcernbirmingham.org.uk

SCCT - Grants to make Sutton Coldfield Greener

GRANTS TO MAKE SUTTON COLDFIELD GREENER

UP TO AND INCLUDING **£1,000** PER PROJECT, PER GROUP OR ORGANISATION

OPEN TO BOTH NEW AND EXISTING APPLICANTS



Could your group apply for one for these new grants from Sutton Coldfield Charitable Trust, which support both new and existing applicants to undertake small environmental projects and improvements. The fund will enable organisations to apply for grants of up to and including £1,000 for initiatives that will make a positive difference to the environment.

This could include things such as:

- Installing LED lighting
- Creating recycling points
- Setting up electric vehicle recharging stations
- Making a positive difference to local green spaces
- Supporting nature and wildlife.

The grants are open until 30 September 2026 and open to both new and existing SCCT applicants. For more information, please click [here](#)

Fall Prevention Service – Age Concern Birmingham



Last year, Age Concern Birmingham were funded to recruit a Falls Prevention Advisor. The advisor, Julia received training as a trusted assessor by Birmingham City Council Occupational Therapy department.

Individualised falls prevention plans for older adults, as part of a wider holistic wellbeing assessment then took place in citizens' own homes. The service was promoted across established networks, via health professionals, relevant organisations and within the community. Referrals were sought from older adults who were at risk or have experienced falls living across Sutton Coldfield.

The service has made a big impact, as we can see in this story of difference which comes from a gentleman (called A) in his 80's living with Alzheimer's Disease and mobility issues. His wife contacted Age Concern Birmingham and A was referred to have a falls prevention plan as he'd had a few stumbles. The falls prevention plan revealed A was struggling to gain entrance into the home up the step of the house, he also struggled with the stairs to the landing and found the sofa too low.

The Fall Prevention service referred to Occupational Therapy were grab rails, a stair rail and sofa raisers were ordered. The plan also highlighted issues with A's hearing aids, walking stick, and taking on enough fluids throughout the day, all of which were addressed and advice and solutions given.

A's wife has said, "The service was fantastic and super fast. The detailed Falls Prevention Plan was enlightening." She was also thrilled for the free of charge referral for the rails and raisers which were ordered within 2 weeks.

She also said, "These will give her peace of mind for A's unsteady mobility and will be of great use to A, giving him the independence within the home."

Sutton Coldfield NNS team: Out & About



Neighbourhood Networker Manjit popped in to St Chad's Community Church Hall to catch up with a recently NNS funded Holistic Healing project, conceived by Drumatised.

Manjit went to do a mid-review to see how the project was running. The Holistic Healing session revolved around sound, music and singing - on this occasion the group were practicing indian classic raags using the harmonium.

Manjit says, *"I thoroughly enjoyed playing the harmonium with our citizens singing the raaga, it was very relaxing and soothing for the inner alignment. The session started with a fusion of yoga and tai chi, which balanced the mind, body and spirit."*

Holistic Healing - through sound vibration. A unique journey to self-healing through ancient practices for modern wellbeing and a healthier lifestyle. **FREE**

2nd & 4th Wednesday of each month 10-11.30am, St Chad's Community Church Hall B75 7SN

Contact Pritam: 07773724697 or email pritam@drumatised.com for further info



WARM WELCOME
@ WYLDE GREEN URC
Britwell Road, Boldmere B73 5SW

Everyone is invited to
Warm Welcome Space
access through church front doors, on Britwell Road

Saturdays from 1st November 2025
10am-1pm

Free Cereals and Toast, Hot and Cold Drinks,
Newspapers, Wifi, board games and crafts,
children's activities

Come for the warmth stay for the welcome!

Part of the Warm Welcome Campaign
www.warmwelcome.uk



Warm Welcome - Wylde Green United Reformed Church

📍 Wylde Green URC, Britwell Rd, B73 5SW have a Warm Welcome space

🕒 Saturdays, 10am-1pm

Free cereals and toast, hot and cold drinks, newspapers, Wifi, board games and crafts, childrens activities.

Come for the warmth, stay for the welcome!

To find other Warm Welcome Spaces near you, why not visit <https://www.warmwelcome.uk/>

Do you offer activities for older people or adults with additional needs?

Please get in touch to discover how we can support your local community group or organisation!

To find out more about the Sutton Coldfield NNS you can visit

🌐 <https://suttoncoldfieldnns.blogspot.com/>

☎ 0121 362 3650

✉ nns@ageconcernbirmingham.org.uk

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