



Bannars Gate & Parklands Community & Neighbourhood Forum

208 September 2026

bannersgateneighbourhoodforum.com

If you want **Gatepost** emailed to you, including cartoons and puzzles, in full colour, wherever you live, **free of charge**, every month, please send an **email to bgatepost@gmail.com** with "Email Gatepost" in the subject line. You can cancel at any time by email with "Stop Gatepost" in the subject line. Alternatively, you can click on the address under the date above, or put **Gatepost Newsletter** in Google scroll down to **40 pages Gatepost** or **Gatepost** and **Gatepost Supplement**.



Councillor John Cooper,
Sutton Vesey Ward:

John.cooper@suttoncoldfieldtowncouncil.gov.uk
John.cooper@birmingham.gov.uk

There are many things going on behind the scenes in BCC; some of which will have a profound effect on our Town and its residents.

The most troubling, at present, for me is a proposal (I believe from the Green Party) to reduce the speed limit to 20 mph throughout the City Council area. Speaking for myself I am in favour of 20mph limit locally to schools, care homes, hospitals and known speeding spots. Surveys carried out on Monmouth Drive where the limit was reduced from 40 mph to 30 mph took the average recorded speed of vehicles down to 33 mph.

We are currently looking at this issue where it has been raised with us and considering measures that will benefit users going about their

business.

In a similar vein Anti-Social behaviour is showing its ugly head with youths entering our Town from adjoining wards in BCC outside the Town; causing havoc for residents and motorists showing utter disrespect for others. We are working with groups and authorities to find an effective solution of blunting this behaviour, which is not welcome in our Town.

There is still no sign of the BCC situation settling down resulting in a chaotic Council meeting that started earlier than usual and finished late. The only real achievement of the meeting was to recognise retiring members making them Aldermen of the City including the previous member for Vesey who retired at the end of the last session.

For our part we are delighted to welcome Town Councillor Husham Khan to our Conservative Team in Royal Sutton Coldfield.



Cllr Anja Pawson

City Councillor & Town Councillor for Sutton Vesey

Vice-Chair of Friends of Boldmere Spinney, Primary
School Teacher, School Governor, busy Mum of two

Our Action in the Community



Right: Councillors Anja Pawson, John Cooper and Husham Khan also reported the damaged noticeboard on King George V Playing Field and got it reinstated.



Left: Councillors Anja Pawson, John Cooper and Husham Khan reported the abandoned caravan by King George V Playing Field and got it removed.



Below: At the recent Town Council Amenities & Leisure committee, Cllr Anja Pawson requested a review of the Christmas lights scheme to look at the possibility of including the Banners Gate area in future years.



Above: Cllrs Anja Pawson and Husham Khan attended the Greenway after residents contacted them about a stolen motorbike in the bushes. Anja and Husham called the police who attended immediately, which resulted in the owner and the bike being reunited.



Email Anja via: anja.pawson@birmingham.gov.uk

Follow us on Fb: VeseyNews



Cllr Anja Pawson

City Councillor & Town Councillor for Sutton Vesey

Vice-Chair of Friends of Boldmere Spinney, Primary
School Teacher, School Governor, busy Mum of two

Tip truck returns Sat 10th October



Above and Left: Advance notice of the 'tip trucks' returning to Sutton Vesey on Saturday 10th October 2026 following our focused intervention.

They will be stationed at Banners Gate car park within Sutton Park from 8am till midday. Please see the next page for information on what you can and can't bring.

Email Anja: anja.pawson@birmingham.gov.uk

Follow us on Fb: VeseyNews

Important Information

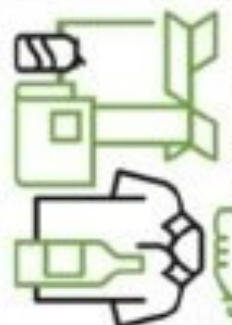
- Arrive by no later than 11:45 AM to ensure ample time for unloading.
- Waste must be personally brought to the MHWCs during operating hours.
- Friendly on-site staff will be available to assist, and no booking, ID, or fees are required.
- Items designated for recycling at a recycling centre will not be recycled if brought to the MHWCs; instead, they will be placed in a refuse truck.
- Waste left outside operating hours or in other locations will not be collected and may be treated as illegal dumping.
- Only waste brought directly to the truck during the specified hours can be cleared.
- Commercial waste is not accepted, and vans are banned from this service.
- If you are unable to attend, you can learn about free Household Recycling Centre (HRC) sites at www.birmingham.gov.uk/hrc.

BRING ANY OF THESE UNWANTED ITEMS TO THE VEHICLE:

✓ Household rubbish that can't be reused.



✓ Recycling: paper, glass, plastic, clothes cardboard and aluminium.



✓ Garden waste.



✓ Bigger items: toys, bikes, furniture, wood and household items.

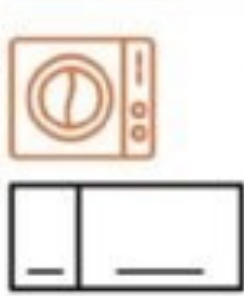


WE CAN'T TAKE:

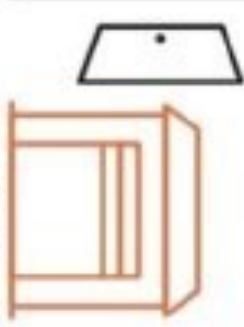
✗ Building or construction materials such as rubble, concrete, sand, tiles, slabs and full or part-full paint pots.



✗ White goods such as fridges and washing machines.



✗ Large items such as garage or patio doors.



✗ Hazardous materials like engine, cooling oil and gas containers or asbestos.



No commercial vehicles or commercial waste will be accepted. Crews reserve the right to refuse any items.

- Waste must be brought in person to the Mobile Household Recycling Centre (MHRC) during this time.
- Waste left elsewhere or outside of these times will NOT be collected and may be treated as **ILLEGAL DUMPING**.
- If you miss the MHRC this time, and you have items to dispose of, you can find out about our free HRC sites here: birmingham.gov.uk/hrc



From Alderman Pocock, Community Campaigner, Sutton Vesey

20MPH ROADS – THE REAL TRUTH

Shortly about my last piece in Gatepost about speeding traffic, there was a tide of media floating around suggesting the City Council was to impose a ‘blanket coverage’ of 20mph limits across the whole of the Birmingham area, including Sutton Coldfield.

This story was spun by ‘social media influencers’ in an attempt to whip up fears of a ‘woke war on motorists’ – but this is yet another piece of fake news aimed at stirring up yet another culture war. The reality is very different. The main through roads across the City are to remain 30mph. That includes Chester Road, Jockey Road, Monmouth Drive, Banners Gate Road, Sutton Oak Road, Bakers Lane etc. All these will stay as 30mph as they are now, and through traffic will not be unnecessarily delayed.

It’s the residential side roads that will go to a normal level of 20mph. This is where kids in the streets, older and infirm local residents need the protection of a safer speed. As the national road safety campaign charity says, “20 is Plenty” on a quiet residential road.

So forget the scare stories about the blanket 20mph. What’s being proposed is a balanced ‘mix and match’ with through-traffic flowing smoothly and the quiet residential roads better protected for the peace and safety of local residents.

SURPRISE ‘HONORARY ALDERMAN’ AWARD!

Having lost my City Council seat at last may’s elections I thought that was the end of my time with Birmingham City Council. Imagine my surprise therefore, to receive an invitation to the September Council meeting to be appointed as an ‘Honorary Alderman’ of the City Council! [see pic].

This is a role awarded for so-called ‘distinguished long-term service’ and I’m not sure I should actually qualify for this, having spent most of my time on the Council in basically, ‘back room’ activities outside the glare of publicity, and simple work with local residents. However, far be it for me to turn down the offer... It’s an honour to receive this recognition and it’s due entirely to the many local residents of Banners Gate and Sutton Vesey who gave me the role of Councillor in the first place. So, I owe my grateful thanks to you!

Hello Tony,

A few people have got together in order to try and establish a historic dance group ahead of the 500th anniversary of the 1528 Sutton Coldfield Charter. Please see the attachment. Anyone interested is asked to contact the email address on the attachment. I attach an image of costumed participants at a public demonstration.

I must emphasise that this is very much a "have a go" group and not a dance academy. There are no experts, just people trying to experience heritage through dance. The activity is fun, social and good moderate exercise. Costumes are not essential, but some folk will be making their own versions of period clothing - and some folk will take up the option of demonstrating period dance as they did recently at the Trinity Church Heritage Week event.

The people in the image are in Tudor dress to hark back to the reign of Henry VIII. Henry was at that time still married to Catherine, his first wife but estranged, and spent the court Christmas of 1528 with Anne Boleyn. Dancing to Tudor music and to known Tudor routines provides participants with authentic experience in a way that facts, figures and records fail to do.

This is not solely about Tudor re-enactment as there are five hundred years of heritage available. If we make a start on looking at this now we will have something valuable to contribute to whatever commemorations take place in 2028.

So come on folks, let's dance the past!

Regards

John Porter



New Group
starting
Sutton Coldfield
Historic Dance
Group.

Get involved, have fun,
keep active with dance
and costume.

paicej1@gmail.com

BANNERS GATE COMMUNITY ASSOCIATION

We are holding a tabletop sale at our community hall on 28th November 2026.

Time from 10.00am to 2.00pm

If you would like to have a table, cost £5, please contact 07964 213 229.

So far, we have Children's toys, beauty products, bric-a-brac, Military Veterans, craft store and book table.





People's Emergency Briefing

On the climate and nature crisis

**Boldmere /
Wylde Green**



Film screening and discussion
Highbury Theatre
Sheffield Road
B73 5HD
4th October 2026 4pm

16

www.nebriefing.org

Edit Image



People's Emergency Briefing

On the climate and nature crisis

Sutton Coldfield

Film screenings and discussions:

Holy Trinity Parish Church
21 September 2026 7:30pm



Wylde Green URC
29 September 2026 2:30pm, 7:30pm

All Saints Church, Streetly
2 October 2026 7pm

Highbury Theatre Centre
4 October 2026 4pm

16

www.nebriefing.org

Improv Comedy with **BOX OF FROGS**



Spontaneous scenes, sketches and songs
based entirely on YOUR suggestions!



[web: boxoffrogsimpro.co.uk](http://web:boxoffrogsimpro.co.uk) socials: @boxoffrogsimpro

★★★★★
'Comedy royalty'
(Derek Awards)

★★★★★
'Hilariously funny'
(Moreish TV)



Highbury Theatre, Sheffield Road,
Sutton Coldfield, B73 5HD

Friday, 2nd October 2026

7:30pm (doors open 7pm)

Tickets: £12

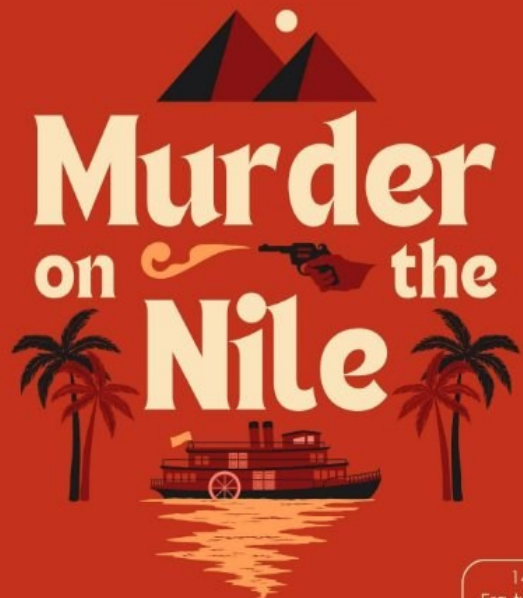
Suggested age: 16+

Tickets available via highburytheatre.co.uk

THRILLER

Highbury Players present

An amateur production by arrangement with Concord Theatricals Ltd
on behalf of Samuel French Ltd



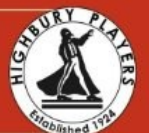
by Agatha Christie

A love to die for

14+
Era-typical
racism
Mention of
suicide

20 - 31 October 2026

7:30pm at **Highbury Theatre**, Sheffield Road, B73 5HD
0121 373 2761 | highburytheatre.co.uk





Christmas FAYRE

St Columba's Church
Banners Gate

Saturday December 5th
10 - 2

Join us for a festive
day of stalls, gifts,
crafts, home baking,
tombola and more!

Support
local
crafts &
small
businesses

To book a table, contact

Maria Mitchell
on 07400894034

Table cost is £15
plus a gift for the raffle

WELCOME TO SUTTON ARTS THEATRE 2026-27 SEASON

2:22 A GHOST STORY

22 - 31 OCTOBER 2026

WRITTEN BY
DANNY ROBINS

DIRECTED BY
LOUISE HOLMES

An amateur production by arrangement with Nick Horn Books.
Originally produced by Runaway Entertainment, and first performed on
11 August 2021 at the Noel Coward Theatre, London.

2:22 A GHOST STORY

"There's something in our house. I hear it every night, at the same time."

Following seven West End seasons, a record-breaking UK and Ireland tour and productions across the globe, the stage phenomenon 2:22 A Ghost Story comes to Sutton Coldfield. Winner of Best New Play, this edge of your seat supernatural thriller is a brilliantly funny, adrenaline filled night where secrets are revealed and ghosts may, or may not appear.

Jenny believes her new home is haunted. Every night, at exactly 2:22am, she hears unsettling sounds echoing through the house. But her husband Sam dismisses her fears as imagination and exhaustion. During a dinner party with old friend Lauren and her new partner Ben, belief and scepticism collide as tensions rise and dark secrets begin to surface. As the night unfolds, something strange and frightening draws ever closer. Determined to uncover the truth, the four decide to stay awake until 2:22... and then they'll know.

Sharp, gripping and packed with twists, 2:22 A Ghost Story will leave audiences questioning everything, long after the lights go down.

DIRECTED BY: **LOUISE HOLMES**

SUITABLE FOR: **AGE 12+ SOME STRONG LANGUAGE**

Snow White AND THE SEVEN DWARFS

WRITTEN & DIRECTED BY
EMILY ARMSTRONG
& DEXTER WHITEHEAD

"The Fairest Panto of them All"

5-19 DECEMBER 2026

SNOW WHITE & THE SEVEN DWARFS

"Mirror, mirror on the wall, which panto is the most magical of all?"

This festive season, Sutton Arts Theatre invites you into a world of laughter, magic and mayhem with the spectacular pantomime Snow White, a wickedly fun adventure for the whole family.

Join Snow White as she journeys through an enchanted forest filled with magic, mischief and music. Along the way, she'll meet unforgettable characters, face the schemes of the wicked Queen and discover that friendship, kindness and courage can conquer all.

Packed with dazzling dance numbers, spectacular songs, colourful costumes and heaps of hilarious jokes, this spellbinding pantomime promises festive fun for audiences of all ages.

So gather your friends and family and make memories together with a Christmas tradition full of boos, cheers and magical moments galore!

WRITTEN & DIRECTED BY: **EMILY ARMSTRONG & DEXTER WHITEHEAD**

SUITABLE FOR: **AGE 3+ (NO BABES IN ARMS)**

SPECIAL EFFECTS INCLUDING: **FLASHING LIGHTS, SMOKE,
PYROTECHNICS & LOUD SOUND EFFECTS**



NP Health and Wellness

Move well
Feel better
Live well



Over 60s Chair Yoga & Mobility Exercise Class

A gentle and supportive class to help you stay active, improve your mobility and feel your best.



Banners Gate Community Hall
Sutton Coldfield



£7 per class
or **£25 per month**



Contact Nikki on
07411157251

Mondays
1pm – 2pm

All welcome

Annual Concert



**St Columba's Church
Banners Gate Rd, Sutton Coldfield
B73 6TX**

An Evening of musical entertainment.

Music Director Steve Roche

Accompanist Chris Walk

Percussionist Clare Ray

Guest Artistes

Strings of Serenity

Saturday, 17th October 2026 at 7.00pm.

Tickets £15.00 including refreshments

Available from:

Meirion Bowen 07766 301677

Warren Woodcock 07305 971506

Francis Beirne 07502 021179

Hi Banners Gate Community Association,

I hope you're well.

My name's Alex - I'm a Casting Producer working at Avalon Television Limited, a multi-award-winning production company, producing *Taskmaster* and *Junior Taskmaster* (Channel 4), *Not Going Out* (BBC One), *Dogs Behaving Very Badly* (Channel 5), *The Chris & Rosie Ramsey Show* (BBC Two), as well as many more. Please see our website: www.avalonuk.com

We are looking for households (families, partial family units, house/flatmates) to take part in a new series for primetime Channel 4. The chosen households will take part together in an array of creative, fun and head-scratching games from the comfort of their own homes – in the hope of beating the other households to win a cash prize, as well as having a lot of fun as a household. The tasks will be set by Alex Horne of *Taskmaster* fame!

We are looking for households in your local area and I wondered if you could share the attached flyer within your network to help spread the word? More information, T&Cs and the application form can be found at www.avalontvcasting.com

Thanks so much,

Alex

Hire Banners Gate Community Hall



*A Center of Excellence within Banners Gate Community,
For Children's Parties, Meetings, Seminars, Dance Classes and more !
Banners Gate Community Hall has a fully equipped Kitchen, Disabled facilities,
A Music and entertainment Hub*

Book with us as below. **07513 184945**

35 Reay Nadin Drive, Sutton Coldfield B73 6UR, Tel: Jessica 07538794120

Banners Gate Community Coffee Club

A chance to relax, chat to like minded people, whilst having a cuppa, cake and biscuits all for a generous donation

**EVERY THIRD TUESDAY OF EACH MONTH
10AM TO 12 PM**

Come and join our Community Coffee Club
Have a chat and make new friends

Take part in our free raffle

We cater for age groups of 60 years Plus

35 Reay Nadin Drive, Sutton Coldfield B736UR
Contact Karen and Gary
07833720015 - garyhall7@blueyonder.co.uk



Julia Roberts, from Age Connects West Midlands, (formally Age Concern), attended the Banners Gate Community Hall Coffee Morning on Tuesday 15th September, which meets on the third Tuesday every month.

Julia gave an interesting and informative talk to the residents on the help and advice available from Age Connects, which is also available from the Communita Cafe in Boldmere.

These are two of the pages from the handbook Julia brought to the meeting.



STAIRLIFTS

Would you like to find out more about stairlifts? Age Connects West Midlands is a stairlift demonstration centre. Book in today, to find out more!

Go through us to receive a 12% discount!

PERSONAL ALARMS

Age Connects West Midlands work with partners to offer a 24/7 personal alarm service, supporting your independence at home and on the go.

Go through us to receive £15 off your order.

TRUSTED TRADESPEOPLE

Are you struggling to find reputable tradespeople, overwhelmed with online searches or worried about scams? Our directory is here to help. Designed to connect you with vetted, reputable local professionals you can contact with confidence.

Vetted and quality checked tradespeople
Safe reliable service
Avoid rogue traders and scams
Local tradespeople and services you can contact with confidence

Call us on 0121 362 3650, email us hello@ageconnectswm.org.uk or view our directory online www.ageconnectswm.org.uk to find out about these services

SUTTON COLDFIELD NEIGHBOURHOOD NETWORK SCHEME

Do you run a community activity, service or project that people living in Sutton Coldfield aged 50+ or adults with disabilities can benefit from?

WE CAN HELP!

We can offer a range of support around issues such as marketing, volunteering, governance and fundraising, and we have a micro and small grants scheme to commission activities.

- Promote existing activities
- Develop new activities
- Networking opportunities
- Build skills and capacity
- Improve accessibility
- Funding advice
- Digital inclusion

To find out more about how we can help, contact the NNS team on:

nns@ageconnectswm.org.uk
0121 362 3663

www.suttoncoldfieldnns.blogspot.com

age connects
west midlands.



SUTTON COLDFIELD
NEIGHBOURHOOD
NETWORK SCHEME



ADVICE SERVICE

Our Advice Service is here to help North Birmingham residents with practical advice and support on a wide range of issues.

WHAT WE OFFER



WELFARE RIGHTS

Help with benefit checks and applications including Blue Badges and Attendance Allowance.



HOUSING ADVICE

Support with housing advice and support including understanding tenancy information and housing options.



EMPLOYMENT SUPPORT

Guidance on job searching, CVs, interviews and accessing training.



COST OF LIVING ADVICE

Help with budgeting, managing bills, energy costs and accessing financial help.



SIGNPOSTING & REFERRALS

Connecting you to other services that can help.



Helping people make a positive change!

OPEN TO NORTH BIRMINGHAM RESIDENTS

B72

B73

B74

B75

B76

B23

B24

B42

B43

B44



FRIENDLY ADVISORS

Our experienced and approachable advisors take the time to listen and find the right support for you.



HOME VISITS AVAILABLE

If you find it difficult to get out, we can arrange a home visit at a time that suits you.



IN YOUR COMMUNITY

We are available at various locations across North Birmingham to make it easier for you to access the support you need.



VISIT OUR WEBSITE
ourplacesupport.org



CALL US

0121 354 4080



EMAIL US

advice@ourplacesupport.org

MILITARY VETERANS CLUB

HONOUR • SERVICE • SACRIFICE



Scan me!

TOGETHER WE SUPPORT



NEXT MEETING WILL BE AT
BANNERS GATE COMMUNITY HALL
REAY NADIN DRIVE, SUTTON COLDFIELD B73 6UR



CALL OR
MESSAGE

07871 770498 OR 07932 174550



**18.00
HOURS**



**THURSDAY
20TH AUGUST**



**TEA AND
COFFEE
SUPPLIED**



BANTER • FRIENDSHIP • RESPECT • SUPPORT



EXCITING NEWS FOR
BANNERSGATE CLASSES!

TAROT CARD READING IN BSL COMING SOON!



TO OUR CLASSES AT
BANNERSGATE, SUTTON COLDFIELD.

INTERESTED? JOIN THE JOURNEY!

PLEASE CONTACT SILVER ON:



07825 255 042



Older adults Day care in Sutton Coldfield

Our Day Centres are all about enriching the lives of older adults — we're dedicated to meeting the individual care and support needs of our citizens while providing a friendly, engaging space where they can truly feel part of a community.

Every day, we aim to create a positive, stimulating environment that promotes wellbeing, independence, and connection.

We're proud to provide welcoming, well-established Day Centres for individuals aged 50 and over, located in Mere Green and Boldmere.

With over 14 years of experience, our team is passionate about supporting older adults to live fulfilling lives through personalised care, engaging activities, and meaningful social connections.

Our daily rate is £45.50, which includes a light breakfast, a freshly prepared two-course lunch, and regular refreshments throughout the day.

Each day is shaped by the citizens themselves — with activities chosen to reflect their interests and abilities — ensuring everyone can participate in something that brings them joy and purpose.

We understand that joining a new setting can be a big step, so we warmly offer a free trial session. You're welcome to attend with a family member or carer to get a real feel for what we do and to see whether it's the right fit for your loved one.

Additionally, as a day centre service we are extending our current offers as we understand the demand and need in more flexibility for both the cared-for and unpaid carers involved. I have put some more information regarding this below:

- **Flexi Days** – For those who find set days difficult, there will now be an option to book more flexible attendance to better suit individual needs.
- **Rest n Refresh Sessions** – New 2.5-hour sessions that can be booked the evening before or on the morning of attendance.

These shorter visits are perfect for carers who need time for appointments, shopping, or a short break. Cost: £25 (optional lunch £6 and pudding £1.50).

- **Pay as You Go** – We are aware that citizens and their families may be hesitant to commit to contracts straight away. To support this, we are offering a pay-as-you-go option for up to 4 weeks, giving people time to decide whether regular attendance is right for them.

Please find our current venues and days of operation below:

Days	Venue	Location
Monday, Wednesday and Thursday	The Laurels	Grange Lane, Mere Green, Sutton Coldfield, B75 5JX
Wednesday	Sutton Rose	ST Michaels Road, Boldmere, Sutton Coldfield, B73 5FU

The Art of Craft

Join us to enjoy workshops using textiles stitch, clay and paper craft to promote wellness and creativity.

Communita Cafe, 78 Boldmere Road,
Sutton Coldfield, B73 5TJ

Time: Mondays 2-4pm

21st September, 5th & 19th October,
9th & 23rd November, 7th December

No experience needed, for people 50+

For more info and to book a free place:

Please contact Sally at

soothingstitches@btinternet.com 07808 988945

Diane at Communita Cafe:

d.mccarron@ageconnectswm.org.uk



Communita cafe

communita cafe What's On October 2026

Opening Times

Monday to Saturday 8:30am - 4.15pm

Call us on 0121 362 3650

For bookings, call us on 0121 630 2462
communita@ageconnectswm.org.uk



Communita Cafe is owned and managed by
Age Connects West Midlands

Monday

Carers Hub drop-in: 9.30am until 12pm - weekly

Our advisors can provide information and advice today. Pop in and have a chat, no appointment necessary.

Warm Welcome: 9.30am until 12pm - weekly

Come and join us in our cosy cafe!

Knit and Natter: 10am until 12pm - weekly

Join our team of knitters and enjoy some great company along with a cuppa and maybe even a slice of cake.

Soothing Stitches: 2pm - 4pm - 5th and 19th Only

Enjoy workshops using textiles stitch, clay and paper craft to promote wellness and creativity. See booking details on the back.

Tuesday

Allotment Group: 10am until 12pm - weekly

Talk all things gardening with the Communita Allotment group, you will find us at the allotment if the weather is nice.

Dementia Carers drop-in: 10am until 12pm - weekly

Drop in advice and information for unpaid dementia carers.

Stroke Support Group: 10am - 13th and 27th Only

Bringing together friends and families who have experienced the impact of stroke through our supportive group.

Warm Welcome: 10am until 12pm - weekly

Come and join us in our cosy cafe!

Friends For Life Veterans Group: 12pm until 3pm - weekly

Our group aims to bring together all ex service personnel to make new friends.

Spitfire Advice and Support Drop-In: 1pm until 3pm - weekly

Spitfire Advice and Support is offering housing advice though a weekly surgery.

Wednesday

Community Police drop-in: 11am until 12pm - 14th and 28th Only

Come along to meet and chat to a Police officer

Advice Cafe: 11am until 1pm - weekly

From benefits advice to saving energy at home. No need to book, just drop in.

Friendship Group: 11am until 1pm - weekly

Come down for a chat and a cuppa - everyone welcome!

North Star for the MIND drop-in: 2pm - Weekly

North Star Navigation Service is offering information, advice and guidance about local mental health services and support pathways. Drop in or make an appointment on 0121 262 3555 or email NorthStar@Birminghammind.org

Thursday

Social Worker drop-in: 10am until 1pm - weekly

Come along to meet and chat to a social worker - ask us anything

Parkinson's UK: 10am until 12pm - 1st and 15th Only

A group welcoming those with Parkinson's and their families and carers.

Knit and Natter: 2pm until 3:30pm - weekly

Join our team of knitters and enjoy some great company along with a cuppa and maybe even a slice of cake.

Craft and Knit Group: 10am until 12pm - weekly

Come along to our new craft group, previously held at the Sutton Library. Don't forget to get yourself a cuppa and maybe even a slice of cake.

AWOC Support Group: 10am - 11.30pm - 22nd Only

Are you growing Older Without Children nearby - or without children at all? Our Ageing Without Children group offers a warm, welcoming space to share experiences, build friendships and support one another.

Friday

Art Group: 10am until 11.30pm - weekly - Waiting list to join

A friendly art group working with various mediums from charcoal and acrylic paints to lino printing. We create artwork in a relaxed positive environment. Contact Angie for availability 07789 408956 or email angie@therecoveryfoundation.org.uk

Advice Cafe: 11am until 1pm - weekly

One of our friendly Advice and Information team will be on hand to help with your queries - from benefits advice to saving energy at home. No need to book, just drop in.

Chatty Cafe: 2pm until 4pm - weekly

Come down for a chat and a cuppa - everyone welcome!

Saturday

Legal Services Drop In: 10am until 12pm - 5th October Only

Drop in to speak to our legal partner Jane from Wills Made Clear if you need advice on a will, lasting power of attorney or trusts!

St Columba's Hall Hire

Tables & chairs to accommodate 80 people in comfort

Hall 12m x 12m

Adjoining Kitchen 4.7m x 3.2m is also available for hire when booking hall

Ideal venue for leisure activities e.g., dance groups, keep fit, etc.

Available for one-off events as well as regular bookings

Bookings available 52 weeks of the year including Saturdays

Facilities

Large easy access car park with 32 spaces

Ground level wheelchair access to all areas

Male / female/ disabled toilets

A Kitchen is available for hire. Suitable for light refreshments

Please contact Alison Jolley, email: st.columbahall@yahoo.com

for further details.



LOVE TO PLAY

ROLE PLAY SESSION

ALL AGES WELCOME



IMAGINE **EXPLORE** **LEARN**

**ST COLUMBA'S CHURCH
BANNERS GATE**

**WEDNESDAYS
(TERM TIME ONLY)**

10.15AM-11.30AM

**£5 FOR 1 CHILD/1 ADULT
INCLUDES
SNACK & DRINK**

CONTACT BECKY
07940547492
BECKY@LOVEFORBABIES.CO.UK
LOVEFORBABIES

Love For Babies
Baby & Toddler Classes

Love For Babies

Fun Interactive Baby & Toddler Sessions

Baby Massage - Baby Yoga - Baby Signing
Baby Spa - Pre School Role Play Sessions

Baby Sessions: Tuesdays & Thursdays Beacon Church Pheasey	Role Play Sessions: Wednesdays St Columba's Church Banners Gate
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Contact us for more information or to book your space

Contact: 07940547492
becky@loveforbabies.co.uk
Love for babies f
www.loveforbabies.co.uk



Introducing Love For Babies selection of high quality sessions
Something suitable for all ages

Benefits of our Baby Massage, Baby Yoga & Baby Signing 4 week courses for parents/caregivers & babies:

- Learning simple signs can reduce frustration & develop speech
- A great bonding experience
- Explore music, props & sensory play
- Helps prevent colic & constipation
- Improves sleep routine
- Relaxation Techniques
- Enhances emotional wellbeing
- Aids physical development

**Trio Of Love
4 Week Course**

Combines Massage, Yoga & Signing through a holistic approach. Supporting all areas of your babies development

**Baby Massage & Spa
5 Week Course**

4 sessions of baby massage followed by a full relaxing baby spa experience to complete your course



Love To Spa

Join in a full sensory spa experience, a calming intimate environment, encouraging positive touch & creating a special bonding experience for parents & babies to share. Babies can enjoy a whirlpool jacuzzi bath, followed by a guided baby massage & sensory play. Finishing the session by capturing those precious memories with a photo opportunity

Love To Play

Provides children with a fun filled environment to explore a selection of role play areas. Sessions are specifically planned with focus activities for children to explore and learn through play. Encouraging an interactive end to the session with singing, story time & use of musical props



Love For Senses Baby Group

PLAY • LEARN • CONNECT

Join us in a relaxing, friendly, safe space for you and your baby to **explore and have fun**. Chat and relax with a cuppa whilst exploring a selection of **sensory toys** and **themed activities**. Finishing the session with **singing time** and a selection of **musical props**.

RELAXING & FRIENDLY ENVIRONMENT	SENSORY TOYS & THEMED ACTIVITIES	SINGING TIME & MUSICAL PROPS	CHAT & RELAX WITH A CUPPA
---------------------------------	----------------------------------	------------------------------	---------------------------

£5 PER FAMILY **TUESDAYS 11.00AM - 12.00PM** **BEACON CHURCH PHEASEY**

GET IN TOUCH
07940 547492
Becky@loveforbabies.co.uk




Love For Babies
Baby & Toddler Classes

MAKING MEMORIES • BUILDING CONNECTIONS



CLASS Timetable

MOVE • TRAIN • FEEL BETTER



MONDAYS
7:35 – 8:25pm
Pilates

 Lighthouse Church

 BUILD STRENGTH & FLEXIBILITY



TUESDAYS
7:00 – 8:00pm
50/50 Hybrid
HIIT & GLUTES & GLOVES

 Erdington Academy

 HIIT STRENGTH BOXING FITNESS



WEDNESDAYS
6:00 – 7:00pm
Karate
with Chishiki Martial Arts Academy

 Erdington Academy

 DISCIPLINE CONFIDENCE SELF DEFENCE



SATURDAYS
8:15 – 9:15am
50/50 Hybrid
HIIT/PILATES HIIT

 Erdington Academy

 CARDIO STRENGTH CORE

£8 PER CLASS
MONTHLY OPTIONS AVAILABLE

 **BOOKING REQUIRED**
VIA WHAT'S APP MESSAGE FOR FIRST CLASS

 **Lighthouse Church**
St Mary's, Tyburn Rd,
Birmingham
B24 0TB

 **Erdington Academy**
Kingsbury Rd,
Erdington
B24 8RE
(Sat Nav: B24 8RD)

 **07886089473**

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45 MINUTES	£35 or book a course of 4 for £120
60 MINUTES	£45 or book a course of 4 for £140
90 MINUTES	£60 or book a course of 2 for £100

*PLEASE NOTE.
ALL courses must be used within 4 months of purchase & all dates booked at time of purchase.

Also available

 **MICRODERMABRASION**
£25 PER TREATMENT

 **STRAWBERRY LASER LIPO**
£320 FOR 8 SESSIONS

 IMPROVE PERFORMANCE

 REDUCE PAIN & TENSION

 RESTORE BALANCE

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Feel better. Move better. Live better. ♥



GARDEN HOUSE Cat Rescue

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*Little lives.
Big second chances.*



CAT FOOD BANK

 **RESCUE**
We rescue cats and kittens in urgent need.

 **CARE**
We provide vet care, nutrition and lots of love.

 **REHOME**
We find safe, loving forever homes.



 gardenhouserescue@hotmail.com ♥  <https://revolut.me/gardenhouserescue>

Adopt Romeo

A shy boy with a heart full of love ♥



Could you be Romeo's happy ever after?

A little shy at first... but so worth it ♥

Gentle, loving and ready for his forever home ♥

Meet Romeo ♥

Romeo is a gentle, timid boy who is coming out of his shell.

- ♥ Loves gentle strokes and belly rubs
- ♥ Needs a patient, understanding home
- ♥ Dumped in Small Heath Park with his mum and siblings
- ♥ Now ready to find his forever family ♥

Give Romeo the love and security he truly deserves ♥

 **Garden House Cat Rescue** ♥
Rescuing Today.
Rehoming for Life

Get in touch ♥
 07886 089473
 GardenHouseRescue@hotmail.com
 Find out more and see Romeo's story on Facebook

 Find us on Facebook



♥ Every cat deserves a second chance ♥

Sutton Coldfield Repair Cafe



This Repair Cafe is a free community meeting event where skilled volunteer fixers will help repair various items, give advice, skill share or you can just come along for a cuppa and a chat. The event is to bring people together to reduce waste and help the environment.

The Repair Cafe is held at Wylde Green United Reformed Church 72 Britwell Road, Boldmere, B73 5SW on the **Second Saturday of each month** between 10:00am to 1:00pm, last repairs at 12:30

See Facebook for more details (Search "Sutton Coldfield Repair Cafe").

Next events:-

11th October at Wylde Green United Reformed Church.

8th November at Wylde Green United Reformed Church.

13th December at Wylde Green United Reformed Church.

Maria Mitchell. Tropic Skincare Ambassador.
07400894034.
Flf7b@yahoo.co.uk.
Contact me to discuss products, book a pamper party or discuss possibilities for fundraising events. Tropic is an ethical company that is certified vegan and organic.





A BRIEF HISTORY OF THE LIGHTBULB

■ **1802:** English chemist Sir Humphry Davy induced a current in the four-inch gap between two strips of charcoal, creating the first arc lamp

■ **1840:** English scientist Warren de la Rue devised a prototype lightbulb by placing a coil of platinum inside a glass tube and pumping out the air to create a vacuum. When he passed a current through the metal it glowed

■ **1854:** American-German watchmaker Heinrich Gobel used a carbonised strip of bamboo inside a glass bulb. But the light didn't glow for long and he failed to get a patent

■ **1878:** Englishman Sir Joseph Wilson Swan used a cotton filament to create a light that worked for more than 13 hours

■ **1879:** Thomas Edison patented a similar bulb in America. A year later he had created the first commercial bulb that used a bamboo filament to last more than 1,200 hours

■ **Early 1900s:** The cotton and bamboo were replaced with tungsten before the First World War

■ **1934:** Two filaments were intertwined to create a longer-lasting bulb and brighter light

...AND ON A BRIGHTER NOTE

How many psychiatrists does it take to change a lightbulb?

Only one, but the lightbulb must want to change

How many gas fitters does it take to change a lightbulb?

Three. One to turn up the day before when you're out, one to change the switch and one to bring along the wrong kind of bulb

How many police officers does it take to change a lightbulb?

Twenty. One to change the bulb and 19 to do the paperwork

How many men does it take to change a lightbulb?

Just one, but you have to nag him for a month first

How many Marxists does it take to change a lightbulb?

None. The lightbulb contains the seeds of its own revolution

How many mystery writers does it take to change a lightbulb?

Two. One to screw it almost all the way in and the other to give it a surprising twist at the end

How many MPs does it take to change a lightbulb?

Twenty-one. One to change it and 20 to go on a fact-finding tour of the Seychelles to learn more about how it's done

How many paranoids does it take to change a lightbulb?

WHO WANTS TO KNOW?



Boldmere Falcons FC, established in 1974, have just set up a new Walking Football group in Boldmere for anyone affected by any type of cancer, be it prostate, leukaemia, bone, breast, bowel, skin or any other form of cancer.

Everyone is welcome, gents and ladies, whether you have been diagnosed, undergoing treatment, are under surveillance, in recovery, in remission or supporting someone who is.

The weekly sessions are free to attend every Tuesday and started on 16th June 2026 at 12.30 to 2.30pm at Boldmere Sports & Social Club, B73 5HQ. They have had a great response so far from the local community and still have places available for new players or if you wish to go along to see what is going on please feel free to call in one Tuesday at 12.30pm.

Hour1 starts with a gentle set of warm up exercises, followed by a warmup game and then a game of Walking Football all supervised and run by our on-site Cancer Rehab Exercise Practitioner Mark aided by volunteers from Boldmere Falcons. You do everything at your own pace. You don't need to have played football before and very quickly you soon start to enjoy the camaraderie that quickly develops between everyone.

Hour2 is then held in their clubhouse for tea, coffee, a beer and a chat for general discussion, World Cup especially at the moment, or if you have a health question for Mark he will be there for you. The other group members are also happy to share experiences to help you where they can if you need advice.

They have been supported by Sutton Coldfield Charitable Trust and Sutton Coldfield Group Practice and they are very grateful to them for their funding help, so it is a real Team Sutton effort!! Further support has been given in many different ways from Birmingham County FA, Sutton Coldfield Prostate Cancer Support Group, Prostate Cancer UK, Blood Cancer UK, Macmillan Cancer Support and Good Hope Hospital and many more.

For more information please contact Richard Cotterill on 07840 059348 or email ckbwfc@gmail.com or alternatively please scan either of the two QR codes to register or for more information.





CANCER KICKERS BOLDMERE WALKING FOOTBALL COMMUNITY



**FREE
SESSION**

EVERY TUESDAY 12:30 - 2:30pm
Starting 16th June 2026



@ Boldmere Sports & Social Club
323 Boldmere Road
Boldmere
B73 5HQ

proudly sponsored by



Sutton Coldfield Charitable Trust

also sponsored by



SUTTON COLDFIELD
Group Practice

**FOR MORE INFORMATION
PLEASE CONTACT:**

Richard Cotterill: 07840 059348
Email: ckbwfc@gmail.com
www.boldmerefalconsfc.co.uk

FREE Walking Football Sessions for those affected by Cancer

WHO IS IT FOR?: Open to anyone affected by any type of cancer, be it prostate, leukaemia, bone, breast, bowel or any other form of cancer. Everyone is welcome whether you have been diagnosed, undergoing treatment, are under surveillance, in recovery or supporting someone who is... Join us at Cancer Kickers Boldmere Walking Football Community - A welcoming, supportive session designed specifically for individuals impacted by cancer.

GENTLE PHYSICAL ACTIVITY: Our session starts with a low-level warm-up, then physical activity to get moving at a comfortable pace.

WHAT IS WALKING FOOTBALL?: Experience an introduction to walking football - a fun, non competitive way to enjoy the sport at a slower pace, whilst still keeping active on our 3G AstroTurf mini soccer pitch.

SOCIAL HUB: After 1 hour gentle session, relax with tea, coffee and conversation in our friendly social hub in our clubhouse

ON-SITE SUPPORT: We have a dedicated cancer rehabilitation exercise practitioner available throughout the session to support you



Good Hope Hospital
Charity

**SUTTON COLDFIELD
PROSTATE CANCER
SUPPORT GROUP**

**Football
Foundation**

Cartoons from Chris.

When you're cooking & the recipe says "chill in the fridge for one hour"

Thank you Chris W



Really Bad Analogies Written by High School Students

1. Her eyes were like two brown circles with big black dots in the center.
2. He was as tall as a 6'3" tree.
3. Her face was a perfect oval, like a circle that had its two sides gently compressed by a Thigh Master.
4. From the attic came an unearthly howl. The whole scene had an eerie, surreal quality, like when you're on vacation in another city and Jeopardy comes on at 7:00 p.m. instead of 7:30.
5. John and Mary had never met. They were like two hummingbirds who had also never met.
6. She had a deep, throaty, genuine laugh, like that sound a dog makes just before it throws up.
7. The ballerina rose gracefully en pointe and extended one slender leg behind her, like a dog at a fire hydrant.
8. He was as lame as a duck. Not the metaphorical lame duck, either, but a real duck that was actually lame. Maybe from stepping on a land mine or something.
9. Her vocabulary was as bad as, like, whatever.
10. She grew on him like she was a colony of E. coli and he was room-temperature Canadian beef.
11. The revelation that his marriage of 30 years had disintegrated because of his wife's infidelity came as a rude shock, like a surcharge at a formerly surcharge-free ATM.
12. The lamp just sat there, like an inanimate object.

Here's your quiz, in two parts

1. Which club did Will Carling play for?
2. The Pituitary gland controls the production of what in the body?
3. Who was called the Father of Medicine?
4. Which ancient wall crosses England from Wallsend to Solway?
5. Which musical instrument is a national emblem of Ireland?
6. In which city was the 2005 World Athletics Championship held?
- In the Bible, which King tried to get the baby Jesus put to death?
8. Speaker's Corner is on the corner of what?
9. What name is given to an organism which is both male and female?
10. Sir Alfred Munnings is famous for painting which animals?
1. STASHING is an anagram of which famous battle?
12. Which soap features the unlikely named character, Mercedes McQueen?

1. In which country is Aceh province, scene of the 2004 tsunami?
2. What nationality cop did Sean Connery play in 'The Untouchables'?
3. What name is a combination of 'Instant Camera' and 'Telegram'?
4. Which animal isle is in the River Thames?
5. What is the Eiffel Tower made from?
6. One of the UK's few native evergreens, what is the common name of heder helix?
7. What type of bars joins places of equal atmospheric pressure on a chart?
8. What is Finnish Formula 1 driver Kimi Raikkonen's nickname?
9. Who was the wife of Ferdinand Marcos at the time of his death?
10. Yamoussoukro is the capital city of which African country?
11. Ingvar Kamprad founded which retail chain?
12. Which Canadians speak Inuktitut?

Answers

1. HARLEQUINS 2. HORMONES 3. HIPPOCRATES 4. HADRIAN'S WALL 5. HARP 6. HELSINKI 7. HEROD 8. HYDE PARK 9. HERMAPHRODITE 10. HORSES 11. HASTINGS 12. HOLLYOAKS.
1. INDONESIA 2. IRISH 3. INSTAGRAM 4. ISLE OF DOGS 5. IRON 6. IVY 7. ISOBARS 8. ICEMAN 9. IMELDA MARCOS 10. IVORY COAST 11. IRELAND 12. INUIT (ESKIMOS)

Are you a good guesser?
What are these objects. Answers on the bottom of next page.

This oddly shaped chrome item with what appear to be a set of rubber handles.



This black plastic gadget that says "Durst" and was found with some photography equipment:



This small, bullet-shaped metal cylinder:



DANCE ARGENTINE TANGO



with Franco & Julia



Now at: Oscott Social Club
Witton Lodge Road. B23 5LX
Thursdays 8.30—8.45pm
Fundamentals and techniques with
practise time
8.45—10pm
With practise time
Improvers / intermediate level
Taking your tango to the next level
Please wear non-rubber sole shoes

Contact: Julia 0779 008 4218

1. "It's a [handle for a 2-litre bottle](#) to make pouring easier."
2. "This is an [anti-static gun](#) for blowing dust off lenses and negatives."
3. "Fake bullet from a belt; I bought [this one](#) from Hot Topic sometime in 2006-2007 when I was a teenager."

Answers from last page

Things you may not know in Wales

With one of the longest names of any place in the United Kingdom the Welsh village of

Llanfairpwllgwyngyllgogerychwyrndrobwlllantysiliogogogoch is



unmistakable, which is exactly what the people who named the community wanted.

The tiny village on the isle of Anglesey is now known as Llanfairpwll (or Llanfair PG for short) has existed in some form or another since the Neolithic Era, but it did not gain its unique name until the 1880s. The

island community was originally known simply as "Llanfairpwll," but thanks to an enterprising local tailor with an ear for the absurd, the name was extended to its current length in order to make the village an attraction.

The name, which is printed on the village's absurdly long train station sign translates from the Welsh as, "**St. Mary's Church in the hollow of white hazel near a rapid whirlpool and the Church of St. Tysilio near the red cave.**" However, even in translation, very few people outside of the long-suffering tourist agents in the village consider the significance of the name.

While the name l

Llanfairpwllgwyngyllgogerychwyrndrobwlllantysiliogogogoch is a mouthful, it is no longer the longest place name in the world as the tailor who came up with it had intended.

The longest official place name in the world is

Taumatawhakatangihangakoauauotamateaturipukakapikimaungahoronukupokaiwhenuakitanatahu, an 85-letter hill in New Zealand meaning In Māori, it translates to *"the summit where Tamatea, the man with the big knees, the slider, climber of mountains, the land-swallower who travelled about, played his nose flute to his loved one"* recognized by the [Guinness World Records](#)



Simply School Supplies C.I.C is a community interest company committed to reducing inequalities in the school environment. In our first six months of operating, we have helped over 300 children with school uniforms. We do this by collecting and sorting pre-loved school uniforms and making them available through pop-ups, an online second-hand uniform shop, partnerships with local schools, and a referral scheme for local children's charities. Everything we do is to promote equal opportunities in the school environment for all children.

This year, we aim to support 500 children, and we can only do this with your support. To meet our target, we need to raise £2,500 to purchase the branded items we do not have in stock. In the coming months, we will be fundraising at local craft fairs, conducting bucket collections at Asda Queslett, and partnering with local schools and charities to reach as many families as possible.

This is your invitation to join our appeal, whether by simply following us on Facebook to help spread the word or by donating your old uniform at one of our donation points. More information about our events, donation points and volunteering opportunities can be found on our website at www.simplyschoolsupplies.co.uk.

Any support is greatly appreciated.

Nearest Donation Points:

- St Columbas Church Hall Entrance - Friday and Sunday mornings.
- ASDA Queslett - Trolley by Cafe Entrance, open 24 hours.

Holistic Healing

through sound vibration

A unique journey to self-healing through ancient practices for modern well-being and healthier lifestyle

Indian Classical Raag singing designed to heal, uplift and transform.
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Herbal and nutritional guidance to support a healthier lifestyle.

These sessions will take you on a journey: through the uplifting tones of Raag singing, the flowing sequences of Yoga-Chi and the practical knowledge of herbal and nutritional wisdom.

FREE classes - All welcome to Join
St Chad's Community Church Hall
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Every Wednesday

10am – 11:30am

Free light refreshments

Workshops delivered by highly qualified and experienced practitioners



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Pritam 07773724697

E: pritam@drumatised.com

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When my own mother-in-law's health was fading, we discovered this remarkable service and it gave her a new lease of life at 93!

Do you know anyone who is partially sighted or blind? If so, they may benefit from listening to a local audio newspaper. Or indeed a monthly magazine and a history talk? This is a completely free of charge service, including the loan of equipment to allow you to listen to these articles. It is enjoyed by many people of all ages, some of whom are housebound.

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You can apply by filling out the registration form which can be found at www.btnbvi.org. Or by contacting 0300 330 1404 for more information. We will then explain the service that we provide, all completely free of charge.

Please note that we never pass your information to anyone else and you can unsubscribe from our service at any time.



STREETLY FLOWER ARRANGERS' CLUB



We meet monthly 2nd Tuesday 2.15 pm - All Saints Church Hall Foley Rd East B74 3HR -

Further details: Chris Reeves tel. 0121 354 6264 - or see our Facebook.

Next meeting Tues 13th October Demonstration - Dawn Keitley 'Autumn from Lavender Cottage'.

All designs raffled at end of afternoon - we'd be delighted if you could join us.

Who would have thought you could make a container for flowers out of an old cardboard box and a metal ring and a lot of gluing.

Great afternoon, but a lot more time needed and not so much chatting.



By popular demand -
Christmas Wreath Workshop
Saturday 12th December at
All Saints Church Hall, Foley Rd East,
B74 3HR.
12.30 - 2.30 pm - £40
All materials supplied - just bring your
scissors.
Tea /Coffee & Cake.



CAFFÈ
Botanico

Christmas Wreath Making Workshop

Tuesday 8th December

10:30AM - 1PM



£65

BUFFET STYLE LUNCH PROVIDED



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FLORALJAZZ.ONLINE

See you there!


FLORAL JAZZ
- FLOURISH -

c	ACTIVITY	VENUE	CONTACT	TEL.
Sun (last) 10.30 – 2.30 pm 10.00 am 10.30 am (fortnightly) 11.00 am	Create at Gate with K & S Family Communion Sunday Gathering Chikara Karate Kai	Community Hall St. Columba's Banners Gate CC Scout Hall	Kathy Weston Nigel Willis Paul Murphy 07837	628 6651 354 5873 353 0230 39 57 89
Mon 10.00 - 12.00 1.00 - 2.00 4.30 - 5.30	Sign Language Classes Chair Yoga Karate Line Dancing	Community Hall Community Hall Community Hall Community Hall	Shakila Kosar 07825 Nikki 07411 Diane Pursall	255042 157251 747 4659
Tues 3rd Tues 10.00 - 12.00pm 11.45am - 12.45pm 6.30 - 9.00 7.45 pm	Coffee Morning 3rd Tuesdays Tai Chi Line Dancing Chikara Karate Kai	Community Hall Scout Hut Community Hall St. Columba's	Gary & Karen Neil Rankine 07721 Diane Pursall Paul Murphy 07837	67 09 13 747 4659 39 57 89
Wed 9.30, 11.00 & 12 10.30 - 12.00 7.00 pm	Baby Sensory Guide Dog Training SlimmingWorld	Banners Gate CC Community Hall St Columba's	Tracy Jones 0775 Madge Nightingale Karen 07759	82 56 22 360 0286 17 02 89
Thurs 10.00—11.00 am 7.30 on last Thursday 6.30 - 9.45 pm (3rd of each month) 7.00 pm	Yoga Neighbourhood Forum Zig Zag Dance Studio Townswomen's Guild	Community Hall Community Hall St. Columba's Banners Gate CC	Tricia 07954 Tony Willis Warren 01902 Janice Jones 07955	40 39 43 605 4947 897 900 65 59 10
Fri 5.00—6.30pm	Sign Language Classes	Community Hall	Shakila Kosar 07825	25 50 42
Saturday				

Useful telephone numbers

Sutton and Kingstanding
Police: 101
Good Hope: 424 2000
Outpatients: 424 2000
NHS Health helpline:
Call 111 it's 24/7
Citizens Advice
03444 111 444

BANNERS GATE COUNSELLING CENTRE

Accessible and Affordable
Counselling to Adults in the
Community. The Upper Room
St. Michael's House
198 Boldmere Road
Sutton Coldfield
Tel : 0121 354 6544
For information or an
appointment please ring after
10 a.m. daily, except
Wednesday

**Banners Gate
Community hall
Coffee Mornings**
**The next is on
20th October
starting at 10.00a.m.
until noon, please
note new times.**

BOOKING SECRETARIES:

Community Hall mobile: 075 65 54 68 21
Banners Gate CC - Steve Smith 07835 865983
St. Columba's - Alison Jolley
st.columbahall@yahoo.com
Scout Hall - secretary@33rdsuttoncoldfield.org.uk

UNIFORMED ORGANISATIONS:

Scouts: Dawn Hill 33rd Group Lead
Volunteer dawn@33rdsuttoncoldfield.org.uk.
Girlguiding: Carol Gardner, Vesey West
District Commissioner 350 7191

Banners Gate Ladies Circle

This is the name of the previously named
Townswomen's Guild. Contact details,
meeting days and times remain the same.
Hopefully next month will let you know how
we will be going forward as our new group.

Thurs. 15th October - Quiz Night
Thurs. 19th November - Ghost Stories

Our vibrant Guild meets on the 3rd
Thursday of the month, 7.00 - 10.00 in the
Westwood Hall, **Banners Gate Community
Church.** Janice Jones 07955 65 59 10

Banners Gate Community Church

Westwood Road. B73 6UH

We meet **weekly** on Sunday mornings from
10.30am for fellowship, worship, prayer
and learning together in an informal setting,
with other gatherings throughout the week.

To find out more visit our website at
www.bannersgatechurch.com.

St Columba's Church

Coffee Morning

**Every Friday of
the month**

9.30 - Noon

All Welcome

33rd Sutton Coldfield Scout Group

Monday Scouts 19:00 - 21:00 Aged 10½ - 14
Years

Tuesday Beavers 17:30 - 18:30 Aged 6 - 8 Years

Tuesday Cubs 19:00 - 20:30 Aged 8 - 10½ Years

Wednesday Explorers 19:00 - 21:00 Aged 14 -
18 Years

Thursday Beavers 17:30 - 18:30 Aged 6 - 8 Years

Thursday Cubs 19:00 - 20:30 Aged 8 - 10½
Years

Friday Scouts 19:00 - 21:00 Aged 10½ - 14 Years

Saturday Squirrels 09:30 - 10:30 Aged 4 - 6
Years

H.Q. [34 Coppice View Road B73 6UE](http://34CoppiceViewRoadB736UE) Contact :- enquiries@33rdsuttoncoldfield.org.uk



Girlguiding gives girls and young women a voice.....has done so for 100 years.....be part of the next 100

Could you spare 1½ hours a week to help with the St Columba's Guide unit? Gain real satisfaction in volunteering and helping to ensure
girls in Banners Gate aged 10 – 14 can continue to enjoy games, projects, badges and outings at Guides.

There are also places available in both Brownie units in September for girls aged 7 or 8.

For more information contact Carol Gardner on 350 7191.



Girlguiding UK

Day/Time	Activity	Venue	Contact	Tel
Mon 6.00 - 7.30pm	39th Brownies	St Columba's Hall		354 5873
Tues 6.00 - 7.30pm	45th Brownies	St Columba's Hall	Carol Gardner	350 7191
Thurs 5.00 - 6.00pm	39th Rainbows	St Columba's Hall		354 5873