



## Banners Gate & Parklands Community & Neighbourhood Forum

**207 August 2026**

[bannersgateneighbourhoodforum.com](http://bannersgateneighbourhoodforum.com)

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Councillor John Cooper,  
Sutton Vesey Ward:

As we enter the generally regarded quiet period I hope everyone has a wonderful holiday or at least a good rest in the coming weeks.

You will have seen in other posts that Green Spaces around Sutton and wider are to be taken out of the threat of development and retained as "Green". 17 of the 21 sites intended to be reclassified and therefore lost to us all are in Sutton Coldfield.

I am afraid that this does not include Sutton Park but we continue to fight to preserve its status and continue to fight against the former Labour council's plan to introduce parking charges in OUR PARK. The madness of this proposal is really beyond comprehension, a council in debt proposes to borrow money to install meters in the park without an electricity supply or WiFi in many areas, with no payback for two

years.

We continue to call for the introduction of a revised management plan for Sutton Park, which would include more funding for its basic needs and repair of some of the neglect that has prevailed in recent years. Hopefully the new council will settle down in the coming weeks/months and bring some logic to its operation, allowing us all to represent the residents in our wards.

While the "Bin Strike" remains active the City are introducing a revised schedule of collection, with household rubbish and recycling on an alternate fortnightly basis, this is all to start week commencing Monday 4<sup>th</sup> August according to your collection date, some of which have been revised. You should by now have received a date for your collection date and a new bin for cardboard and paper.

August '26

[John.cooper@suttoncoldfieldtowncouncil.gov.uk](mailto:John.cooper@suttoncoldfieldtowncouncil.gov.uk)  
[John.cooper@birmingham.gov.uk](mailto:John.cooper@birmingham.gov.uk)



## Cllr Anja Pawson

City Councillor & Town Councillor for Sutton Vesey

Vice-Chair of Friends of Boldmere Spinney, Primary  
School Teacher, School Governor, busy Mum of two

# Stonehouse Road Island Repaired

**Below:** After reporting **Stonehouse Road island** for repair, and having repeatedly chased this work to be carried out, we are pleased to see the island fully repaired.



**Above: Stonehouse Road Island Repairs Completed**

**Below:** Dennis Mortimer visiting Sutton Vesey to support a Dementia UK fundraising event at Sutton Rose Care Home in Boldmere.



**Left:** Cllr Anja Pawson thanked **Dennis Mortimer** for supporting the Dementia UK fundraising event at Sutton Rose Care Home in Boldmere. Dennis Mortimer was the captain of Aston Villa when they won the first division championship in 1981 and the European Cup in 1982. The well-attended community event featured an array of amazing stalls, delicious cakes, a raffle, and activities for children. We congratulated the organisers on raising £650 for Dementia UK.

**A phenomenal success!**

Email Anja: [anja.pawson@birmingham.gov.uk](mailto:anja.pawson@birmingham.gov.uk)

Follow us on Fb: VeseyNews





From Rob Pocock, Community Campaigner, Sutton Vesey.

## **SCARY SCENES ON THE WAY TO SUNNY SWANAGE!**

Travelling to and from my favourite summer holiday haunt in the Dorset coastal town of Swanage last month took in a lot of driving. Especially as the A31 was still closed on the way down due to the New Forest wildfires – that put many more miles on the clock diverting through Salisbury and Blandford.

However, anyone who has done that route will know the A roads are pretty straight and an attractive drive. The big problem being that overtaking is difficult and at times downright dangerous. Being in holiday mode I was taking it easy, but clearly ‘road rage’ was afflicting many others on the same journey.

We often moan about maniac drivers in Birmingham but I can say from recent experience that rural England has its fair share of them too. Why is it that for so many drivers, all sense of reason seems to go out the window when they get behind that driving wheel?

The shocking and unforgivable behaviour of the young gang on the wrong side of the A66 in Middlesbrough who killed two police officers (and themselves into the bargain) has rightly stunned the nation. But this is not an isolated incident. In one shape or another you can see scary and scandalous examples of appalling driving behaviour pretty much anywhere, and certainly not just the big cities.

What should be done? I support the recent proposals to reduce speed limits (although 20mph everywhere is unrealistic, and is just asking for trouble). But 20mph on a quiet residential road seems fair to me. But then comes the question of enforcement. Cameras and police traps everywhere are labelled a ‘woke war on the motorist’ or just ‘money grabbing by mercenary Councils’. I don’t actually think we can enforce our way out of the problem.

Confession time – some years ago I was clocked doing 38 in a 30 limit (not while in Birmingham I have to say!) – and had the option of a speed awareness course. It was the best thing I ever did so far as driver behaviour is concerned. Although quite some years ago, it was a real eye-opener that still affects how I drive now – and most especially, the calmer mindset to put on when you get behind that wheel.

Not all the nutters we see would take this on board of course but it might make a lot of difference if we all had to do a speed awareness refresher every few years as a condition of holding a licence.

Normal driving behaviour might be a lot better then when I next take the summer route to sunny Swanage!



**West  
Midlands  
POLICE**

## **#Safer Towns Summer - Protect your mobile phone**

Thieves may steal your phone to get access to your bank accounts and personal data as well as for the device itself.

Find out how to protect yourself from mobile phone theft, and how to set your phone up to avoid further loss if it's stolen.

### **How thieves target you**

#### **To help keep your handset and data safe, follow these tips:**

Avoid leaving your phone unattended, out of your sight, or left on a table. Thieves can grab a phone from a table in seconds or can distract you to take it.

Keep an eye on who's around you when using your phone in public. Thieves use 'shoulder-surfing' (looking over your shoulder) to watch or film you entering passcodes or see your data.

Avoid entering personal information in a public space, and wherever possible, use biometric authentication, such as Face ID or Fingerprint, to access your phone and sensitive apps rather than passcodes.

Never give your phone to people you don't know or have only just met. Thieves may ask to borrow your phone or offer to enter their number. Don't let them.

Put your phone away when you've finished using it.

### **Securing your phone in case it's stolen**

If your phone is not well protected and it gets stolen or lost, thieves could access your banking apps, get into personal accounts, and even steal your identity.

Consider whether apps containing sensitive personal information, such as banking apps, need to be on your phone at all. Some may be better kept on a tablet or other device that you don't routinely carry with you.

### **Use your phone's locking feature**

Choose a strong PIN, passcode, password, or pattern, or use biometric authentication, such as Face ID or Fingerprint. Passwords are harder to 'shoulder-surf' than short PIN codes.

Set the auto-lock to activate itself after a short period of time.

### **Activate your phone's built-in anti-theft protection**

For iPhones, use 'Stolen Device Protection' to prevent your phone's key security settings being changed if it's stolen.

Hide applications such as banking applications in hidden folders by:

pressing and holding on the app

pressing 'Require Face ID'

pressing 'Hide and Require Face ID'

[Find further guidance on how to do this at Apple Support \(UK\)](#)

For Android phones, use 'Theft Detection Lock' to activate your device's motion sensor feature. Your phone will automatically lock if it detects unusual movement, for example, if it's snatched.

You can also hide applications in secure or safe folders. This allows the folder to be locked with a different passcode to the device itself. Further guidance on how to do this can be found on your phone manufacturer's help pages.

## Get your IMEI number

Your phone's IMEI (International Mobile Equipment Identity) number can help identify your phone if it's lost or stolen. You can get the IMEI number by typing \*#06# on your phone keypad. Keep a note of it somewhere other than on your phone.

## Keep your software regularly updated

This will make sure both your device and apps have the latest security settings. You can set your phone to auto update in the settings menu.

## Use a tracking app

You could consider setting up a tracking app on your phone so you can see where it is from another device like a laptop. Use it as soon as possible, before thieves have a chance to disable it.

## Turn off message previews

Turn off message previews, so that thieves won't see any messages about reset or login codes when your phone is locked.

## Protect high-value apps

Secure high-value apps, such as banking apps and digital wallets, behind biometric identification. Alternatively, use strong passwords that you don't use on other accounts. Never store these passwords on a 'note' file on your phone where a thief could find them.

## Make sure you can still access your data

Make sure:

- your phone data is regularly backed up
- there's somewhere separate to your handset that you can get access codes sent to (two-step verification codes) to verify access from another device
  - you keep important information like family and friends' phone numbers and passwords somewhere else, not just on your phone
- photographs of identity documents stored on your phone are hidden behind passwords otherwise these can be used by thieves to apply for loans in your name. Photographs can also be secured in hidden folders

### • If your phone is stolen

our personal data may be at risk. **It's important you act fast.**

Report the crime to us as soon as you can.

If you've been hurt, feel unsafe or the crime has only just happened, call [999](#).

You can also report the crime to us [online](#). Or call [101](#) for non-emergencies.

Include details of your device (such as the IMEI number) in your report as well as any fraudulent transactions.

You should:

- block your phone using another device. You can use 'Remote Lock' on Android (this needs to be activated in your settings first) or 'Lost Mode' on iPhone
- contact any banks and other financial providers so they can cancel or freeze any accounts linked to your phone
- change passwords for any sensitive apps or accounts that are on your phone. You should do this for your email, social media and banking apps first

force all devices and applications to log out of your accounts and notify your phone provider so that 2SV messages don't get sent to your number. You should also give them your IMEI number so they can block your device

### Message Sent By

Stefanie Sadler 31101

(West Midlands Police, Engagement & Consultation Officer, Corporate Communications)



## Friends of King George V Playing Field

First the bad news – a caravan full of miscellaneous smelly rubbish was dumped by the main gate to the field on 14<sup>th</sup> August and remains there to this day, 27 August, in spite of it's being reported to BCC by committee members, other Friends, local residents and Vesey Ward councillors. The latest development is a note on the window from Kier Transport to the 'occupier' saying it must be removed by September 7<sup>th</sup> or they will inform the council!! We can do no more other than keep reporting it. At least the rain makes it less of a fire risk.

Now the good news, the notice board that was demolished by the travellers has now been reinstalled, in a more visible position. When we've repainted it we'll replace the notices.

Finally we have our next group meeting on Wednesday 23<sup>rd</sup> September at 7.30pm at Banners Gate Community Church, Westwood Road, B73 6UH. Please come along if you can make it. We need your input and suggestions to help us plan for the future of the field.

*Within hours after this photo was taken the caravan disappeared. Maybe we should have photographed it sooner!*

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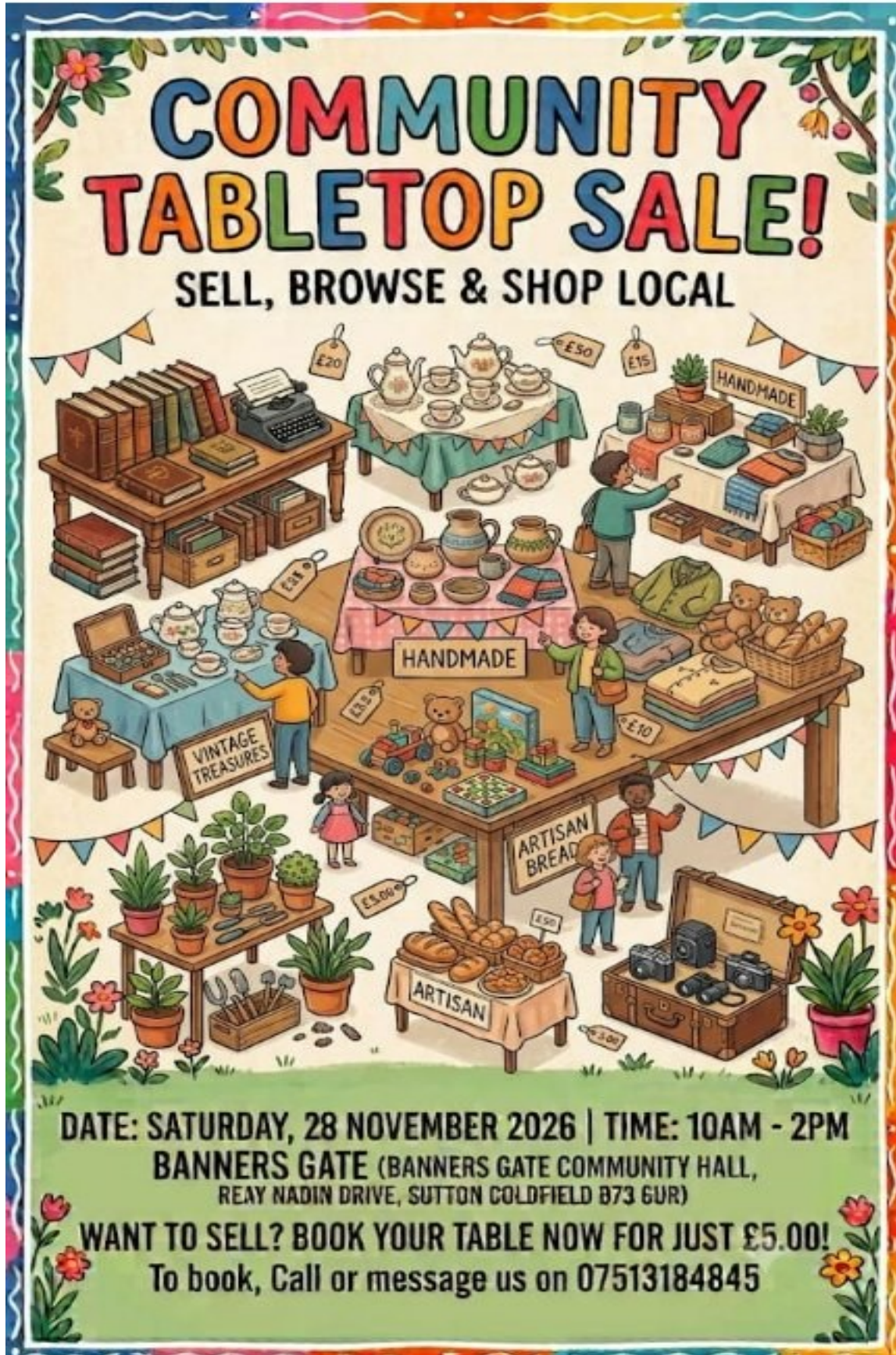
## BANNERS GATE COMMUNITY ASSOCIATION

We are holding a tabletop sale at our community hall on 28th November 2026.

Time from 10.00am to 2.00pm

If you would like to have a table, cost £5, please contact 07964 213 229.

So far, we have Children's toys, beauty products, bric-a-brac, Military Veterans, craft store and book table.





## How can the National Emergency Briefing help change the world?

### National Emergency Briefing

*"That's our home, it's the only one we've got. It's where all of our species has lived and died, everyone, every single human.*

*It's where we breathe, it's where we eat, we laugh, we cry, we love, we hate and as far as we know, together with all the other wonderful life on Earth we are the only known life forms in the universe and we've got nowhere else to go."*

*Chris Packham - CBE*

On Thursday 30<sup>th</sup> July a National Emergency Briefing film was shown to residents at Banners Gate Community Hall during the forum meeting.

The film presented by Chris Packham, featuring scientists, and well-known celebrities like Deborah Meaden and Jenifer Saunders explains the facts surrounding climate change and what actions can be taken to adapt to our new climate, and how to reduce carbon emissions.

The briefing set out the implications of climate change and nature breakdown for health, food systems, national security and the economy.

The showing of the film was impeccably timed as the week's news had reported that a drought had been declared in the West Midlands, wildfires were burning in the UK and in France, Spain & Germany, and we were in the grip of our 4<sup>th</sup> heatwave.

History suggests that societies are more resilient when people are trusted with the truth.

Human beings are capable of extraordinary wisdom, creativity and cooperation - but usually only when we engage honestly with reality, and with one another. Societies function best when difficult issues can be discussed openly, evidence is taken seriously, and long-term wellbeing matters more than short-term advantage.

At a time when public trust is under strain, we believe some values matter deeply and deserve renewed emphasis in public life: a non-negotiable commitment to truth, respect for the dignity and equal worth of every person, and recognition that human prosperity ultimately depends upon the health and stability of our living world, of which we are part.

The role of the NEB is not to tell people what political views they should hold, nor to promote a particular ideology or party-political programme. It is to help create the conditions in which citizens, communities and decision-makers can engage honestly and constructively with the realities we face.

The aim:

We are calling for a wartime-scale response to the climate and nature crisis.

Continued on next page...



## STOP PRESS



# People's Emergency Briefing

*On the climate and nature crisis*

## Boldmere / Wylde Green



Film screening and discussion  
**Highbury Theatre**  
Sheffield Road  
B73 5HD  
4th October 2026 4pm

www.nebriefing.org

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Edit Image

The first step towards this is for government to level with the public by staging a prime-time, multi-channel televised national emergency briefing to the nation.

Such a briefing would launch a major public engagement plan, combatting rising disinformation and securing support for the urgent action now needed.

After the showing of the film there were positive and insightful discussions about what they had learned, and how they could take further action.

Attendees supported contacting their MP and local councillors to urge them to support the campaign for a prime time viewing as well as discussing hosting further events in their community spreading the message further.

They explored how climate change could impact Sutton Coldfield, and its residents and thought of the local opportunities to address the issues raised in the film, with everyone in the room expressing concern about how our weather is changing but feeling that by working collectively it's not too late to avoid the worst impacts.

Below is the link to the website where you can view the briefings that supported the film:

[NEB Expert Briefings - Key Points.pdf - Google Drive](#)

Future screenings can be found here:

<https://www.nebriefing.org/screening-map>

To contact Andrew Mitchell MP please use this address  
[andrew.mitchell.mp@parliament.uk](mailto:andrew.mitchell.mp@parliament.uk)

Article by: Rebecca Clarke

Sow Very Vesey / Friends of Boldmere & Banners Gate

# Annual Concert



**St Columba's Church  
Banners Gate Rd, Sutton Coldfield  
B73 6TX**

**An Evening of musical entertainment.**

**Music Director Steve Roche**

**Accompanist Chris Walk**

**Percussionist Clare Ray**

**Guest Artistes**

**Strings of Serenity**

**Saturday, 17<sup>th</sup> October 2026 at 7.00pm.**

**Tickets £15.00 including refreshments**

**Available from:**

**Meirion Bowen 07766 301677**

**Warren Woodcock 07305 971506**

**Francis Beirne 07502 021179**



The Town Council are again running the **'Soul of Sutton' photography competition.**

Residents of Royal Sutton Coldfield, aged 13\* and over, are invited to submit photographs that capture what 'home' means to them. Entries may depict a favourite local landscape, a cherished community space, a family tradition, a moment in everyday life, or anywhere that represents 'home' in the Royal Town.

The competition is free to enter and is open to amateur photographers who are residents, pupils, or students of the Town of Royal Sutton Coldfield. Participants may submit up to five photographs and will be entered into one of two age categories:

- 13–17 years\*\*
- 18 years and over

Prizes of £100, £50 and £25 One4all Gift Cards are up for grabs in each of the two age categories (13–17 and 18+).

For full details: <https://suttoncoldfieldtowncouncil.gov.uk/soul-of-sutton-photography-competition-2026/>



The poster features a black background with the title 'Soul of Sutton' in a large, yellow, cursive font at the top. Below the title are three photographs: a young boy in a blue jacket taking a photo with a DSLR, a person holding a camera with a large lens, and a person with curly hair taking a photo. The main title 'PHOTOGRAPHY Competition 2026' is in large white and yellow letters. Below this is a white banner with a camera icon and the text 'Capture what 'HOME' means to you'. At the bottom left, it says 'Open to Sutton Coldfield residents aged 13 and over' with a link 'bit.ly/soul-of-sutton-26'. At the bottom right, there is a list of prizes: '£100 Gift Card', '£50 Gift Card', and '£25 Gift Card', each with a corresponding medal icon. A central graphic shows a grid of various retail logos including One4all, M&S, ASOS, Schuh, Primark, River Island, H&M, and others.

**Soul of Sutton**

**PHOTOGRAPHY**  
**Competition 2026**

 Capture what **'HOME'** means to you

Open to Sutton Coldfield residents aged 13 and over

 [bit.ly/soul-of-sutton-26](https://bit.ly/soul-of-sutton-26)

**Prizes:**

- 1st: £100 Gift Card
- 2nd: £50 Gift Card
- 3rd: £25 Gift Card

**Retailers:** One4all, M&S, ASOS, Schuh, Primark, River Island, H&M, and many others.



**Submit your entry through:**

**Email:** [enquiries@suttoncoldfieldtowncouncil.gov.uk](mailto:enquiries@suttoncoldfieldtowncouncil.gov.uk)

**Post:** Royal Sutton Coldfield Town Council

Suite 6, 62 Anchorage Road, Sutton Coldfield, B74 2PG

**Social Media:** Direct message or tag us with **#SoulOfSutton** on    

Hi Banners Gate Community Association,

I hope you're well.

My name's Alex - I'm a Casting Producer working at Avalon Television Limited, a multi-award-winning production company, producing *Taskmaster* and *Junior Taskmaster* (Channel 4), *Not Going Out* (BBC One), *Dogs Behaving Very Badly* (Channel 5), *The Chris & Rosie Ramsey Show* (BBC Two), as well as many more. Please see our website: [www.avalonuk.com](http://www.avalonuk.com)

We are looking for households (families, partial family units, house/flatmates) to take part in a new series for primetime Channel 4. The chosen households will take part together in an array of creative, fun and head-scratching games from the comfort of their own homes – in the hope of beating the other households to win a cash prize, as well as having a lot of fun as a household. The tasks will be set by Alex Horne of *Taskmaster* fame!

We are looking for households in your local area and I wondered if you could share the attached flyer within your network to help spread the word? More information, T&Cs and the application form can be found at [www.avalontvcasting.com](http://www.avalontvcasting.com)

Thanks so much,

Alex

# Hire Banners Gate Community Hall



*A Center of Excellence within Banners Gate Community,  
For Children's Parties, Meetings, Seminars, Dance Classes and more !  
Banners Gate Community Hall has a fully equipped Kitchen, Disabled facilities,  
A Music and entertainment Hub*

Book with us as below.      **07513 184945**

35 Reay Nadin Drive, Sutton Coldfield B73 6UR, Tel: Jessica 07538794120

## Banners Gate Community Coffee Club

A chance to relax, chat to like minded people, whilst having a cuppa, cake and biscuits all for a generous donation

**EVERY THIRD TUESDAY OF EACH MONTH  
10AM TO 12 PM**

Come and join our Community Coffee Club  
Have a chat and make new friends

**Take part in our free raffle**

**We cater for age groups of 60 years Plus**

35 Reay Nadin Drive, Sutton Coldfield B736UR  
Contact Karen and Gary  
07833720015 - garyhall7@blueyonder.co.uk





# MILITARY VETERANS CLUB

HONOUR • SERVICE • SACRIFICE



Scan me!

TOGETHER WE SUPPORT



NEXT MEETING WILL BE AT  
**BANNERS GATE COMMUNITY HALL**  
REAY NADIN DRIVE, SUTTON COLDFIELD B73 6UR



CALL OR  
MESSAGE

**07871 770498 OR 07932 174550**



**18.00  
HOURS**



**THURSDAY  
20<sup>TH</sup> AUGUST**



**TEA AND  
COFFEE  
SUPPLIED**



**BANTER • FRIENDSHIP • RESPECT • SUPPORT**





EXCITING NEWS FOR  
BANNERSGATE CLASSES!

# TAROT CARD READING IN BSL COMING SOON!



TO OUR CLASSES AT  
BANNERSGATE, SUTTON COLDFIELD.

INTERESTED? JOIN THE JOURNEY!

PLEASE CONTACT SILVER ON:



07825 255 042



## Older adults Day care in Sutton Coldfield

Our Day Centres are all about enriching the lives of older adults — we're dedicated to meeting the individual care and support needs of our citizens while providing a friendly, engaging space where they can truly feel part of a community.

Every day, we aim to create a positive, stimulating environment that promotes wellbeing, independence, and connection.

We're proud to provide welcoming, well-established Day Centres for individuals aged 50 and over, located in Mere Green and Boldmere.

With over 14 years of experience, our team is passionate about supporting older adults to live fulfilling lives through personalised care, engaging activities, and meaningful social connections.

Our daily rate is £45.50, which includes a light breakfast, a freshly prepared two-course lunch, and regular refreshments throughout the day.

Each day is shaped by the citizens themselves — with activities chosen to reflect their interests and abilities — ensuring everyone can participate in something that brings them joy and purpose.

We understand that joining a new setting can be a big step, so we warmly offer a free trial session. You're welcome to attend with a family member or carer to get a real feel for what we do and to see whether it's the right fit for your loved one.

Additionally, as a day centre service we are extending our current offers as we understand the demand and need in more flexibility for both the cared-for and unpaid carers involved. I have put some more information regarding this below:

- **Flexi Days** – For those who find set days difficult, there will now be an option to book more flexible attendance to better suit individual needs.
- **Rest n Refresh Sessions** – New 2.5-hour sessions that can be booked the evening before or on the morning of attendance.

These shorter visits are perfect for carers who need time for appointments, shopping, or a short break. Cost: £25 (optional lunch £6 and pudding £1.50).

- **Pay as You Go** – We are aware that citizens and their families may be hesitant to commit to contracts straight away. To support this, we are offering a pay-as-you-go option for up to 4 weeks, giving people time to decide whether regular attendance is right for them.

**Please find our current venues and days of operation below:**

| Days                                 | Venue       | Location                                              |
|--------------------------------------|-------------|-------------------------------------------------------|
| Monday,<br>Wednesday and<br>Thursday | The Laurels | Grange Lane, Mere Green, Sutton Coldfield, B75 5JX    |
| Wednesday                            | Sutton Rose | ST Michaels Road, Boldmere, Sutton Coldfield, B73 5FU |





# St Columba's Hall Hire

Tables & chairs to accommodate 80 people in comfort

Hall 12m x 12m

Adjoining Kitchen 4.7m x 3.2m is also available for hire when booking hall

Ideal venue for leisure activities e.g., dance groups, keep fit, etc.

Available for one-off events as well as regular bookings

Bookings available 52 weeks of the year including Saturdays

## Facilities

Large easy access car park with 32 spaces

Ground level wheelchair access to all areas

Male / female/ disabled toilets

A Kitchen is available for hire. Suitable for light refreshments

Please contact Alison Jolley, email: [st.columbahall@yahoo.com](mailto:st.columbahall@yahoo.com)

for further details.





# LOVE TO PLAY

## ROLE PLAY SESSION

### ALL AGES WELCOME



**IMAGINE** **EXPLORE** **LEARN**

**ST COLUMBA'S CHURCH  
BANNERS GATE**

**WEDNESDAYS  
(TERM TIME ONLY)**

**10.15AM-11.30AM**

**£5 FOR 1 CHILD/1 ADULT  
INCLUDES  
SNACK & DRINK**

**CONTACT BECKY**  
07940547492  
BECKY@LOVEFORBABIES.CO.UK  
LOVEFORBABIES

**Love For Babies**  
Baby & Toddler Classes

# Love For Babies

## Fun Interactive Baby & Toddler Sessions

Baby Massage - Baby Yoga - Baby Signing  
Baby Spa - Pre School Role Play Sessions

|                                                                           |                                                                                 |
|---------------------------------------------------------------------------|---------------------------------------------------------------------------------|
| <b>Baby Sessions:</b><br>Tuesdays & Thursdays<br>Beacon Church<br>Pheasey | <b>Role Play Sessions:</b><br>Wednesdays<br>St Columba's Church<br>Banners Gate |
|---------------------------------------------------------------------------|---------------------------------------------------------------------------------|

Contact us for more information or to book your space

**Contact:** 07940547492  
becky@loveforbabies.co.uk  
Love for babies f  
www.loveforbabies.co.uk



Introducing Love For Babies selection of high quality sessions  
Something suitable for all ages

Benefits of our Baby Massage, Baby Yoga & Baby Signing 4 week courses for parents/caregivers & babies:

- Learning simple signs can reduce frustration & develop speech
- A great bonding experience
- Explore music, props & sensory play
- Helps prevent colic & constipation
- Improves sleep routine
- Relaxation Techniques
- Enhances emotional wellbeing
- Aids physical development

**Trio Of Love  
4 Week Course**

Combines Massage, Yoga & Signing through a holistic approach. Supporting all areas of your babies development

**Baby Massage & Spa  
5 Week Course**

4 sessions of baby massage followed by a full relaxing baby spa experience to complete your course



**Love To Spa**

Join in a full sensory spa experience, a calming intimate environment, encouraging positive touch & creating a special bonding experience for parents & babies to share. Babies can enjoy a whirlpool jacuzzi bath, followed by a guided baby massage & sensory play. Finishing the session by capturing those precious memories with a photo opportunity

**Love To Play**

Provides children with a fun filled environment to explore a selection of role play areas. Sessions are specifically planned with focus activities for children to explore and learn through play. Encouraging an interactive end to the session with singing, story time & use of musical props



# Love For Senses Baby Group

## PLAY • LEARN • CONNECT

Join us in a relaxing, friendly, safe space for you and your baby to **explore and have fun**. Chat and relax with a cuppa whilst exploring a selection of **sensory toys** and **themed activities**. Finishing the session with **singing time** and a selection of **musical props**.

|                                            |                                             |                                         |                                      |
|--------------------------------------------|---------------------------------------------|-----------------------------------------|--------------------------------------|
| <b>RELAXING &amp; FRIENDLY ENVIRONMENT</b> | <b>SENSORY TOYS &amp; THEMED ACTIVITIES</b> | <b>SINGING TIME &amp; MUSICAL PROPS</b> | <b>CHAT &amp; RELAX WITH A CUPPA</b> |
|--------------------------------------------|---------------------------------------------|-----------------------------------------|--------------------------------------|

**£5 PER FAMILY** **TUESDAYS 11.00AM - 12.00PM** **BEACON CHURCH PHEASEY**

**GET IN TOUCH**  
07940 547492  
Becky@loveforbabies.co.uk




**Love For Babies**  
Baby & Toddler Classes

MAKING MEMORIES • BUILDING CONNECTIONS



## The Art of Craft

Join us to enjoy workshops using textiles stitch, clay and paper craft to promote wellness and creativity.

Communita Cafe, 78 Boldmere Road,  
Sutton Coldfield, B73 5TJ

Time: Mondays 2-4pm

21st September, 5<sup>th</sup> & 19<sup>th</sup> October,  
9<sup>th</sup> & 23<sup>rd</sup> November, 7<sup>th</sup> December

No experience needed, for people 50+

For more info and to book a free place:

Please contact Sally at

soothingstitches@btinternet.com 07808 988945

Diane at Communita Cafe:

d.mccarron@ageconnectswm.org.uk



# communita cafe

## What's On

### September 2026

Opening Times

Monday to Saturday 8:30am - 4.15pm

Call us on 0121 362 3650

For bookings, call us on 0121 630 2462  
communita@ageconnectswm.org.uk

# September

Communita Cafe is owned and managed by  
Age Connects West Midlands

## Monday

**Carers Hub drop-in: 9.30am until 12pm - weekly**

Our advisors can provide information and advice today. Pop in and have a chat, no appointment necessary.

**Warm Welcome: 9:30am until 12pm - weekly**

Come and join us in our cosy cafe!

**Knit and Natter: 10am until 12pm - weekly**

Join our team of knitters and enjoy some great company along with a cuppa and maybe even a slice of cake.

**Soothing Stitches: 2pm - 4pm - 21st Only**

Enjoy workshops using textiles stitch, clay and paper craft to promote wellness and creativity. See booking details on the back.

## Tuesday

**Allotment Group: 10am until 12pm - weekly**

Talk all things gardening with the Communita Allotment group, you will find us at the allotment if the weather is nice.

**Dementia Carers drop-in: 10am until 12pm - weekly**

Drop in Advice and information for unpaid dementia carers.

**Stroke Support Group: 10am - 1st and 15th Only**

Bringing together friends and families who have experienced the impact of stroke through our supportive group.

**Warm Welcome: 10am until 12pm - weekly**

Come and join us in our cosy cafe!

**Friends For Life Veterans Group: 12pm until 3pm - weekly**

Our group aims to bring together all ex service personnel to make new friends.

## Wednesday

**Community Police drop-in: 11am until 12pm - 2nd, 16th and 30th Only**

Come along to meet and chat to a Police officer

**Advice Cafe: 11am until 1pm - weekly**

From benefits advice to saving energy at home. No need to book, just drop in.

**Friendship Group: 11am until 1pm - weekly**

Come down for a chat and a cuppa - everyone welcome!

**Digital Inclusion: 3pm until 4pm - weekly**

Joe will be in the cafe lending a hand for all your tech needs!

## Thursday

**Social Worker drop-in: 10am until 1pm - weekly**

Come along to meet and chat to a social worker - ask us anything

**Parkinson's UK: 10am until 12pm - 3rd and 17th Only**

A group welcoming those with Parkinson's and their families and carers.

**Knit and Natter: 2pm until 3:30pm - weekly**

Join our team of knitters and enjoy some great company along with a cuppa and maybe even a slice of cake.

**Craft and Knit Group: 10am until 12pm - weekly**

Come along to our new craft group, previously held at the Sutton Library. Don't forget to get yourself a cuppa and maybe even a slice of cake.

## Friday

**Art Group: 10am until 11.30pm - weekly - Waiting list to join**

A friendly art group working with various mediums from charcoal and acrylic paints to lino printing. We create artwork in a relaxed positive environment. Contact Angie for availability 07789 408956 or email [angie@therecoveryfoundation.org.uk](mailto:angie@therecoveryfoundation.org.uk)

**Advice Cafe: 11am until 2pm - weekly**

One of our friendly Advice and Information team will be on hand to help with your queries - from benefits advice to saving energy at home. No need to book, just drop in.

**Chatty Cafe: 2pm until 4pm - weekly**

Come down for a chat and a cuppa - everyone welcome!

## Saturday

**Legal Services Drop In: 10am until 12pm - 5th October Only**

Drop in to speak to our legal partner Jane from Wills Made Clear if you need advice on a will, lasting power of attorney or trusts!

**Afternoon Tea: Saturday 19th September Only**

Enjoy our afternoon tea with friends or loved ones for just £15 per head. Booking essential.



## Birmingham's Mobile Library Service

For over 30 years the Mobile Library has taken library services out into many diverse communities across the city.

Everyone is welcome to join the Mobile Library. You can register with us, or you can use your existing Birmingham library card on the vehicle. You can borrow a maximum of 10 items at any one time (including items borrowed from our other libraries). The Mobile Library vehicle carries over 3,500 items of stock for adults, young people and children of all ages. The stock is changed frequently, and new items are added regularly.

The Mobile Library has access to the full library catalogue. It operates a free reservation service for any items you may wish to order. You can return items from other Birmingham libraries at any Mobile Library stop too. The Mobile Library vehicle is also fitted with a lift allowing for easy access.

Did you know that the service comes into the heart of our community?

It currently operates **every 2nd, 3rd and 4th Monday between 10.00 – 11.00 parked** outside Sutton Park Academy on Coppice View Road, B73 6UE.

Go along and see what's on board. Use it – Or lose it!

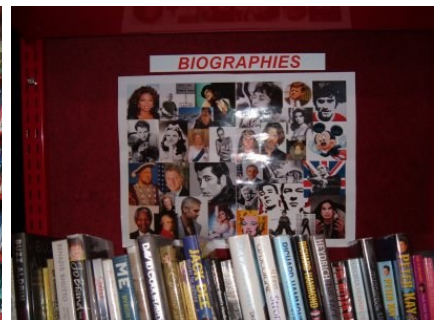
For more information, please use one of the methods detailed below -

Phone: 0121 464 6171    Mobile: 07766 923344

Email: [mobile.library.service@birmingham.gov.uk](mailto:mobile.library.service@birmingham.gov.uk)

FaceBook: Mobile Library Service - Birmingham UK    Twitter: bhammobilelib

[www.birmingham.gov.uk/mobile-library](http://www.birmingham.gov.uk/mobile-library)





# Sutton Coldfield Repair Cafe



This Repair Cafe is a free community meeting event where skilled volunteer fixers will help repair various items, give advice, skill share or you can just come along for a cuppa and a chat. The event is to bring people together to reduce waste and help the environment.

**The Repair Cafe** is held at Wylde Green United Reformed Church 72 Britwell Road, Boldmere, B73 5SW on the **Second Saturday of each month** between 10:00am to 1:00pm, last repairs at 12:30

See Facebook for more details (Search "Sutton Coldfield Repair Cafe").

Next events:-

11<sup>th</sup> October at Wylde Green United Reformed Church.

8<sup>th</sup> November at Wylde Green United Reformed Church.

13<sup>th</sup> December at Wylde Green United Reformed Church.

Maria Mitchell. Tropic Skincare Ambassador.  
07400894034.  
Flf7b@yahoo.co.uk.  
Contact me to discuss products, book a pamper party or discuss possibilities for fundraising events. Tropic is an ethical company that is certified vegan and organic.



## Great Truths that Little Children have learned

- 1) No matter how hard you try, you can't baptize cats.
- 2) When your Mom is mad at your Dad, don't let her brush your hair.
- 3) If your sister hits you, don't hit back, they always catch the second person.
- 4) Never ask your 3-year-old brother to hold a tomato.
- 5) You can't trust dogs to watch your food.
- 6) Don't sneeze when someone is cutting your hair.
- 7) Never hold a dust buster and a cat at the same time.
- 8) You can't hide a piece of broccoli in a glass of milk.
- 9) Don't wear polka-dot underwear under white shorts.
- 10) The best place to be when you're sad is Grandma's lap.



## Great Truths that Adults have learned.

- 1) Raising Teenagers is like nailing jelly to a tree.
- 2) Wrinkles don't hurt.
- 3) Families are like fudge...mostly sweet with a few nuts.
- 4) Today's mighty oak is just yesterday's nut that held its ground.
- 5) Laughing is good exercise, it's like jogging on the inside.
- 6) Middle age is when you choose your cereal for the fibre and not the toy.

## The Four Stages of Life

1. You believe in Sants Claus.
2. You don't believe in Santa Claus.
3. You are Santa Claus.
4. You look like Santa Claus

## Success

At age 4 success is... Not piddling in your pants

At age 12 ...Having friends.

At age 17... Having a driver's Licence.

At age 35....Having money.

At age 50..., Having Money

At Age 70 ...Having a Drivers Licence.

At age 75... Having friends

At age 80.... Not piddling your pants.

Always remember to forget the troubles that pass your way,

But never forget the blessings that come each day.

Have a wonderful day with many "smiles",

Life is too short.



**Boldmere Falcons FC**, established in 1974, have just set up a new Walking Football group in Boldmere for anyone affected by any type of cancer, be it prostate, leukaemia, bone, breast, bowel, skin or any other form of cancer.

Everyone is welcome, gents and ladies, whether you have been diagnosed, undergoing treatment, are under surveillance, in recovery, in remission or supporting someone who is.

The weekly sessions are free to attend every Tuesday and started on 16th June 2026 at 12.30 to 2.30pm at Boldmere Sports & Social Club, B73 5HQ. They have had a great response so far from the local community and still have places available for new players or if you wish to go along to see what is going on please feel free to call in one Tuesday at 12.30pm.

Hour1 starts with a gentle set of warm up exercises, followed by a warmup game and then a game of Walking Football all supervised and run by our on-site Cancer Rehab Exercise Practitioner Mark aided by volunteers from Boldmere Falcons. You do everything at your own pace. You don't need to have played football before and very quickly you soon start to enjoy the camaraderie that quickly develops between everyone.

Hour2 is then held in their clubhouse for tea, coffee, a beer and a chat for general discussion, World Cup especially at the moment, or if you have a health question for Mark he will be there for you. The other group members are also happy to share experiences to help you where they can if you need advice.

They have been supported by Sutton Coldfield Charitable Trust and Sutton Coldfield Group Practice and they are very grateful to them for their funding help, so it is a real Team Sutton effort!! Further support has been given in many different ways from Birmingham County FA, Sutton Coldfield Prostate Cancer Support Group, Prostate Cancer UK, Blood Cancer UK, Macmillan Cancer Support and Good Hope Hospital and many more.

For more information please contact Richard Cotterill on 07840 059348 or email [ckbwfc@gmail.com](mailto:ckbwfc@gmail.com) or alternatively please scan either of the two QR codes to register or for more information.







# CANCER KICKERS BOLDMERE WALKING FOOTBALL COMMUNITY



**FREE  
SESSION**

**EVERY TUESDAY 12:30 - 2:30pm**  
**Starting 16th June 2026**



**@ Boldmere Sports & Social Club**  
**323 Boldmere Road**  
**Boldmere**  
**B73 5HQ**

**proudly sponsored by**



**Sutton Coldfield Charitable Trust**

**also sponsored by**



**SUTTON COLDFIELD**  
Group Practice

**FOR MORE INFORMATION  
PLEASE CONTACT:**

Richard Cotterill: 07840 059348  
Email: [ckbwfc@gmail.com](mailto:ckbwfc@gmail.com)  
[www.boldmerefalconsfc.co.uk](http://www.boldmerefalconsfc.co.uk)

**FREE Walking Football Sessions for those affected by Cancer**

**WHO IS IT FOR?:** Open to anyone affected by any type of cancer, be it prostate, leukaemia, bone, breast, bowel or any other form of cancer. Everyone is welcome whether you have been diagnosed, undergoing treatment, are under surveillance, in recovery or supporting someone who is... Join us at Cancer Kickers Boldmere Walking Football Community - A welcoming, supportive session designed specifically for individuals impacted by cancer.

**GENTLE PHYSICAL ACTIVITY:** Our session starts with a low-level warm-up, then physical activity to get moving at a comfortable pace.

**WHAT IS WALKING FOOTBALL?:** Experience an introduction to walking football - a fun, non competitive way to enjoy the sport at a slower pace, whilst still keeping active on our 3G AstroTurf mini soccer pitch.

**SOCIAL HUB:** After 1 hour gentle session, relax with tea, coffee and conversation in our friendly social hub in our clubhouse

**ON-SITE SUPPORT:** We have a dedicated cancer rehabilitation exercise practitioner available throughout the session to support you



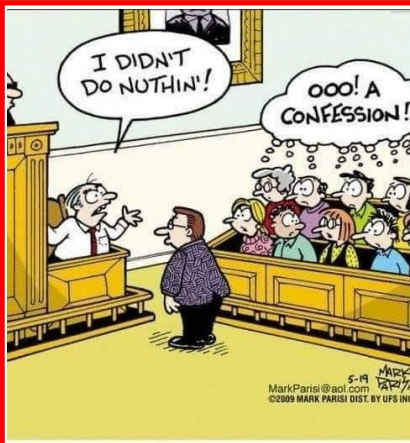
**Good Hope Hospital**  
Charity

**SUTTON COLDFIELD  
PROSTATE CANCER  
SUPPORT GROUP**

**Football  
Foundation**



# Cartoons from Chris. Thank you Chris W



JURY OF ENGLISH MAJORS



"And, if you fall behind on payments, it drives itself back to the dealership."



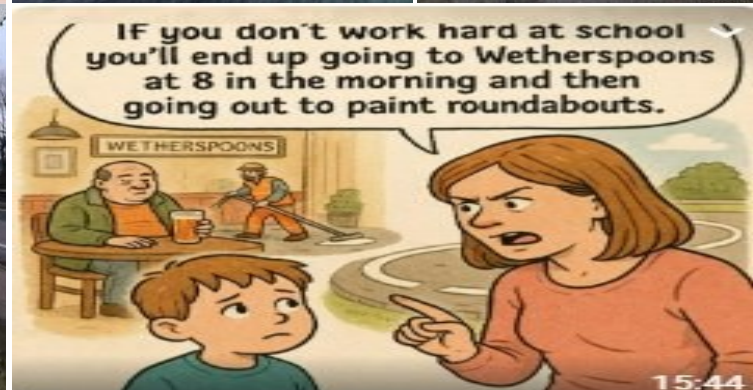
"Male, 38, still living with his parents. They asked us to keep him overnight, so they could change the locks."



I knew joining Ancestry.com would be a bad idea.



I need a day between every day to recover from the day before and prepare for the upcoming day.





# Really Bad Analogies Written by High School Students

1. Her eyes were like two brown circles with big black dots in the center.
2. He was as tall as a 6'3" tree.
3. Her face was a perfect oval, like a circle that had its two sides gently compressed by a Thigh Master.
4. From the attic came an unearthly howl. The whole scene had an eerie, surreal quality, like when you're on vacation in another city and Jeopardy comes on at 7:00 p.m. instead of 7:30.
5. John and Mary had never met. They were like two hummingbirds who had also never met.
6. She had a deep, throaty, genuine laugh, like that sound a dog makes just before it throws up.
7. The ballerina rose gracefully en pointe and extended one slender leg behind her, like a dog at a fire hydrant.
8. He was as lame as a duck. Not the metaphorical lame duck, either, but a real duck that was actually lame. Maybe from stepping on a land mine or something.
9. Her vocabulary was as bad as, like, whatever.
10. She grew on him like she was a colony of E. coli and he was room-temperature Canadian beef.
11. The revelation that his marriage of 30 years had disintegrated because of his wife's infidelity came as a rude shock, like a surcharge at a formerly surcharge-free ATM.
12. The lamp just sat there, like an inanimate object.



## Here's your quiz, in two parts

1. Which commodities would you buy at a PYO Centre?
2. What sort of 'Academy' did Cat Deeley co-host?
3. What does FT stand for in the name of the financial daily newspaper?
4. Which punctuation mark would an American call a period?
5. According to the proverb, imitation is the sincerest form of what?
6. In which sport is there a foil discipline?
7. According to the saying, what do birds of a feather do?
8. The Dauphin was heir to which European throne?
9. In 2001, which release returned Kylie Minogue to No. 1 in the album charts?
10. William 'Fatty' Foulkes played which sport?
11. A skulk is the collective name for a group of which animal?
12. What did Charles Perrault collect?

1. Which Biblical giant was killed by David?
2. What colour is the baize on a snooker table?
3. If you practiced on a pommel horse, where would you probably be?
4. What was the Vicar of Dibley's name?
5. What was Coco Chanel's Christian name?
6. In which European country are the Pindus Mountains?
7. In which city is the University of Surrey?
8. What kind of a plant is fescue?
9. 'Englander' is an anagram of which Country?
10. Which Bond film shares its name with Ian Fleming's Jamaican Home?
11. 'The Dogs' involves races of which breed?
12. Which race meeting is known as 'Glorious'?

### Answers

1. Fruit and Vegetables (Pick Your Own) 2. Fame Academy 3. Financial Times 4. Full Stop 5. Flattery 6. Fencing 7. Flock Together 8. France 9. Fever 10. Football 11. Fox 12. Fairy tales

1. Goliath 2. Green 3. Gym 4. Geraldine Grainger 5. Gabrielle 6. Greece 7. Guildford 8. Grass 9. Greenland 10. Goldeneye 11. Greyhounds 12. Goodwood

Are you a good guesser?  
What are these objects. Answers on the bottom of next page.

**This weird folding mirror that seems to only reflect upside down.**



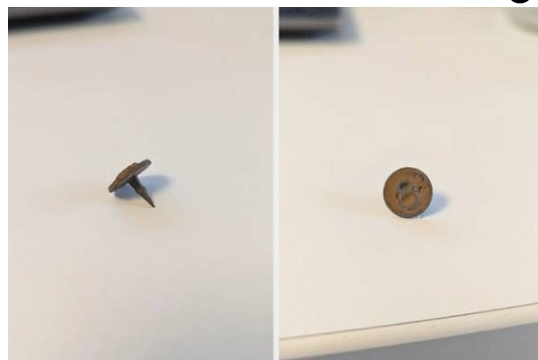
1

**This giant windowsill outside of someone's kitchen window .**



2

**A numbered thumb tack that was nailed into a window frame.**



3



# DANCE ARGENTINE TANGO



*with Franco & Julia*



Now at: Oscott Social Club  
Witton Lodge Road. B23 5LX  
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Fundamentals and techniques with  
practise time  
**8.45—10pm**  
With practise time  
Improvers / intermediate level  
Taking your tango to the next level  
**\*Please wear non-rubber sole shoes\***

**Contact: Julia 0779 008 4218**

## Answers from last page

1. A portable solar firestarter/cigarette lighter. [They look] [like this](#)."— [u/liarandathief](#)
2. Some folks suggested this was likely part of an icebox. The original poster replied that they were "able to find an advertisement in a 1910 catalog called 'The Western Architect and Builder.' A company in Cincinnati called The Architectural Stone Co. seems to have manufactured what they call a Composite Window Refrigerator. [Here is a link to the advertisement](#)."
3. "It is used to identify which screens and storm windows go in which opening. Changed twice a year."  
— [u/old-uiuc-pictures](#)  
"Back in the day, windows arrived at the construction site in pieces and were fitted, assembled, and installed by finish carpenters. So every one was slightly different in size. Since wooden storm windows and screens fitted inside the window molding, they were also all different sizes. Knowing which one went with which window before you carried it up the ladder was a big time saver."

# Things you may not know in Wales

## Winifred's Well

The oldest continual pilgrimage site in Britain was supposedly created by a gruesome beheading. One of the many holy wells scattered across Europe, Winifred's Well (or St. Winifride's Well) has been visited by the faithful for over a thousand years after it was created by a martyr's lopped off head.

As the story goes, Winifred, daughter of a wealthy [Wales](#) citizen and sister of fellow Saint Beuno, was being romantically pursued by a man named Caradog. Winifred was not interested in the man's advances and when she finally refused to lay with him, Caradog lopped the young woman's head off. Where her head hit the ground, a natural spring instantly sprung. Poor Winifred was thankfully resurrected thanks to the saintly prayers of her brother, but the spring remained. Pilgrims who visited the miraculous spring claimed that the waters healed any number of ailments and a proper structure was built around the site some time in the 12th century.

The legend aside, it is known that Winifred was a real personage and the current structure built over the spring that bears her name seems to have replaced an earlier structure. The current medieval chapel was built in the 16th century and has seen such famous faithful grace its arches as Kings Richard I and Henry V. With pilgrims visiting the well for its healing waters for over a thousand years that we can confirm, a tradition that has been unbroken during its existence, the well also claims to be the oldest active pilgrimage site in all of Britain.



While the aging medieval chapel still covers the bubbling well waters, the site has added a shallow wading pool in the courtyard that is filled directly from the well. Visitors can actually bath in the holy waters and towel off in the innocuous cabanas. Despite a violent origin, Winifred's Well is a peaceful site that allows for relaxation that might be more healing than the magic waters.







Simply School Supplies C.I.C is a community interest company committed to reducing inequalities in the school environment. In our first six months of operating, we have helped over 300 children with school uniforms. We do this by collecting and sorting pre-loved school uniforms and making them available through pop-ups, an online second-hand uniform shop, partnerships with local schools, and a referral scheme for local children's charities. Everything we do is to promote equal opportunities in the school environment for all children.

This year, we aim to support 500 children, and we can only do this with your support. To meet our target, we need to raise £2,500 to purchase the branded items we do not have in stock. In the coming months, we will be fundraising at local craft fairs, conducting bucket collections at Asda Queslett, and partnering with local schools and charities to reach as many families as possible.

This is your invitation to join our appeal, whether by simply following us on Facebook to help spread the word or by donating your old uniform at one of our donation points. More information about our events, donation points and volunteering opportunities can be found on our website at [www.simplyschoolsupplies.co.uk](http://www.simplyschoolsupplies.co.uk).

Any support is greatly appreciated.

#### **Nearest Donation Points:**

- St Columbas Church Hall Entrance - Friday and Sunday mornings.
- ASDA Queslett - Trolley by Cafe Entrance, open 24 hours.

# Holistic Healing

*through sound vibration*

**A unique journey to self-healing through ancient practices for modern well-being and healthier lifestyle**

**Indian Classical Raag singing** designed to heal, uplift and transform.  
**Yoga-Chi** (a fusion of Yoga and Tai Chi) following movements with breath  
**Herbal and nutritional guidance** to support a healthier lifestyle.

These sessions will take you on a journey: through the uplifting tones of Raag singing, the flowing sequences of Yoga-Chi and the practical knowledge of herbal and nutritional wisdom.

**FREE** classes - All welcome to Join  
**St Chad's Community Church Hall**  
**Hollyfield Road,**  
**Sutton Coldfield. B75 7SN.**

**Every Wednesday**  
**10am – 11:30am**

**Free** light refreshments

Workshops delivered by highly qualified and experienced practitioners



**Satpal**

Yoga, Tai Chi and Meditation Tutor



**Healthy Lifestyle**



**Pritam**

Indian classical musician  
and Raag singing teacher

For further enquiries please contact:

Pritam 07773724697

E: [pritam@drumatized.com](mailto:pritam@drumatized.com)

E: [adstchads@hotmail.co.uk](mailto:adstchads@hotmail.co.uk)

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**25 Boldmere Road, Sutton Coldfield B73 5UY**

**YOUR LOCAL AUDIO NEWSPAPER - a real lifeline for hundreds, yes hundreds! of people across Birmingham.**

[Birmingham Talking Newspaper For The Blind And Visually Impaired](#)

[btnbvi.org](http://btnbvi.org)

When my own mother-in-law's health was fading, we discovered this remarkable service and it gave her a new lease of life at 93!

Do you know anyone who is partially sighted or blind? If so, they may benefit from listening to a local audio newspaper. Or indeed a monthly magazine and a history talk? This is a completely free of charge service, including the loan of equipment to allow you to listen to these articles. It is enjoyed by many people of all ages, some of whom are housebound.

Blind and visually impaired people in the wider Birmingham area can obtain audio versions of local newspaper articles and a range of weekly and monthly audio magazines. These are provided free of charge for listeners who have registered with our service.

You can apply by filling out the registration form which can be found at [www.btnbvi.org](http://www.btnbvi.org). Or by contacting 0300 330 1404 for more information. We will then explain the service that we provide, all completely free of charge.

Please note that we never pass your information to anyone else and you can unsubscribe from our service at any time.



# Heart and circulatory diseases kill 1 in 4 people in the UK.

Heart and circulatory diseases can affect anyone and everyone. Your donations will help fund the research breakthroughs needed to beat the heartbreak these conditions cause, forever.

We particularly need good quality:

- Clothes and Shoes ☐
- Bags and Accessories ☐
- Books, CDs and DVDs ☐
- Homewares ☐
- Toys and Games ☐

Drop your donations direct to your local shop or call to book a FREE home collection.

British Heart Foundation

Units 6-7, Red Rose Centre, The Parade, Sutton Coldfield B72 1XX

0121 355 5848

For furniture collections  
visit: [bhf.org.uk/collection](https://bhf.org.uk/collection)

*giftaid it*

©British Heart Foundation 2019, registered charity in England and Wales (225971) and in Scotland (SC039426). BHD5372



## Phone Scams

**Do you know that nearly a third of all fraud is committed over the telephone?**

Criminals are experts at impersonating people or organisations (like banks, the tax office or even the police).

They spend hours researching you for their scams, hoping you'll let your guard down for just a moment. **Stop and think.** It could protect you and your money.

**Stop:** Taking a moment to stop and think before parting with your money or information could keep you safe.

**Challenge:** Could it be fake? It's OK to reject, refuse or ignore any requests. Only criminals will try to rush or panic you.

**Protect:** Contact your bank immediately if you think you've fallen for a scam and report it to Action Fraud here: [Action Fraud](#)

For more information please click on the link below or see the attached Phone Scams Booklet

[45788196-0bc9-42a4-87cc-371f2710914e.pdf](#)  
([neighbourhoodalert.co.uk](#))

### Attachments

[Phone Scams Booklet - Final.pdf](#)



#### Message Sent By

Stefanie Sadler

(West Midlands Police, Engagement & Consultation Officer, Birmingham Partnerships)





## Protect yourself from courier fraud

Criminals are targeting people by posing as police officers and banks to steal life savings and we need your help to stop them.

Courier fraud relies entirely on fear and urgency. A caller will claim to be a police officer or a bank official and tell you that your account is at risk or that your identity has been stolen. They might ask for your bank card PIN, tell you to withdraw or transfer large sums of money, or even pressure you into buying luxury items like gold, jewellery, or high-end electronics.

They often claim this is part of a secret investigation to catch a corrupt bank employee. Once you have the money or goods, they send a courier to your door to collect them.

It is important to remember that the police or your bank will never ask for your PIN, tell you to withdraw or transfer money, or send someone to your home to collect money or valuables. They will also never ask you to move your savings into a so-called safe account.

If you receive a call like this, the best thing you can do is hang up immediately.

If you have already been targeted by this scam, please know that this is not your fault. These fraudsters are professional manipulators who are trained to deceive.

Support is available for you and reporting the incident is the most effective way to help us catch those responsible. If a courier is on the way or already at your door, call 999 immediately as this is a crime in progress.

Please share this warning with your loved ones and keep a close eye on elderly family members or neighbours who may be more vulnerable to these tactics.

[Watch](#) how fraudsters operate: Stay wise, don't compromise.



**Message Sent By**

Georgia Patterson

(West Midlands Police, Communications Officer, West Midlands)



## STREETLY FLOWER ARRANGERS' CLUB



We meet monthly 2nd Tues 2.15 pm All Saints  
Church Hall, Foley Rd  
East, B74 3HR.



Next meeting Tues 8th  
September - Workshop  
with Lee Berrill.

Why not join us - visitors  
always so very welcome

Further details - Chris  
Reeves 0121 354 6264





| DAY/TIME                                                                                                    | ACTIVITY                                                                                                           | VENUE                                                                                              | CONTACT                                                                                       | TEL.                                         |
|-------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------|----------------------------------------------|
| Sun (last) 10.30 – 2.30 pm<br>10.00 am<br>10.30 am (fortnightly)<br>11.00 am<br>7.30 – 8.30pm               | Create at Gate with K & S<br>Family Communion<br>Sunday Gathering<br>Chikara Karate Kai<br>Soul Yoga – last Sunday | Community Hall<br>St. Columba's<br>Banners Gate CC<br>Scout Hall<br>Community Hall                 | Kathy Weston<br>Nigel Willis<br>Paul Murphy 07837<br>Cath Hussey                              | 628 6651<br>354 5873<br>353 0230<br>39 57 89 |
| Mon 11.00 to 6.45pm<br>7.30 – 9.00 pm                                                                       | Sign Language Classes<br>Sign Language Classes<br>Sign Language Classes<br>Line Dancing                            | Community Hall<br>Community Hall<br>Community Hall<br>Community Hall                               | Shakila Kosar 07825<br>Shakila Kosar 07825<br>Shakila Kosar 07825<br>Diane Pursall            | 255042<br>255042<br>255042<br>747 4659       |
| Tues 6.00 – 7.00<br>9.15 – 2.00pm<br>3rd Tues 9.15 – 12.00pm<br>11.45am – 12.45pm<br>6.30 – 9.00<br>7.45 pm | Soul Yoga<br>Born to Spa, Baby Spa<br>Coffee Morning 3rd Tuesdays<br>Tai Chi<br>Line Dancing<br>Chikara Karate Kai | Community Hall<br>Community Hall<br>Community Hall<br>Scout Hut<br>Community Hall<br>St. Columba's | Anna Madge 07833<br>Dave Cockbill<br>Neil Rankine 07721<br>Diane Pursall<br>Paul Murphy 07837 | 45 70 74<br>67 09 13<br>747 4659<br>39 57 89 |
| Wed 9.30, 11.00 & 12<br>10.30 – 12.00<br>6.30 – 7.30<br>7.00 pm                                             | Baby Sensory<br>Guide Dog Training<br>Dance Fitness<br>SlimmingWorld                                               | Banners Gate CC<br>Community Hall<br>Community Hall<br>St Columba's                                | Tracy Jones 0775<br>Madge Nightingale<br>Karen 07759                                          | 82 56 22<br>360 0286<br>17 02 89             |
| Thurs 10.00 – 11.00 am<br>7.30 on last Thursday<br>6.30 – 9.45 pm<br>(3rd of each month) 7.00 pm            | Yoga<br>Neighbourhood Forum<br>Zig Zag Dance Studio<br>Townswomen's Guild                                          | Community Hall<br>Community Hall<br>St. Columba's<br>Banners Gate CC                               | Tricia 07954<br>Tony Willis<br>Warren 01902<br>Janice Jones 07955                             | 40 39 43<br>605 4947<br>897 900<br>65 59 10  |
| Fri 11.30 – 3.30<br>5.00 – 6.30pm<br>7.00 – 8.00 pm                                                         | Sign language Classes<br>Repertoire Dance Studio<br>Sign Language Classes                                          | Community Hall<br>Community Hall<br>Community Hall                                                 | Shakila Kosar 07825<br>Chloe Lloyd 07729<br>Shakila Kosar 07825                               | 25 50 42<br>47 79 46<br>25 50 42             |
| Saturday 9 – 10am                                                                                           | Soul Yoga                                                                                                          | Community Hall                                                                                     |                                                                                               |                                              |

### Useful telephone numbers

Sutton and Kingstanding  
**Police: 101**  
Good Hope: 424 2000  
Outpatients: 424 2000  
NHS Health helpline:  
Call 111 it's 24/7  
Citizens Advice  
03444 111 444

### BANNERS GATE COUNSELLING CENTRE

Accessible and Affordable  
Counselling to Adults in the  
Community. The Upper Room  
St. Michael's House  
198 Boldmere Road  
Sutton Coldfield  
Tel : 0121 354 6544  
For information or an  
appointment please ring after  
10 a.m. daily, except  
Wednesday

**Banners Gate  
Community hall  
Coffee Mornings**  
The next is on  
**15th September**  
starting at 10.00a.m.  
until noon, please  
note new times.

#### BOOKING SECRETARIES:

Community Hall mobile: 075 65 54 68 21  
Banners Gate CC - Steve Smith 07835 865983  
St. Columba's - Alison Jolley [st.columbahall@yahoo.com](mailto:st.columbahall@yahoo.com)  
Scout Hall - A & R Talliss 353 8166

#### UNIFORMED ORGANISATIONS:

**Scouts:** Margaret Drummond, 33rd GSL  
353 5203 **Girlguiding:** Carol Gardner,  
Vesey West District Commissioner 350 7191

### Banners Gate Ladies Circle

This is the name of the previously named  
Townswomen's Guild. Contact details,  
meeting days and times remain the same.  
Hopefully next month will let you know how  
we will be going forward as our new group.

**Thurs.17th Sept, Bingo, Fish & Chips**  
**Thurs. 15th Oct. Quiz Night**

Our vibrant Guild meets on the 3rd Thursday  
of the month, 7.00 - 10.00 in the Westwood  
Hall, **Banners Gate Community Church.**  
Janice Jones 07955 65 59 10

### Banners Gate Community Church

Westwood Road. B73 6UH

We meet **weekly** on Sunday mornings from  
10.30am for fellowship, worship, prayer  
and learning together in an informal setting,  
with other gatherings throughout the week.

To find out more visit our website at  
[www.bannersgatechurch.com](http://www.bannersgatechurch.com).

### St Columba's Church

### Coffee Morning

**Every Friday of  
the month**

**10.00 - Noon**

**All Welcome**

The 18<sup>th</sup> Sutton Coldfield West  
Scout Group and the 15<sup>th</sup>  
Sutton Coldfield West Scout  
Group have merged and are  
now named the 33<sup>rd</sup>  
Headquarters are at the Scout  
Hut, Coppice View Road.  
B73 6UE.

### 33<sup>rd</sup> Sutton Coldfield Scout Group,

H.Q. Coppice View Road

Monday Beavers 5.30 p.m. – 6.45 p.m. ages 6 – 8 years  
Scouts 7.00 p.m. – 9.00 p.m. ages 10 ½ – 14 years  
Tuesday Beavers 5.40 p.m. – 6.40 p.m. ages 6 – 8 years  
Cubs 7.00 p.m. – 8.30 p.m. ages 8 – 10 ½ years  
Thursday Cubs 7.00 p.m. – 8.30 p.m. ages 8 – 10 ½ years

**Contact 0121 353 5203**

Email: [margaretdrummond1@btinternet.com](mailto:margaretdrummond1@btinternet.com)



### Girlguiding gives girls and young women a voice.....has done so for 100 years.....be part of the next 100

Could you spare 1½ hours a week to help with the St Columba's Guide unit? Gain real satisfaction in volunteering and helping to ensure  
girls in Banners Gate aged 10 – 14 can continue to enjoy games, projects, badges and outings at Guides.

There are also places available in both Brownie units in September for girls aged 7 or 8.

For more information contact Carol Gardner on 350 7191.



Girlguiding UK

| Day/Time            | Activity      | Venue             | Contact       | Tel      |
|---------------------|---------------|-------------------|---------------|----------|
| Mon 6.00 - 7.30pm   | 39th Brownies | St Columba's Hall |               | 354 5873 |
| Tues 6.00 - 7.30pm  | 45th Brownies | St Columba's Hall | Carol Gardner | 350 7191 |
| Thurs 5.00 - 6.00pm | 39th Rainbows | St Columba's Hall |               | 354 5873 |